

# THE SANAWAR NEWS-LETTER



13

April

2007

## Section—I

### WELCOME

The Headmaster, Mr. Praveen Vasisht, welcomes all children, members of the staff and their families to Sanawar and wishes them a very Happy New Year and fruitful term at the School.

### PROGRAMME

#### February

- Sat. 17th ... Matrons and Teaching Faculty return to school ... 6-00 pm
- Sun. 18th ... Teachers' Training Workshop by Dr. Amrita Das ... 10-00 am
- Mon. 19th ... Teachers' Training Workshop by Sahil Adlakha's visiting Faculty ... 10-00 am  
Headmaster's Vacation Staff Dinner in HM's house ... 7-30 pm
- Tue. 20th ... Full Staff Meeting, Birdwood Staff Room ... 10-00 am  
House Staff Meeting ... 11-00 am  
Head of Faculty Meeting... 12-00 pm  
Individual Faculty Meetings ... 1-00 pm  
Pupils return to school ... 5-00 pm  
Parents are requested to leave the school site by ... 6-00 pm  
Pupils of U-III (2006) to move directly to Holding House  
Pupils of L-IV (2006) to move directly to their respective Parent Houses

### House Appointments

The under-mentioned individuals will shoulder additional responsibility as per details mentioned against each name.

- Mr. SK Jain, Teacher ... Sr. Housemaster, HHBD w.e.f. 17-2-2007
- Mr. R. Solomon, Teacher ... Housemaster S/V PB w.e.f. 17-2-2007
- Mr. Deepak Pant ,, ... Shifted from HHBD to HBD as Sr Housemaster

## New Appointments

The under-mentioned individuals have joined as members of Teaching Staff of the school on 20th February, 2007.

- Dr. V.K. Sharma ... Dean of Faculty  
Mr Ramakrishna Dash ... Teacher (Biology)  
Mr. Abhimanyu Sen ... Teacher French Language  
Mr. Ashish Gupta ... Teacher (Maths)

## From the Headmaster

### Dear Parent

At the outset, on behalf of my wife and myself, I like to wish you and your family a happy and prosperous New Year.

One more year has rolled by, and sitting here alone in my office this cold winter afternoon, I look back at the year gone by with a lot of satisfaction. There is now quite a mad rush for children wanting to join S'na (sad as I can't help all), hardly anyone wanting to leave S'na, including teachers, and every thing looking up really for us. Discipline is good, academics has improved, (though in some subjects serious work will have to be done to meet the required standard), a happy working place for all, morale is high, and upbeat mood / feeling is there in and for the school. Over and above everything else, a sense of pride about ourselves and our school. How the wheels of fourtune turn! In fact at this very moment I can see a part of our school from my office window fully soaked in sunshine as if HIS grace is upon us.

Having said this, I would like to reiterate that our Board, School Management and myself are in no mood to get complacent about this turn around. My twin objectives will continue to be to improve our school discipline and academic results. We have recently appointed a new French teacher, and work on the ERP system, updating our school Website, and Science Block are all in the pipeline.

Like always, I seek your support in improving discipline. Please don't send your children with cash, electric gadgets, mobile phones, and resist the temptation of sending 'Tuck' through courier service. Please do not break rules by visiting your child on unauthorized days. From our side, we will be strict on children who beat or bully another child or indulge in any form of substance abuse.

There is still a lot for us to do together, for your child and the school, and I promise on behalf of my Board & Staff, to carry on the good work of making S'na a beautiful place where boys & girls live together in brotherhood and harmony while realizing their true potential. There is "much to cast down, much to build, much to restore. Let the work not delay, time & the arm not waste. Let the clay be dug from the pit. Let the saw cut the stone, let the fire not be quenched in the forge".

## Section II : From the Students

### Head Boy's Assembly

*Parth Aggarwal U-VI*

Being the Head Boy of the School, I want to share something with you. Something that really inspires and fascinates me.

It inspires and fascinates me because of its fearless attitude and its strength of character.

Yes, I am talking about Eagles.

Did you know that an eagle knows when a storm is approaching long before it breaks?

The eagle will fly to some high spot and wait for the winds to come. When the storm hits, it sets its wings so that the wind will pick it up and lift it above the storm. While the storm rages below, the eagle is soaring above it.

The eagle does not escape the storm. It simply uses the storm to lift it higher. It rises on the winds that bring the storm.

When the storms of life come upon us, and all of us will experience them—we can rise above them by setting our mind and belief towards God. The storms do not have to overcome us. We can allow God's power to lift us above them.

God enables us to ride the winds of storms. However, they who wait upon the lord shall renew their strength, they shall mount up with wings as eagles, they shall run and not be weary and they shall walk and not be faint.

**Remember :** "It is not the burdens of life that weigh you down, it is how you handle them".

**Prayer :**

O Lord, give me grace and strength to do thy will, to begin the day and end it with prayer and searching of my own heart, to understand it, to understand thee, to bring home to my heart the reality

of thy perfect Godhead and perfect humanity and above all of my entire need of a Saviour of my utter inability so do aught that is right in my own strength; make me humble, reasonable, contented, thankful, just and considerate.

Let me do today's work today, not postponing, clear up and finish daily. So living in humility, thankfulness & contentment.

Amen.

### Head Girl's Assembly

*Lhakyi Tenzin U-VI*

I had an old neighbour named Dr. Gibbs. When he wasn't saving lives he was planting trees. He came from the "no pain, no gain", school of horticulture. He never watered his new trees and once I asked why. He said that watering plants spoiled them and each successive tree generation will grow weaker and weaker. So you have to make things rough for them and that's how trees that weren't watered had to grow deep roots in search of moisture. His trees were granite strong and stood out through the strongest winds. While my well nurtured trees trembled and chattered their branches whenever a cold wind blew. Life is tough, whether we want it to be or not. Too many times we pray for ease but that's a prayer seldom met. You can beat the odds and still be a winner. Here are a few examples to take inspiration from.

1. Bury him in the snow of valley Forge, and you have a George Washington.
2. Raise him in abject poverty and you have an Abraham Lincoln.
3. Spit on him and crucify him, and you have Jesus Christ.
4. Tell a young boy who loved to sketch and draw that he has no talent and you have a Walt Disney.
5. Label him "too stupid to learn" and you have a Thomas Edison,
6. Have him or her born black, in a society filled with racial discrimination, and you have Martin Luther King Junior.

The highest reward for a man's toil is not what he gets for it but what he becomes by it. Attitude defies limitations and exceeds expectations.

**Prayer :**

Behold O God; our strivings after a truer and more abiding order. Grant us visions of the better things thou hast prepared for us. Scatter every excuse of frailty and unworthiness : consecrate us all with a heavenly mission; open to us a clearer prospect of our work; and give us strength gladly to welcome and gratefully to fulfil it now and always.

Amen.

**Prefects (GD)—2007**

**Head Girl**—Lhakyi Tenzing  
**Deputy Head Girl**—Mansi Rathore  
**M.I. Prefect**—Pranati Jain

**Himalaya**

**House Captain**—Mansi Rathore  
**House Prefect**—Anubha Goel  
**Holding House Prefect**—Anshula Choudhry

**Nilagiri**

**House Captain**—Pranati Jain  
**House Prefect**—Shreya Raj Chauhan  
**Holding House Prefect**—Taanya Grewal

**Siwalik**

**House Captain**—Vasundhra Vasisht  
**House Prefect**—Divya Nalwa  
**Holding House Prefect**—Yashika Pehal

**Vindhya**

**House Captain**—Rashnoor Dhillon  
**House Prefect**—Kriti Chauhan  
**Holding House Prefect**—Jaya Aggarwal  
**Sport's Coordinator**—Rhea Cheema

**Prefects (BD)—2007**

**Head Boy**—Parth Goel  
**Deputy Head Boy**—Akash Singla  
**M.I. Prefect**—Karan Hora

**Himalaya House**

**House Captain**—Akash Singla  
**School Prefect**—Raghav Goel  
**Senior Junior**—Apoorva Bisht  
**Junior Junior**—Amir Khubber

**Nilagiri House**

**House Captain**—Karan Hora  
**House Prefect**—Khwab Sanghvi  
**Senior Junior**—Sumit Kadyan  
**Junior Junior**—Sanam Luthra

**Siwalik House**

**House Captain**—Abhimanyu Soin  
**School Prefect**—Sachin Thakur  
**Senior Junior**—Harman Sethi  
**Junior Junior**—Karan Dhanoa

**Vindhya House**

**House Captain**—Bhiwani Singh  
**School Prefect**—Suryadev Aggarwal  
**Senior Junior**—Sagar Karia  
**Junior Junior**—Nippon Singh

**Holding House**

**House Captain**—Jai Virk (SBD)  
**School Prefect**—Nitish Pahwa (NBD)  
**Junior Prefect**—Madhur Bhatia (VBD)  
**Junior Prefect**—Vibhav Soni (HBD)  
**Sports Coordinator**—Abir Sharma  
**Academic and Cultural Coordinator**—Suryadev Aggarwal

**Performance by The Blind School Children***Kriti Chauhan U-VI*

On 12th March, 2007 the students of The Lawrence School, Sanawar witnessed a splendid performance by the blind students from The Society for the Care of the Blind, sector 26, Chandigarh. The programme began with a duet performance of a Hindi song. It was for sure an amazing performance. Next we had a Punjabi song by another singer who made all of us tap to his beats.

Then we had two solo songs which did cast a spell on us and everyone accompanied them with their feet tapping. The last performance was a group punjabi song. The whole programme was an amazing exhibition of talent which was well approved by all the students with a thunderous applause. Sanawar will continue to arrange such programmes in future. May be, these children are not as well blessed as us, but still they have something which makes them stand with their head held high. It was an amazing experience to witness the behaviour of the students of our school which was par excellence. It was absolutely wonderful to realise how very sensitive the students are.

“Maybe these blind students don't have eyes and lack sight but they have vision and are visionaries unbounded”.

**A Workshop with Mrs Suprita Gill***Swati U-III*

A workshop was conducted by Mrs. Suprita Gill on 10th and 11th of March for PD children. Various kinds of activities were done in the workshop.

The first activity was to introduce our names in different situation like after coming from running, getting caught by the police, when we are yawning etc. It was fun doing that. In the second activity the children were divided into three groups and each group was given a different poem. First, we had to read out the poem in one voice and then we had to enact that poem. This activity helped us to improve our drama skills.

The children enjoyed themselves by dancing on the song 'Its my Life'. After that we were told to make a play on our own using some keywords like 'who, when, where, what, how and why'. The children were divided into groups and each group had to choose a part of the play they were going to make. Then every group joined their part of the play with the other group and finally a full play was created ready to be enacted. The play was quite funny and the students loved doing it.

The students were asked to think of a symbol for themselves and give it a form with the help of modelling clay. Many such activities were conducted and all the students had a very good time. It was indeed a very productive workshop and we look forward to many more of such interactions.

### Junior Debate *Saurya Pahari L-V*

Result of Inter-House Jr. English Debate held on 10th March, '07 is as follows :

#### House Positions :

|     |     |                |
|-----|-----|----------------|
| IV  | ... | Nilagiri House |
| III | ... | Vindhya House  |
| II  | ... | Himalaya House |
| I   | ... | Siwalik House  |

#### Individual Positions :

|     |     |               |
|-----|-----|---------------|
| III | ... | Mehak Suri    |
| II  | ... | Mannat Tipnis |
| I   | ... | Rhea Katyal   |

For Best Rebuttal—Disha Chauhan

### Talent for Writing *Tarun Gupta U-V*

The Young Writer's Creativity Award is a poetry odyssey of global verses for publication in the Young Writers Anthology, UK. The following students have been awarded Certificate of Merit for writing poems of distinction, chosen to be published this year.

|    |                   |     |     |     |
|----|-------------------|-----|-----|-----|
| 1. | Mehtab Sandhu     | LVI | ... | NGD |
| 2. | Paridhi Jindal    | LV  | ... | SGD |
| 3. | Hanut Rana        | UV  | ... | SBD |
| 4. | Syfiht Jeet Singh | UV  | ... | NBD |
| 5. | Mahak Singal      | UV  | ... | NGD |
| 6. | Shagun Ahlawat    | UV  | ... | HGD |
| 7. | Tarun Gupta       | LV  | ... | NBD |
| 8. | Apoorva Tahlan    | LV  | ... | SGD |

### Young Winter-2007 : A Poetry Odyssey Global Verses

#### Oh Examination !!

*Hanut Singh Rana U-V*

Oh examination !  
You demand concentration,  
English is composition,  
Maths is calculation.

History is civilization,  
Geography is population,  
Civics is production,  
Biology is classification.

Chemistry is preparation,  
Oh examination !  
You are a botheration,  
To the younger generation.

On a special occasion,  
We will send an application  
To the Ministry of Education,  
To abolish the examination.

### Full form of Mother *Ashima Mittal U-IV*

M—Millions of things she gave me  
O—Only love she offered me  
T—Tears she shed to save me  
H—Heart full of Love  
E—Eyes full of politeness  
R— Reverence she taught me.

### Section III : From the Staff Excellence in Education

Mrs N. Tahlan, Mrs. B. Rishi & Mrs. K. Vaidya  
(Faculty of English & Humanities)

"The Destiny of India is being shaped in her Classroom"  
—Dr. Kothari.

The Workshop on 'Excellence in Education' was conducted for Academic Staff by Dr. Amrita Dass on 18th Feb 2007. The first Topic taken up was on "Education in the New Millennium". Education 10 years ago was very much different from what it is today. Then, it was text-book based with chalk/talk, formal and stereotype. whereas now it is IT based with net/multimedia, informal and flexible. The teacher, then was authoritarian, a be-all, and now the teacher is a facilitator, a knowledge-manager. So, we see that there has been a shift from teacher-centred to student centred and so is with the curriculum, which is more activity-oriented. Nevertheless, we have now New Age children, who possess Smart Mind and Smart Personality, reason being, ofcourse, exposure to media.

Keeping this transition in mind, the role of a teacher has become all the more important, which has led to a discussion on core competencies of a teacher. The teacher should be approachable, encouraging, fair and impartial, possess command over the subject, and make the subject exciting with more involvement of students. Therefore, the teachers are barometers for the mood of the class.

A couple of activities during the Workshop made us learn that students come with certain impressions and we polish them, which in turn, lead to creativity and imagination, as positive appreciation brings out the best. In the next topic, which was on "Motivation and Learning Skills", the Arcs Model was found quite relevant, which suggested practical strategies to motivate the students, which are : Attention, Relevance, Confidence and Satisfaction.

Further, it was explored that Teaching should always lead to Higher Order Thinking Skills, which are Knowledge Level, Comprehension Level, Analysis Level and Evaluation Level. Lastly, it was observed that Multiple Intelligences also pave a way for a teacher's success.

The Workshop ended with a discussion on what could be the Best Practices in the Teaching/Learning process in every aspect in SANAWAR. Over all, the Workshop was an enjoyable and interesting experience.

### Self-Empowerment

*Mrs. Binita Rishi (Faculty of Humanities)*

Once again Spring Term took off well with a couple of excellent workshops for the staff that set the right mood for everybody involved. Self-empowerment figured as the mainstay of the interactive session we had on 19th February 2007 conducted very skillfully by Shivani of Sahil Adlakha's visiting Faculty.

The session started with observing silence for a minute that helped us to disassociate from our ever-bothering thoughts and feel a sense of peace and serenity. It certainly focussed our mind on what we were to receive from this fruitful talk. Very soon we came to realise that each one of us as individuals was responsible for the kind of life we lead. It was entirely up to us to make the most of it. To make it a joyful experience or alternately miserable was entirely up to us. In other words we had to own up responsibility and that would then help us to chalk out our priorities. We were subtly led along to another startling revelation of understanding that emotions like anger and stress were unnatural and we had to work on removing them from our lives. Perceiving life and all that it has to offer positively could do this. From here we delved into the powerful world of thoughts that gives birth to feelings leading to formation of our attitudes, habits, actions and personality that actually go on to deciding our destiny. We also were made aware of how much time and energy is wasted on negative thoughts and unduly worrying about the past and the future thus losing out on the present.

We then moved on to understanding and recognizing the strength of our inner power that needs to be nurtured and cherished, as this is what gives us the power to decide the quality of our life.

$$\text{Life} = \frac{\text{Circumstances}}{\text{Inner power to cope}}$$

No matter what the numerator, if the denominator was constant life would be worthwhile. A simple formula for life held good for all, if understood, could go a long way in making our lives very rewarding and satisfying. We could further empower ourselves by spending time with ourselves. In spite of our busy schedule it was important to be able to introspect by way of meditation, self-reflection or reading good and positive literature. The end product of all this would be an individual with a strong emotional quotient further strengthened by self discipline and optimism that would embody us with the greatest assets of all, that of Self-empowerment.

### Graded Examination in Spoken English (GESE) 2006

*Mrs K. Vaidya (Faculty of English)*

The GESE is a series of tests that assesses students from their first step in English to near first-language fluency.

Interested students from U-III to U-IV classes sat the Exam in Nov. 2006, for Spoken English conducted by Trinity College, London U. K. The students were tested by a senior examiner Ms. Linda Jackson, nominated by Trinity College London. 19 students sat the Exam, out of which 11 students have got Distinction. Six have got Merit & two have passed. We are now a Centre and hope to conduct the Exam this year too, new syllabus, for which is awaited.

The following students have got Distinction :

1. Mahnoor Kaur
2. Sonakshi Singla
3. Vishrut Bansal
4. Tushar Kukreja
5. Apoorva Tahlan
6. Paridhi Tindal
7. Akanksha Kala
8. Gaurav Kharb
9. Akhilesh Kakkar
10. Jaiveer S. Hundal
11. Anuj Pahuja

The following students have got Merit :

1. Chiranjeev Dahiya
2. Disha D. Chauhan
3. Sidharth Thapar
4. Akhil Sahu
5. Ajay Pratap Singh
6. Harkaran Narang (Special Needs Child)

The following have passed :

1. Lagan Mittal
2. Zain Al Hashmi

## Self-recognition

*Mrs. Sindhu Bahuguna (Faculty of English)*

Meditation seems to be a hefty word meant only for the yogis! We are all primarily peace loving yogis. How rarely we realize that in today's hectic lifestyle, tensions and frustrations overpower our thoughts and we are so unnatural, perhaps sometimes so inhuman that we refuse to enjoy the happiness provided to us by little things in life.

The beauty of our peace loving inherent being is coated with a misty veil of anger, revenge, and intolerance and so on. Meditation thus is an inner journey towards the 'Self', a journey for discovering the real 'I' that goes through all the ups and downs of the outer world and brings up a better and enlightened human being. Meditation may not be long hours of silence and prayers but a five minute talk with oneself, with one's spirit.

The workshop conducted by Shivani from Brahmkumari Ashram on Spirituality, made us think about ourselves and how our thinking could influence those around us. Thoughts make our destiny. Right thinking empowers us and generates positive vibrations. A stressed person can emit only stress. A positive aura surrounds those who practice the art of toleration and perseverance. A 'Smile' itself is enough for a delightful start.

To inculcate the values in tender minds, we as teachers consider immense responsibility. Values cannot be imposed on others, be it our own children or students, but we as the role models of our coming generation must practice them ourselves thereby making them good human beings and to prepare them to face the hardships of life ahead.

Our objective being, not to develop them into confused fiascos, but as intelligent and solution seeking individuals.

Let us introspect and understand our intrinsic vices and virtues and overthrowing the misty veil, celebrate the aesthetic ambience of happiness and peace around us.

## Section IV : FROM THE FACULTY OF SPORTS

### Sanawar trounces Kasauli Club

*Apoorv Bisht U-VI*

Holi fever was in the air and everyone was in a festive mood. But things were different on Barne field. The Sanawarian Ist XI were facing off against the Kasauli Club XI. The Sanawarian openers went in to bat first and put up an opening stand of 51 runs. Amir Khubber top scored with 34 runs and Madhur Bhatia and Karan Hora added 25 runs each. Sanawar put up a modest total of 154 runs in 25 overs. The Sanawarians were very spirited in their fielding and bowling and it reflected on the

end result. None of the Kasauli batsmen were able to settle down and eventually they were tumbled out for 103 runs. Abir Sharma bowled really well and picked up 3 wickets. So Sanawar beat Kasauli Club convincingly by 51 runs. This win was a great feat as it was the first time Sanawar beat Kasauli Club even though it was with a little help from Mr. Deepak Sharma.

### Festival Match

*Parth Goel U-VI*

The cricket season started off with a full heavy blast this year. The festival match which commenced the season was a huge success at not only exhibiting the staff and the students skills but also their team work and comradeship. The staff chose to bat first and were all out for 109 runs. Mr. Mukesh Chand scored the highest with a score board number of 28 runs. He also took 2 wickets. Among the students Karan Dhanoa scored 30 runs took 2 wickets.

The entire school was there to cheer the match and it was an exciting display of cricket and school pep! Ultimately the students won the match by 4 wickets.

## Section V : O.S. News

### Ajit Bajaj visits South Pole

Ajit Bajaj set a record by becoming the only Indian to have skied to both the Poles. On Dec. 25, 2006 he made a month long expedition to the South Pole and skied 300 kilometres before reaching destination on Feb 2, 2007. On a good day the temperature at the South Pole is minus 30 or 35 degree celsius and the only thing between life and death is the adventurer's equipment. In April 2006 Bajaj skied to the North Pole. He is an internationally qualified climbing instructor who has been in the adventure sports business for 20 years.

### Kudos Rahul !!

BIG BOSS, the reality show aired on Sony Entertainment Television. based on the game show 'Big Brother' is over and after 3 months of, what has been a very exciting show.....Rahul Roy has been announced the winner of the Big Boss game. The winner gets 50 lacs, the weekly amount he was paid for staying in the house. The result has been rather satisfying as Rahul Roy really knew how to play the game and it's paid off well.

### Acknowledgement

As a goodwill gesture Mr. Sanjiv S. Bawa, an Old Sanawarian, has sent a cheque of Rs. 25,000/- (Rs. Twenty Five Thousand only) to the school for assistance towards augmenting the collection of reference books in the school library. Nevertheless, the school acknowledges his benign generosity and expresses profound gratitude for the noble deed.

### Obituary

Mrs. Santosh Kapila, I/c Prep School (1974—81), died of cancer on 24th January 2007. Impartial, fair-minded, friendly and gracious she was much loved and respected by the children under her charge, her colleagues and subordinates. At every step she made sure that the Prep School counted in all school activities and gave the preppers a deep sense of identity. Our heart felt condolences to the bereaved family. May her good soul rest in peace.

Mr. DPS Rarewala, first Indian Head boy (1948—53), passed away on 13th February 2007 after an exhausting battle with cancer. We pray to the Almighty to grant eternal peace to the departed soul and strength and fortitude to the bereaved family to bear this irreparable loss. May God keep you caressing always in heavenly abode.

हे प्रभु ! हमें आज्ञापालक और सुमार्ग पर चलने वाला बना दीजिए ।

धन्यवाद,

परमेश्वर बाबा

खोई हुई संपत्ति वापिस आ सकती है, परन्तु बीता हुआ समय कभी भी लौट कर नहीं आता। जब हम यह कहते हैं कि हमारी उम्र दस वर्ष है तब हमें यह समझ लेना चाहिए कि जीवन के दस वर्ष बीत गए। ये वर्ष अब कभी नहीं लौटेंगे। हमें जीवन के प्रत्येक क्षण का सदुपयोग करना चाहिए। जीवन में एक-एक क्षण का महत्व होता है।

विद्यार्थी के लिए समय का सबसे अधिक महत्त्व है। उसे चाहिए कि वह अवकाश मिलने पर अपने भविष्य के बारे में सोचे। पाठ्यक्रम के अनुसार पढ़ाई करने के साथ-साथ, पत्र-पत्रिकाएँ भी पढ़ें। अपना सामान्य ज्ञान बढ़ाएँ।

विद्यार्थी को अपने जीवन में अनेक काम करने होते हैं। इस दृष्टि से उसके पास समय कम होता है।

विद्यार्थी को थोड़ा-सा समय भी व्यर्थ नहीं गंवाना चाहिए। प्रिय साथियो, यदि तुम्हें जीवन से प्यार है तो समय को बर्बाद न करो। समय का सदुपयोग करो।

### हिन्दी खण्ड

मन्त संघु

परमेश्वर बाबा और मन्त संघु (कक्षा सातवीं)—इन दो छात्राओं ने प्रार्थना सभा में निम्न विचार रखे :—

- ★ विद्या के अलावा और कोई श्रेष्ठ दान नहीं है।
- ★ बिना अभ्यास के विद्या नष्ट हो जाती है।
- ★ विचार ही हमारी मुख्य प्रेरणा शक्ति होते हैं।
- ★ दुष्ट विचार ही मनुष्य को दुष्ट कर्म की ओर ले जाते हैं।
- ★ महान कार्य करने के लिए पहली आवश्यक वस्तु है— 'आत्मविश्वास'।
- ★ जो कर्त्तव्य से बचता है, वो लाभ से वंचित रहता है।
- ★ कर्त्तव्य का पालन किए बिना इस संसार में कोई आनंद नहीं पाता।

प्रार्थना :

- ★ हे परमात्मा, हम सबको अच्छे ज्ञान से परिपूर्ण कर दीजिए। हमें कर्मशील और आत्म विश्वास वाला बना दीजिए।

### मेरा अमेरिकी अनुभव

सर्दियों की छुट्टियों के आरम्भ होने से पहले ही मेरा विदेश जाने का प्रोग्राम बन गया था। मेरी उड़ान देर रात 1-30 बजे थी। मेरे पिता जी मुझे हवाई अड्डे तक छोड़ने गए थे। पिता जी को अभिवादन कर मैं अन्दर चली गई। क्योंकि हम बहुत जल्दी पहुँच गए थे इसलिए मुझे दो घण्टों के लिए प्रतीक्षा कक्ष में इंतजार करना पड़ा। वे दो घण्टे बहुत शीघ्र बीत गए क्योंकि मैं अमेरिका पहुँचने के लिए साँसे थामे बैठी हुई थी। मेरे जाने का वक़्त हो गया था और मैंने हवाई जहाज में प्रवेश किया। मेरी उड़ान करीब-करीब बारह घंटों की थी। इन बारह घंटों के बाद मैं अमस्टरडैम में साढ़े सात घंटे रुकी थी क्योंकि मुझे सीएटल जिस विमान से जाना था उसकी उड़ान साढ़े सात घंटों बाद थी। वह उड़ान सोलह घंटों की थी। मेरे चाचा जी मुझे लेने आए हुए थे और मेरी चाची जी मेरा घर पर इंतजार कर रही थी। भारत और अमेरिका के अलग-अलग वक़्त का मेरे ऊपर ज्यादा असर नहीं हुआ था। अमेरिका में प्रवेश करने के बाद सबसे पहली चीज़ जो मैंने खाई थी—वह था, एक भारतीय समोसा, आहा !!

क्या स्वाद था। यह बात आपके लिए काफी हद तक आश्चर्यजनक होगी। मेरा पहला दिन खरीदारी करते हुए बीता। उस दिन मैंने बहुत सी नई चीजें खरीदी थी जैसे :—बेगल, गोरडीटा, टाको, चलूवा, बरीटो आदि। अगले दिन मैं सीऐटल डाऊनटाऊन गई थी। यह जगह बहुत ही सुन्दर थी। मैंने अलकाई बीच और स्पेस नीडल भी देखी। उसी दिन मेरी चाची जी का जन्मदिन भी था। हमने उनका जन्मदिवस एक केक काटकर मनाया था। तीसरे दिन मैंने पहली बार एक जल प्रपात देखा। उसका नाम था स्नोकौल्मी फॉल्स। नया साल आ रहा था और हमारे घर पर एक पार्टी थी। हम तैयारियाँ कर रहे थे और मेरे चाचा जी के सारे मित्र भी आए थे। हमने बहुत मज़ा किया था। कुछ ही दिनों बाद मैं सीऐटल से सात घंटे की लम्बी उड़ान के बाद अपने मामा जी मामी जी के पास न्यू जर्सी पहुँची। मेरे पहुँचने के अगले ही दिन मेरे भाई आदिल का जन्मदिन मनाया गया था। मैं बहुत सी नई जगहों पर गई थी जैसे :—प्रिनस्टन, स्टैचू ऑफ लिबर्टी, टाईम्स स्केवयर, न्यूयॉर्क और अटलांटिक सिटी। मैं वहाँ कई कसिनोज़ में भी गई थी जैसे :—ताज महल ट्रम्प, सीज़र, बैलीज आदि। अगले ही दिन मैं सीऐटल के लिए वापिस चल पड़ी।

कुछ दिन यहाँ रहने के बाद मैं वापिस भारत आ गई। किसी ने सच ही कहा है कि अपनी मातृभूमि से बढ़कर कुछ भी नहीं, उसकी सदा याद आती रही। मेरा अमेरिका का अनुभव बहुत ही मनोरंजक और मौज-मस्ती से भरा हुआ था। यदि अवसर मिला तो मैं एक बार और अमेरिका जाना चाहूँगी। यदि आपको भी वह विशाल देश देखना हो तो आप भी अवश्य मेरे साथ चलिएगा।

महक सूरी  
अप्पर फोर बी

### तीन दिन की रिम-भ्रम

हम सब सनावर के शिष्य बीस (20) तारीख को वापिस अपने घर, सनावर आए। यहाँ का मौसम पहले तीन दिन बहुत ठण्डा था। फिर धीरे-धीरे मौसम ठीक हो गया और दो दिन बाद अचानक ही काले बादलों ने हमारे घर सनावर को घेर लिया और गरजने लगे, बिजली चमकने लगी और तूफान सा आ गया। हम सब डर गए। तेज़ वर्षा शुरू हो गई। रात को लगभग सुबह चार बजे बर्फ के मोती जैसे छोटे-छोटे गोले आसमान से तेज़ी से गिर रहे थे। सुबह बहुत ठण्ड थी। मेरे एक दोस्त ने सुबह उठते ही कहा,

काश! हमारे विद्यालय की पहली दो क्लास न हो और दो मिनट बाद ही हमारी मेटरिन आई और उन्होंने कहा कि पहले-दो क्लास नहीं है और उसकी जगह हम अपने बिस्तर में बैठ कर पढ़ सकते हैं। यह हमारे मुख्य अध्यापक ने बहुत अच्छा काम किया करना हम सब बीमार हो सकते थे। हम अपने डोम (Dorm) के बाहर गर्म कपड़े पहने बिना निकलने की सोच भी नहीं सकते थे।

अगले दिन, मेरी नींद सुबह पाँच बजे खुली तब आसमान बिल्कुल साफ था पर कुछ देर के बाद बारिश होनी शुरू हो गई और हमारे पहली दो क्लास फिर कैंसल हो गई। मेरा यह अनुभव बहुत अच्छा था। उस दिन हमारे सैशनज़ भी नहीं हुए और उसकी जगह हम डोम (Dorm) में बैठकर दूरदर्शन देख रहे थे। उसके बाद हम रात को बिस्तर में बैठकर, बातें करते-करते सो गए।

अगले दिन भी बारिश हो रही थी। यह कल की हो रही थी, जो रुकी नहीं थी और एक बजे के करीब धूप निकल आई और पाँच बजे तक रही परन्तु पाँच बजे जब काले बादल आए तो बारिश की जगह बर्फ के छोटे-छोटे गोले बरसने लगे और लगा कि अगले दिन सूरज के निकलने की खुशी में छुट्टी मिलेगी (Sunshine Holiday) परन्तु हम निराश हो गए और हमें छुट्टी नहीं मिली क्योंकि तब दसवीं और बारहवीं क्लास की बोर्ड की परीक्षा चल रही थी (Board-Exam)। मुझे लगा कि मुख्याध्यापक ने बिल्कुल ठीक किया क्योंकि हम सब बहुत शोर मचाते और बड़े बच्चे अपने बोर्ड की परीक्षा में ध्यान नहीं लगा पाते। यह करके उन्होंने बहुत अच्छा काम किया।

मेरा यह तीन दिन का (26, 27, 28) अनुभव बहुत अच्छा रहा और मेरे यहाँ तीन साल के जीवन में यह पहली बार हुआ। यह तीन दिन की रिमभ्रम बहुत दिनों तक याद रहेगी।

उदित कालरा  
लोअर फाईव डी

### कक्षा दसवीं

चार श्रेणियों की यह कक्षा,  
जहाँ लड़के - लड़कियाँ लेते शिक्षा।  
छात्र - छात्राएँ उठा कर बस्ता,  
कक्षाओं की ओर नापते हैं रस्ता।



पढ़ाई लगती इनको सरल ,  
पीने को मिलता रोज तरल ।  
जब क्लास टेस्ट की आए बारी ,  
अक्कड़ निकलती सबकी सारी ।  
खेल कूद में इनका ध्यान ,  
पूछे तो कहें अभी हूँ जवान ।  
कोई खेल ये नहीं छोड़ते ,  
रोज-रोज हैं खूब दौड़ते ।  
सनावर में हर तरह की मौज ,  
खाना-पीना-भाषण रोज ।  
आओ मिलकर इसे बढ़ाएं ,  
छात्र-छात्राओं को हम जगाएं ।

अक्षत और रचित  
अप्पर फाईव सी

पल मेरा हो जाए

क्या पता कल क्या हो ?  
क्या पता कल वक्त ठहर जाए ?  
क्या पता कल क्या हो जाए ?  
हर चीज बिखरी हुई है ,  
हर चीज इधर-उधर है ।  
क्या हर चीज पर मेरा हक है ,  
बस इसी का डर है ।  
कभी आँधी , कभी तूफान ,  
जब कोई ना था साथ ।  
तब चुपके से आता है वो हाथ ,  
जिसकी मुझे कब से थी तलाश ।  
और चलता है मेरे साथ-साथ ,  
समझाता है मुझे यह और वो बात ।  
पर फिर चला जाता है बिना साथ ।  
मैं इसी धुन में जीए जाती हूँ—

क्या पता कल क्या हो ?  
क्या पता कल वक्त ठहर जाए ?  
क्या पता कल कोई शुभ पल मेरा हो जाए ?

भूमिका सहगल  
अप्पर फाई डी

जवान-किसान

जय जवान जय किसान ,  
दोनों भारत की हैं शान ।  
एक देश के खातिर फसल उगाता ,  
दूजा राष्ट्र रक्षा में बन्दूक उठाता ।  
एक खेत में हल चलाकर हरा-भरा बनाता ,  
दूजा देश की खातिर जान की बाजी लगाता ।

इन दोनों को है अपनी भूमि जान से प्यारी ,  
दोनों ही हैं शान भारत की और हमारी ।

जय जवान जय किसान ,  
दोनों भारत की हैं शान ।

सूरज शर्मा  
अप्पर फाईव सी

स्वाहिशों

शाख के नन्हें , मासूम , जबाँ पत्ते ,  
या इन्हें कह लीजिए ,  
हमारी स्वाहिशों ।  
इठलाते हैं ,  
बढ़ जाते हैं ,  
मचल जाते हैं ।  
और फिर अपने बजूद से  
अलग होकर बिखर जाते हैं ।  
बिल्कुल वैसे ही—  
जैसे—हमारी स्वाहिशों ॥

कमलप्रीत दिल्लीन

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THE  
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NEWS - LETTER

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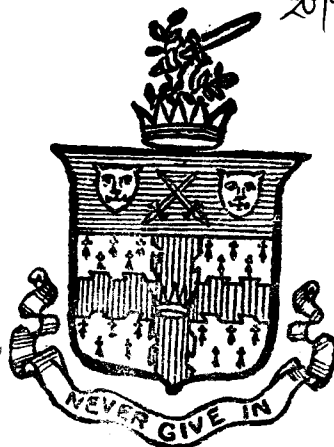
The Lawrence School, Sanawar

(Distt. Solan) H.P. 173202

**BOOK-POST**

1100 copy print  
 20/05/2007

Regd. No. HP/SLN.—1



# THE SANAWAR NEWS-LETTER

14

May

2007

## Section I : From the Headmaster

It gives me immense pleasure in expressing that Miss Anjana Arora has completed her twenty five years of service in Sanawar. She joined this school on 17th February, 1982 as needlework instructor. Besides her normal duties she started teaching Hindi in 1988 and History in 1989. Miss Arora provided coaching to badminton school-team in 1983 and 1984. Since 1990 she has been coaching boys and girls in chess. She has been looking after costume room since 1994 and continues to be A/V room incharge. She has been actively attached to staff plays. She has been exhibiting her talent in acting and also has been helping other actors by being a prompter. She has been a very enthusiastic trekker as well. She has been flawlessly doing the important task of framing the school calendar. I am pleased to note that Miss Arora has a desire to always do something new and from this year she has started taking hobby classes in fashion designing also. Her handling of girls as their House-mistress has been commendable. Above all she is a good human being and always helpful to others.

On behalf of the school I wish her all the very best for her future and hope Miss Arora will continue giving her best to the school.

## Section II : From the School

### ACHIEVERS

The following children have scored 90% and above marks in the first Assessment during the Academic Year 2007 :

Sl No. House Name Percentage

#### Class V

|    |     |                    |       |
|----|-----|--------------------|-------|
| 1. | HPB | Avtar Singh        | 92    |
| 2. | VPB | Mayank Gautam      | 92.67 |
| 3. | VPG | Anmol Kaur         | 95.33 |
| 4. | HPB | Kartik Sharma      | 93.67 |
| 5. | SPB | Md. Ibrahim Ansari | 94.67 |
| 6. | SPG | Priyanka Sharma    | 91.33 |

|     |     |                 |               |
|-----|-----|-----------------|---------------|
| 7.  | VPB | Shrestha Goel   | 95.67 Highest |
| 8.  | SPB | Shubham Singhla | 94.67         |
| 9.  | SPB | Virain Mohan    | 93.67         |
| 10. | NPB | Lavya Bakshi    | 91.37         |
| 11. | HPG | Radhika Kinha   | 91.33         |
| 12. | VPB | Raghav Gupta    | 91.67         |
| 13. | NPG | Simran Godhwani | 92.33         |

#### Class VI

|     |     |                     |               |
|-----|-----|---------------------|---------------|
| 1.  | VPG | Tanushree Saluja    | 90            |
| 2.  | SPG | Ujali Verma         | 94            |
| 3.  | SPG | Anjali Sharma       | 90            |
| 4.  | VPB | Arnav Chopra        | 94.33         |
| 5.  | VPB | Parth Jain          | 92            |
| 6.  | VPB | Shivam Ahuja        | 92            |
| 7.  | HPG | Swati               | 98.67 Highest |
| 8.  | VPB | Amrinder S Lotey    | 90.67         |
| 9.  | SPB | Divkaran S. Dhillon | 90.67         |
| 10. | VPB | Ritwik Singhal      | 93.67         |

#### Class VII

|     |     |                     |               |
|-----|-----|---------------------|---------------|
| 1.  | NHG | Aastha Agnihotri    | 92.29         |
| 2.  | VHB | Deepesh Mutreja     | 95.14         |
| 3.  | VHB | Rahul Sachdeva      | 96.29 Highest |
| 4.  | SHG | Swarnima Mor        | 92            |
| 5.  | HHG | Yashu Arora         | 95.71         |
| 6.  | VHG | Meher Rana          | 94            |
| 7.  | SHG | Richa Garg          | 91.43         |
| 8.  | SHB | Gagan Beri          | 92.29         |
| 9.  | HHB | Gaurav Kharb        | 90.57         |
| 10. | HHB | Raveesh Gagneja     | 95.43         |
| 11. | HHB | Akimjeet S. Sohal   | 91.43         |
| 12. | HHG | Mahnoor Kaur Saroay | 96            |
| 13. | VHG | Shuchita Gupta      | 95.71         |
| 14. | VHB | Vardan Tandon       | 94.29         |

#### Class VIII

|     |     |                      |               |
|-----|-----|----------------------|---------------|
| 1.  | HHG | Disha Dhobta Chauhan | 91.71         |
| 2.  | SHG | Rukhsana Virk        | 91.43         |
| 3.  | VBJ | Sarthak Khandelwal   | 90            |
| 4.  | HBJ | Anava Jain           | 90.29         |
| 5.  | SBJ | Manveer S. Sandhu    | 91.71         |
| 6.  | NBJ | Raghav Khurana       | 91.43         |
| 7.  | VBJ | Arush Puri           | 90.57         |
| 8.  | HBJ | Gaurav Kakkar        | 93.43 Highest |
| 9.  | NHG | Mehak Suri           | 90.29         |
| 10. | NBJ | Nitish Batra         | 92.57         |
| 11. | VBJ | Shubkaraman          | 91.14         |

**Class IX**

|                             |               |
|-----------------------------|---------------|
| 1. SGD Apoorva Tahlan       | 93.33         |
| 2. NGD Divya Goel           | 91.33         |
| 3. VBJ Akshat Aashish Bajaj | 90.33         |
| 4. SBJ Shivam Mehrotra      | 94            |
| 5. SBJ Shouvik Sachdeva     | 96.33 Highest |
| 6. HBJ Sisharth Thapar      | 90.33         |
| 7. NJB Vidur Puliani        | 93.33         |
| 8. VBJ Mayank Maini         | 90            |
| 9. SGD Medha Bansal         | 90            |
| 10. NGD Seerat Singh        | 95.67         |

**Class X**

|                                |               |
|--------------------------------|---------------|
| 1. NBS Syfithjeet Singh Bhatia | 90.40         |
| 2. SBS Girish Mittal           | 90            |
| 3. VGD Palaash Jyoti           | 90            |
| 4. HBS Ratul Bansal            | 90            |
| 5. SBS Shravan Mahajan         | 90            |
| 6. HBS Snandan Singla          | 91.2          |
| 7. VGD Nitya Singla            | 92.80 Highest |
| 8. NBS Tarun Gupta             | 90            |

**Class XII**

|                           |       |
|---------------------------|-------|
| 1. VBD Surya Dev Aggarwal | 96.40 |
|---------------------------|-------|

**Trip To Bal Niketan***Freya Ahuja U-VI*

Never imagined that we could be good friends with 50 children in such a short span of time before we visited the Bal Niketan. We arrived at Bal Niketan in Panchkula as a part of Ms. Bakshi's Leprosarium on the 11th of March '07.

We could never imagine a sweeter welcome. All the students of different ages greeted us with flowers and their sweet smile made us feel very comfortable. They seemed very happy to see us visit their school, their home.

We noticed the positive atmosphere that prevailed in the campus. During the semi-formal introduction ceremony in the common hall of the school, we realized that the students were not only very amiable, but also very talented when we saw them singing songs, reciting poems and performing dances for us. Some of the ex-students are also successful engineers and degree holders.

As soon as the introduction concluded, the small children excitedly showed us their room and their beautiful campus. Through interacting with them, we learnt about their daily routine, their frequent trips out of school, their different interests and pastime. But the most remarkable was their extremely positive attitude.

All of them took keen interest in studies and desired to make it big in some sphere of life or the other.

Then came the best part of the visit. It seemed like after ages, we played "ringa ringa roses" and actually went on the swings. Playing with the little children was a lot of fun and we felt like kids all over again.

After an hour of interaction and games, we proceeded to the common hall where we presented watches, suits and dolls as a token of our appreciation.

Then came the time to say goodbye to Bal Niketan, but not the students. After distributing the gifts, we headed for lunch with them to Hot Millions where there was food with more games, more interaction and fun unlimited!

Since everything has to come to an end, it was time for us to see them off and return to Sanawar, our home. Nevertheless, we took back fond memories to cherish. Now all of us are looking forward to next visit because no one wants to miss out our little friends in Bal Niketan all over again!

**Face-to-Face with the School RMO***Jasneet Kaur Chowdhary U-V*

Q 1. Ma'am where were you before coming to Sanawar ?

Ans. I was in Agra, a doctor in DPS school.

Q 2. How did you meet Sir ?

Ans. I met him in an army function, in Dehradun in 1989. This was followed by our marriage in 1990. It was a love marriage with our parents consent.

Q 3. How did you join Sanawar ?

Ans. I heard a lot about Sanawar and since there was a vacancy I applied and luckily made it.

Q 4. How is it working in Sanawar ?

Ans. It is very very satisfying, rather excellent and it's good to be with kids around.

Q 5. How do you overcome so much stress ?

Ans. By a positive outlook and our motto "Never Give In".

Q 6. What changes have been made in the school hospital.

Ans. Number of changes have been made, like—  
New Departments : Physiotherapy, X ray, Dental-O.P.D., Full-time lab; Brand-new Ambulance. ECG machines, Defibrillator; Oxygenator and Upgradation of Wards.

Q 7. What changes would you like to bring about ?

Ans. There is still a lot to be done like roofing and flooring again. I would like to provide the students with a multi gym. with all the facilities possible, and apples too.

Q 8. What message would you like to give every body ?

Ans. Be healthy, happy and 'Never Give' In. Do your bit and God will do the rest.

### Theatre Workshop

*Gurleen Bhatia, Pushpit Bhullar, Syfithjeet,  
Iswerdeep, Prateek Rath U-V*

As a part of the Theatre Workshop held by Bharat Kapoor from March 11 to March 15, 2007 with sixteen boys, I have the following experiences to share :—

- (1) We learnt many things, like talking or communicating in 'gibberish', delivering dialogues from the stomach and being conscious of every thing we do.
- (2) We embarked on the journey of the true actor, within us and learnt about the basics of drama such as not to mask others while acting.
- (3) Through this workshop we have been able to explore different characters with emotions within ourselves.
- (4) We learnt to make our own stories as scripts for creating down a play, which could be performed on stage.
- (5) After the workshop we were able to understand Shakespeare's complicated plays.

However the only drawback of the workshop was that it was for a very short period of time and everything went too fast.

### Vindhya House Show

*Bhoomika Saigal U-V*

The first House Show of the term—The Vindhya House Show displayed the true Sanawarian cultural nuances on March 17.

It all started with a classical Odissi dance, which was highly appreciated by all, it was followed by the Orchestra. Then came the band and the song sung magnificently by the Upper fivers which truly stood by its meaning—"High School Never Ends". The Vindhyaans did a good job in putting up various items this year such as "The Rime of the ancient Mariner" performed by the lower four students. Songs sung by Tanvi, Rashmi, Sana and Rhea left us humming to their melodies. The plays performed by the students of lower five, upper five and upper six were very entertaining and we had a good time watching them as they brought laughter on our faces. Amongst the dances the upper four dance was also highly appreciated. Nevertheless the Vindhyaans surely had a surprise in store for us, which was 'waltz' performed by the students of upper six. It really left us all mesmerized with their awesome performance. Then came the colourful grand finale 'The Rangoli dance'. We enjoyed the show a lot, it truly was an awe-inspiring performance, done to perfection by the Vindhyaans.

### Siwalik House Show

*Suneet Gyani U-VI*

On the evening of 31st March, we boarded the flight of Siwalikan airlines which was replete with melodious tunes of 'God Father' and 'My heart will go on' on the saxophone by Abhimanyu.

The show started with the 'Natraj Vandana' performed by girls of L-V followed by the Orchestra. Then the flight entered the land of fairy tales as the stage became alive with the enactment of Snow-white and the 7 Dwarves by students of L-IV to be followed by 'Forever', a classical dance with a difference—it surely was quite different.

After that, the crowd was thrilled by the "Oh so, perfect band! Playing Dhoom 2." Then the students of U-V enacted the English Play 'Diamond cut Diamond' but even more captivating and applauded by the audience was the Hindi Skit—"Flight No. 420" by the students of L-V.

The show also included 3 songs 'Leja Leja' by Vidushi Sood, 'Here without you' by Abhimanyu Soin and 'Leaving on a jet plane' by Gursheen, Nimrata and Simar, who were amazing.....Saloni Jain and Saloni Gupta also played 'Doe a deer.....' on the Clavinova.

The students of U-IV rocked the show by dancing to the beats of 'Rock the party'. The show concluded with the traditional Sanawarian trademark 'BHANGRA' by students of U-VI.

The flight landed safely with a reverberating applause by all the passengers who were totally spell-bound by the magic of the awesome crew. All in all the inflight entertainment by SIWALIKANS was a very enjoyable experience due to their endless efforts.

**KEEP IT UP GUYS !!**

### Alcoholism

**Substance Abuse**

*Tanvi Manglick U-VI*

A talk on 'Alcohol Abuse' was delivered by Mr. Rajeev Mehra O.S. in the Barne Hall on 23rd March. It was an eye-opener for the boys and girls of Sanawar. The not-so-monotonous and informally candid talk made them aware of the meaning of 'ALCOHOLISM'. That, it is an illness and not a moral weakness that can hit ANYONE.

Alcoholism is a rough word to deal with. It doesn't matter how long you have been drinking or what brand you've been drinking? 'What drinking does to you?' is what counts.

\* 'Do you think "its cool" to be able to hold your liquor, when you're with your peers and colleagues?'

\* 'Do you think its a stress-buster ?' The alcoholics are "psychopaths", who are emotionally unstable. They are over-remorseful and make many resolutions; but never a decision. Mr. Mehra shared his own life experiences saying that his youth-liking for alcohol led him into being an "alcoholic", due to which he lost his health, wealth and family.

He was forcibly sent to a "rehab" by his well-wishers and how he cried and cribbed and was helpless. Later, he realised his own condition of being a staunch 'alcoholic' and recovered over a period of 10 years as he reacted more strongly to frustrations than normal people. The lure of money had led him astray.

An individual depends on the group and the group depends on individuals. We soon learnt that unless we curb our individual desires and ambitions, we can damage the group. We invariably find that during sometime in the past we have made decisions based on self which later placed us in a position of being hurt.

He concluded by suggesting that 'MEDITATION' is one way of becoming mentally strong and a step ahead of leaving, 'alcohol' behind.

By Mr. Mehra's example we acknowledge that it is essentially an individual adventure . . . . something which each one of us works out in his own way.

'Alcoholics Anonymous' is a group which helps to provide self-support to people for leading a life beyond alcohol, declining outside contributions.

### Interactive Workshop

#### Chain of Thoughts

*Amala Ramesh L-V*

We start thinking from a very early age in life. We keep getting newer and better ideas about similar tasks. But the catch is that how many of us can implement our thoughts. How many of us can put it down on paper or actions? How good is our thought process? Also how well are we linked with our thoughts.

On a Sunday afternoon in March, I volunteered to assist Mrs. S. Gill of Magic Minds Association. This was a very attention seeking way to bring out the best of creative skills in young children. All the children had put on their thinking caps and with the help of Mrs. Gill, could very well sculpt their thoughts.

Each child was given a folder with poems and song. These were methods used to bring out their thought in the way of expressions and acting. 'Play dough' was a method used to bring out their imagination I was really amazed to see how children think. Their ideas, thoughts and actions were so different from what they wrote and drew. I realised the importance of implementation then.

I think this is a very good way to bring out the creative skills in people. It will not only enhance their vocal skills but also their writing skills. This is one good method to help develop and identify talents in people as well ! !

### Deep Down Inside

*Vaishnavi Singh L-V*

Do you even care,  
That my best friend is despair,  
Do you even see,  
My world's falling down on me.  
I care about you so much,  
I never felt that before as such.  
So, turn around  
Have a look into my eyes,  
The tears are for you,  
Deep down inside,  
Deep down inside.  
I just wish I could tell,  
These emotions can't be spelled,  
Its you, in whom I confide.  
So turn around,  
Have a look into my eyes,  
The tears are for you,  
Deep down inside,  
Deep down inside.

### The Reason for the End

*Rashmi Mann U-V*

Amongst the million souls she sees.  
She sees his soul, his disgrace to thee,  
His shameless face, disgrace to his race.  
The valour, the blood and the genes,  
Hollow names, the chained reins.  
The souls are lost forever like this,  
With a twist, an odd starkness in bliss.  
Life has come to a standstill,  
Joys of innocence remain to be nil,  
Streaks of drudgery visible enough,  
Judging his love was not that tough.  
Leaving her alone was all that could be done,  
Eyes of heaven did not see anyone.  
Tears of agony turn into drops of pearl,  
In the minds of the blessed, angels twirl,  
To her it was'nt anything but him  
From the starting till the dreadful end.

## Round Square Sub-Junior Regional Conference

*Ujali Verma U-III*

The Lawrence School, Sanawar hosted the Round Square Sub-junior Regional Conference from 25th to 29th April, 2007. The Round Square is a world-wide organisation of schools which aims at developing leadership, confidence and awareness in the children through routine activities. The theme of the conference was 'Earth 2020—We want it Green'. There were ten participating schools which included schools from Dubai and Bangladesh.

The conference took off with Logo designing wherein all the delegates hand printed a huge tree with the punch line—

“Get Set Green.”

During the conference we learnt the need and the concern that we must have for our environment and how we should contribute to its preservation.

To help preserve the environment and nurture in the students, a sense of responsibility and compassion, various activities were encouraged during the conference.

Children studied the flora and fauna in their immediate environment through observing birds, identifying trees, studying soil and water and also going for an environmental visit to Col. and Mrs. Rampal's House. We were overwhelmed by the kind of work Col. & Mrs. Rampal do to keep the environment healthy and green. They are absolutely dedicated to preservation of environment through rain-water harvesting, compost farming, vermi-culture and various water saving techniques of irrigation. They use solar energy for lighting their paths and for cooking to a great extent.

We also went to Monkey Point where we saw the big foot print of LORD HANUMAN and we could see Chandigarh from there. Then from there we went to Kasauli market for shopping and came back to school for lunch. The conference concluded with a prize distribution ceremony followed by tea at the Headmaster's residence.

In the evening we joined the delegates for an informal get together at Kasauli Resorts. It was an enjoyable and unforgettable experience.

### Section III : From the Staff

#### Mr. Rajesh Puri : A Prolific Innings

*Dr. VK Sharma (DoF)*

Always smiling, helpful and adoring, thick moustache, this is what comes to mind when someone thinks of Mr. Rajesh Puri, my predecessor.

Mr. Puri started his career in Sanawar on 6th September 1978 as a Mathematics teacher. He never looked back after that and did not think of joining other institute. He taught mathematics to classes Xth, XIth and XIIth and produced very good results.

In the year 1985, Mr. Puri was given additional responsibility of Housemaster of Vindhya Boys and he looked after the boys' under his charge so well that they all remember him till now.

Mr. Puri has a great interest in trekking and he took his boys to far flung areas for trekking. There were number of Annual Camps to be remembered. He went on a cycling trip from Sanawar to Dehra Dun and back. One of his trekking adventures was from Kot Khai to Khara Pathar, Jubbil, Rohru, Khadrula, Baghi and Narkanda and this trek was done in two days and a night. On one of his treks his group survived for a day on jam only

In 1984 he went to Roorkee University to receive training in Computer Literacy and after that he started the 'Computer Centre' in Sanawar school with three Micro Computers. Later on Mr. Puri was given the responsibility of the 'Head of Department' of Mathematics and Computers. The staff of the school was trained to use PC and work on Microsoft Word. I also had the privilege of learning to work on a computer.

In 1998 Mr. Puri was appointed the Dean of Prep School where he remained for four years and was again shifted to the Senior School to teach senior classes. In the year 1999 he was appointed the Senior House Master for the second time. This time it was Himalaya.

In the year 2000 Mr. Puri was appointed the Head of Administration (HOA) and in the year 2002 he was appointed the Dean of Faculties. He retired from this position in July, 2006. Now he lives in Panchkula and has kept his passion for teaching alive.

Mr. Puri, is now providing guidance and help to the school, whenever needed. Thank you very much Mr. Puri! All of us at Sanawar wish you a very happy retired life.

### Trinity

*Kavita Rampal (Faculty of English)*

Graded Examination in Spoken English (GESE) is what is popularly known as Trinity exam.

GESE is an oral exam conducted by Trinity College, London.

Website : WWW. Trinity College. CO. UK. Trinity's graded examinations in Spoken English provide a reliable and valid scheme of assessment through which candidates, teachers and parents may measure progress and development, whether for educational and vocational purposes or as a leisure activity. The grades provide a continuous measure of linguistic competence from absolute beginning (Grade 1) to full mastery (Grade 12)

The 12 graded examinations are organised in 4 development stages :

Initial Stage (Grades 1—3)

Elementary Stage (Grades 4—6)

Intermediate Stage (Grades 7—9)

Advanced Stage (Grades 10—12)

From Grade I throughout the 4 stages, the examinations take the form of a one—to—one, face—to—face interview between the candidate and an examiner who is a native Speaker of English. The progress at each stage is marked by :

- \* Greater linguistic demands catergorised under grammar, lexis, phonology.
- \* Increasing evidence of the use of communicative skills.
- \* An increasing degree of independence which allows the candidates to initiate and take control of the interaction.
- \* A listening task (introduced at the Advanced Stage) intended to be solely a test of listening.

In November 2006, 19 candidates appeared for the Trinity exam and all of them passed.

Since January 2007 The Lawrence School, Sanawar is a centre for Trinity exam.

### Mathematics Workshop

31st March to 1st April 2007

Mr. Y. Vaidya (Faculty of Mathematics)

31st March, 2007, which is generally the closing day of the financial year, was infact a wonderful beginning for the Mathematics department of the school ..! The talk of the day was :

How to make Mathematics activity oriented...?

How to make Mathematics interesting in the class...?

The dream seemed to come true on 31st with Mr. Subir Bhattacharya, when he started distributing the straws in bundles to the individuals of the faculty...?

“OK...!”. “Can you...show...using those straws, 2+3...how much?”

Sir, “Its 5...” someone replied...?.

“You already know the answer...I actually wanted you to demonstrate using those straws in your hand...for better understanding of the concept of addition”.

Amazing experience...!

Mr. Bhattacharya explained in depth how to do simple basic operations of Mathematics, in two days, spread over three interesting sessions per day. Using simple things and interesting techniques for better clarity of concepts. Basic operation on fractions, HCF of numbers, LCM of numbers were few areas which were covered comprehensively and practically.

Adding to the new experience few teachers from nearby schools viz. St. Mary's Convent School, Kasauli, Pine Grove, Dharpur also contributed to the new experience of a practical workshop.

Valedictory function was organized in the end and certificates were given to everyone who attended the workshop by the DoF, Chief Guest of the function.

The workshop was really a grand success...! In the words of Mr. Roberts, “Mr. Bhattacharya's approach to tackle the subject transforms a usual class room into an activity centred laboratory with simple things”.

Thank you...Mr. Bhattacharya for your contribution to Sanawar Mathematicians...!

### Teaching Teachers

Mrs. Parul Jain (Faculty of Science)

In Chinese there is a proverb, ‘You read you forget, you see you forget, but when you do you remember’.

There are classes to attend, tuitions to complete, and then of course, the routine chores of life. Does that leave any time for other activities? These are woes, not only of students, but today's new age teachers as well.

Keeping this thought in mind, our school organized a Science workshop “Creative Science Learning by Doing” on 31st March and 1st April 2007. This workshop was hosted by two renowned personalities, Mr. S. Bagchi and Mr. S. Mitra from Calcutta. The workshop was attended by the science teachers of our and neighboring schools.

The programme included small activities to give qualitative and not quantitative idea of simple but complex topics in Physics and Chemistry. One major thing of the workshop was that all the activities were performed with simple throw away things and not with hi-fi equipments.

In the end I would like to state that the right dose of encouragement and accomodation could ensure that an increasing number of school teachers avail of such workshops, as a result of which, not only would their standard of teaching improve, but the quality of the Indian education system as a whole.

I am thankful to the school for organizing such a workshop and request them that in future such exposure should be given to us, because there is no age to learn.

I applaud this effort.

### V—Sat Classes

Dr. V. K. Sharma (DoF)

Technology has allowed institutions to overcome the limitations posed by the shortage of trained teachers for managing preparations for competitive examinations. Very Small Aperture Terminal (VSAT) is an excellent means of taking interactive classroom to anywhere in the country from a central location.



The School is all set to introduce satellite classes using VSAT for engineering and medical entrance programmes after integrating these in the school syllabus from May 2007.

The School has tied up with Acharya Competitive Coaching Institute in New Delhi. The classes will be conducted in Delhi and the lessons brought live to the school centre and shown on computer/LCD projector screen. The subjects covered under the programme are Physics, Chemistry, Biology and Mathematics for engineering and medical aspirants. Students will be able to interact with the teacher through microphone during or after the session. The lecture will be followed by discussion on doubts and problem solving.

### EXCHANGE—2007

*Meenakshi Solomon (Coordinator)*

The following students will be going on Exchange this year.

| <i>Student's Name</i> | <i>School</i>                            | <i>Duration</i>             |
|-----------------------|--|-----------------------------|
| 1. Sahil Vadera       | The Armidale School Australia            | 23rd April To 29th June     |
| 2. Taruni Jain        | Herschels Girls School, South Africa     | 15th July to 15th September |
| 3. Bani Kaur          | St. Cyprian's School, South Africa       | 16th July to 21st September |
| 4. Arushi Dhingra     | Bishops, South Africa                    | 16th July to 21st September |
| 5. Rishi Srivastava   | St. Stithian Girl's School, South Africa | 5th May to 5th July         |
| 6. Arjun Narang       |  |                             |
| 7. Amanat Sidhu       |  |                             |
| 8. Anjana Singh       |  |                             |

## Section IV : FROM THE FACULTY OF SPORTS

### CRICKET

#### Colts Subdue BCS

*Bhanu Dandriyal L-VI*

On 28th March, Sanawar Colts played a friendly cricket match with Bishop Cotton School (BCS), Shimla. The latter as hosts, won the toss and decided to bowl first. Sanawar made 175 runs in 20 overs. Karan Dev Gill scored 78 runs. BCS were all out for 120 runs. Saiyam and Shravan took 3 wickets each. Sanawar won the match by 55 runs.

### First XI v/s Y.P.S. Patiala

*Apoorv Bisht U-VI*

Patiala, March 18.

This was a true learning experience. It was our first match on a turf pitch and a full size field. Our in-home experience certainly showed up while we were put in to field by the opposition. They were at consummate ease while batting and put up 224 for 3 in 30 overs with their Captain Aman making a century.

But we were never outclassed. We batted with a strong mindset and certainly had them in trouble for some time. Karan Dhanoa, 67 and Amir Khubbar, 53 put up a 130 run partnership. But the run-rate gradually went up. Despite some good sloggng at the end we fell short of our target by 22 runs.

Another chance and it may be a different story.

### First XI v/s Y.P.S. Mohali

*Apoorv Bisht U-VI*

Mohali, March 25.

Tired we certainly were. Having played and lost the O.S. team comprising of many non O.S. players. But being true Sanawarians in spirit we were bubbling with energy and could hardly wait to play YPS Mohali. The match took place at YPS Mohali on 25th March. It would be an understatement to say that SANAWAR dominated the match, even though we lost the toss and were put in to field, there was no lack of pep. YPS Mohali were bundled out for a mere 88 runs. Courtesy : Sanam Luthra 3 wkts, Nippon Singh 2 wkts, Raghav Goel 2 wkts & Karan Hora 2 wkts. There were also a couple of amazing catches taken by Nippon and Parth. Pleasantly satisfied with our bowling performance we were fairly confident of winning comfortably. We lost 2 quick wickets because of mix ups while running. But our troubles ended soon enough when Karan Dhanoa (54 not out) and Karan Hora (15 not out) finished the match quite comfortably at 90 for 3 with 15 overs to spare. It was indeed an escape to victory from the gruelling routine of Sanawar.

### At the World's Highest Cricket Ground ...

#### Colts Vs M.S. Chail

*Gunraj Singh (Coach)*

*Chail, April 22.*

Getting up early on Sunday and travelling for 3 hours was not the best preparation for a match at the highest ground in the world but it didn't seem to hinder the boys' performance. New skipper, Ayush Mittal, won the toss and elected to bat first. After a solid start from Zain-Al-Hashmi and the skipper we lost Zain to a good ball, caught behind. From then on it was all our game. Amarjyot Virk came in and continued his good form from the BCS match. He hit 2 fours off the 1st two balls he faced and went on to put up a hundred partnership with Ayush. With the scoring rate at almost 10 an over, we were looking at a big total. Amarjyot fell trying

to force the issue near the end of the shortened 15 over innings for 44. Then Ayush fell in a similar manner on 61. It was left to Karan Dev Gill and Parul Chhabra to bring the total up to 144 after 15 overs. This fell just short of 10 an over and was always going to be a tough score to chase.

The MS Chail innings started brightly for us with a run out of one of the openers for a duck without having faced a ball. This shows we were on our toes and ready to finish this game off. From there the wickets just kept falling with Parul getting a wicket caught at Mid Off in the 2nd over. There were some problems with our bowling as the pacers struggled to get to grips with the odd cemented pitch and run-up. The most dangerous looking batsman was on 22 when Saiyam Dhawan got him caught LBW with a brilliant ball. Saiyam went on to take 3 wickets with one of them an amazing catch at short extra cover by Ayush. Karan Dev Gill went on to take 3 wickets to end the season as the top wicket taker (10) and highest run scorer (132) at an average of 66. He also took a good catch which almost knocked out the skipper but he was ok and Ayush went on to take 2 wickets to end the innings in the 14th over for 82 runs.

Overall, a very good performance by the entire team to round off a brilliant season. The highlights include the demolition of YPS Patiala's batsmen with some amazing bowling on Barne Field, Karan Dev's incredible 78 against BCS and his partnership with Amarjyot, the celebrations upon winning that match, Ayush's equally good knock of 62 at the highest cricket ground in the world and finally the round team effort put in by the entire team to take us through to victory after victory. In this particular match Ayush Mittal was awarded the man of the match, removing Karan Dev's monopoly on it for the last 3 games, for his 62, 2 wickets and brilliant fielding and captaincy. All in all, I can say that I have enjoyed my time with the colts thoroughly and am incredibly proud of every one of the players to have played for me. Their hard work has ensured that cricket at Sanawar is in safe hands in the years to come.

### Inter House Cricket BD & PD

*Apoorv Bisht U-VI*

#### Result (BD)

- |                                     |                 |
|-------------------------------------|-----------------|
| 1. 1st Himalaya                     | 14 points       |
| 2. 2nd and 3rd Nilagiri and Vindhya | 8 points (each) |
| 3. 4th Siwalik                      | 6 points        |

#### Best Players

- |             |                   |
|-------------|-------------------|
| 1. First XI | ... Madhur Bhatia |
| 2. Colts    | ... Imran Pal     |
| 3. Atoms    | ... Ayush Mann    |

#### Results (PD)

- |             |                   |
|-------------|-------------------|
| 1. 1st      | ... Siwalik       |
| 2. 2nd      | ... Nilagiri      |
| 3. 3rd      | ... Himalaya      |
| 4. 4th      | ... Vindhya       |
| Best Player | ... Luvya Bakhshi |

### HODSONS—2007 (Results)

#### GIRLS

| Age Group | Position | Name                 | House | Time    |
|-----------|----------|----------------------|-------|---------|
| Under-11  | 1st      | Radhika Kinha (H)    |       | 3:48:00 |
|           | 2nd      | Jashodhan Thakur (N) |       | 3:50:00 |
|           | 3rd      | Anjali Sharma (S)    |       | 3:52:00 |
| Under-13  | 1st      | Bhavika Singh (N)    |       | 7:52:64 |
|           | 2nd      | Ananyaa Bath (N)     |       | 7:53:46 |
|           | 3rd      | Kareena Negi (N)     |       | 8:59:56 |
| Under-14  | 1st      | Himani Rana (H)      |       | 6:23:08 |
|           | 2nd      | Disha D. Chauhan (H) |       | 6:23:27 |
|           | 3rd      | Natasha Grewal (N)   |       | 6:43:98 |
| Under-16  | 1st      | Shreya Dadwal (H)    |       | 6:33:04 |
|           | 2nd      | Akshita Singh (H)    |       | 6:54:17 |
|           | 3rd      | Pallavi Joshi (H)    |       | 7:01:59 |

#### BOYS

|          |     |                      |  |          |
|----------|-----|----------------------|--|----------|
| Under-11 | 1st | Lavya Bakshi (N)     |  | 4:35:19  |
|          | 2nd | Himanshu Rana (H)    |  | 4:47:91  |
|          | 3rd | Arpit S. Parihar (S) |  | 4:48:15  |
| Under-13 | 1st | Manvijay S. Negi (N) |  | 5:42:26  |
|          | 2nd | Fateh S. Sidhu (V)   |  | 5:47:33  |
|          | 3rd | Sachin Lambra (N)    |  | 5:55:66  |
| Under 14 | 1st | Karan Huidrom (V)    |  | 8:20:31  |
|          | 2nd | Mohammad Talib (V)   |  | 8:38:46  |
|          | 3rd | Saket Poddar (N)     |  | 8:49:31  |
| Under-16 | 1st | Gurleen Bhatia (S)   |  | 8:53:37  |
|          | 2nd | Dhanur Sharma (S)    |  | 9:03:66  |
|          | 3rd | Penjo Wangchuk (H)   |  | 9:14:09  |
| Opens    | 1st | Karan Hora (N)       |  | 12:21:84 |
|          | 2nd | Sumit Kadyan (N)     |  | 13:00:34 |
|          | 3rd | Gaurav Balyani (N)   |  | 13:24:51 |

#### Combined Score & Position

| House    | B.D. | G.D. | P.D. | Total   | Position |
|----------|------|------|------|---------|----------|
| Himalaya | 96   | 131  | 94   | 321 pts | 2nd      |
| Nilagiri | 165  | 58   | 103  | 326 pts | 1st      |
| Siwalik  | 151  | 59   | 54   | 264 pts | 3rd      |
| Vindhya  | 127  | 52   | 06   | 185 pts | 4th      |

#### CORRIGENDUM

The readers are hereby informed that the name of Parth Goel, School Headboy was inadvertently published as Parth Aggarwal in the April issue of the 'Newsletter'. We sincerely regret the inconvenience caused due to this effect.

## हिन्दी खण्ड

### परिणाम

#### हिन्दी निबन्ध लेखन प्रतियोगिता

तिथि-20 मार्च, 2007

| स्थान   | नाम                  | कक्षा       |
|---------|----------------------|-------------|
| चतुर्थ  | आकांक्षा काला        | सातवीं—ए    |
| तृतीय   | फतेहबीर सिंह धालीवाल | सातवीं—डी   |
| द्वितीय | मेहर राणा            | सातवीं—बी   |
| प्रथम   | सोनाक्षी सिंगला      | सातवीं—सी   |
|         | प्रियंका गुप्ता      | सातवीं—बी   |
|         | शुचिता गुप्ता        | सातवीं—डी   |
|         |                      | कक्षा आठवीं |
| चतुर्थ  | प्रणव राठी           | आठवीं—सी    |
| तृतीय   | श्राकाश गावरी        | आठवीं—डी    |
| द्वितीय | महक सूरी             | आठवीं—डी    |
| प्रथम   | अजय शंकर             | आठवीं—ए     |
|         | दिशा चौहान           | आठवीं—ए     |

#### पंजाबी निबंध लेखन प्रतियोगिता

तिथि 2 अप्रैल, 2007

| स्थान   | नाम            | कक्षा    |
|---------|----------------|----------|
| चतुर्थ  | सार्थक अग्रवाल | आठवीं—सी |
| तृतीय   | जयदीप सूद      | आठवीं—डी |
| द्वितीय | शुभकर्मन सिंह  | आठवीं—डी |
| प्रथम   | प्रतीक कोहली   | आठवीं—डी |
|         | अजय शंकर       | आठवीं—ए  |

अन्तर्सदन कनिष्ठ हिन्दी वाद-विवाद प्रतियोगिता  
तिथि-14 अप्रैल, 2007

### सदनगत परिणाम

| स्थान   | नाम     |
|---------|---------|
| चतुर्थ  | विध्या  |
| तृतीय   | नीलगिरी |
| द्वितीय | शिवालिक |
| प्रथम   | हिमालय  |

### व्यक्तिगत परिणाम

| स्थान             | नाम           | सदन     |
|-------------------|---------------|---------|
| तृतीय             | स्वर्णिमा मोर | शिवालिक |
| द्वितीय           | अमन जम्वाल    | नीलगिरी |
| प्रथम             | यशु अरोड़ा    | हिमालय  |
| प्रथम (प्रतिवादक) | आर्यन भल्ला   | शिवालिक |

अन्तर्सदन वरिष्ठ हिन्दी वाद-विवाद प्रतियोगिता  
तिथि-5 मई, 2007

### सदनगत परिणाम

| स्थान   | नाम                |
|---------|--------------------|
| चतुर्थ  | विध्या             |
| द्वितीय | हिमालय तथा शिवालिक |
| प्रथम   | नीलगिरी            |

### व्यक्तिगत परिणाम

| स्थान             | नाम          | सदन     |
|-------------------|--------------|---------|
| तृतीय             | जसनीत सिंह   | नीलगिरी |
| द्वितीय           | दिव्या नलवा  | शिवालिक |
| प्रथम             | रुवाब सांगवी | नीलगिरी |
| प्रथम (प्रतिवादक) | अंशुला चौधरी | हिमालय  |

विभिन्न विद्यार्थियों ने प्रार्थना सभा में निम्न विचार प्रस्तुत किए :—

तिथि-23 मार्च, 2007

### विद्या

विद्या की महिमा अपार है। संसार में सर्वत्र विद्या का आदर होता है। मानव जीवन को सफल बनाने के लिए बुद्धि, प्रेम, विवेक, करुणा, श्रद्धा, विनम्रता, वीरता, साहस, सहनशीलता और क्षमा आदि गुणों की आवश्यकता होती है और ये विद्या द्वारा ही मिलते हैं। विद्या व्यक्ति की बुद्धि को प्रखर बनाती है।

विष्णुगुप्त चाणक्य धनहीन थे, पर वे विद्या से धनी थे। विद्या एक ऐसा धन है जिसे कोई भी चोर चुरा नहीं सकता। विद्यादान सर्वोत्तम दान है। विद्या से यश मिलता है। विद्या से व्यक्ति को परम संतोष और अलौकिक आनन्द प्राप्त होता है। इस प्रकार विद्या पूर्णतया सुरक्षित और अनुपम धन है। विद्यार्थियों का उद्देश्य विद्या प्राप्त करना होना चाहिए क्योंकि विद्या ही सबसे बड़ा धन है।

गगन बैरी  
कक्षा सातवीं

### विश्वास

लोग आपस में एक दूसरे पर विश्वास करते हैं और सुख-दुःख में एक दूसरे के काम आते हैं तथा अपना जीवन व्यतीत करते हैं। वास्तव में विश्वास के कारण ही व्यक्ति को आत्मबल की प्राप्ति होती है और वह अपने कार्य में रुचि लेता है। मनुष्य किसी न किसी विश्वास के आधार पर परिश्रम करता है। वह विश्वास सुख पाने का भी हो सकता है। विश्वास से एक नई स्फूर्ति, एक नई चेतना का संचार होता है। विश्वास से ही व्यक्ति जीवन को सुखमय बनाने की शक्ति पाता है। विश्वास से ही वह गतिशील होता है। अतः मनुष्य की मनुष्यता ही विश्वास का आधार है।

### प्रार्थना—

हे ईश्वर, हम आप में विश्वास रखते हैं। हम आपका भजन करते हैं। आप जगत के एकमात्र पालक हैं। हे प्रभु, आप हमें पवित्र बुद्धि तथा ज्ञान देकर उचित मार्ग पर ले जाएं।

शिवम शर्मा  
कक्षा सातवीं

तिथि 13-4-07

प्रसिद्ध दार्शनिक सुकरात शकल के सुन्दर नहीं थे। एक दिन वे अकेले बैठे शीशा हाथ में लिए अपना मुँह देख रहे थे, तभी उनका एक प्रिय शिष्य कमरे में आया। उसने जब सुकरात को शीशे में मुँह देखते हुए देखा, तो वह कुछ नहीं बोला, पर मुस्कुराने लगा। सुकरात ने अपने शिष्य की मुस्कुराहट देखकर सारी बात समझ ली।

थोड़ी देर बाद सुकरात ने कहा—“मैं तुम्हारी मुस्कुराहट का कारण जान गया हूँ, शायद तुम यही सोच रहे हो कि मेरे जैसा असुन्दर व्यक्ति शीशा क्यों देखता है।” शिष्य चुप रहा, उसकी चोरी पकड़ी गई थी। वह सिर झुकाकर खड़ा हो गया। सुकरात ने उसे समझाते हुए कहा, “बेटा शायद तुम यह नहीं जानते कि मैं शीशा क्यों देखता हूँ ?”

शिष्य ने कहा “ नहीं, गुरुजी। ”

सुकरात बोले, “मैं सुन्दर नहीं हूँ इसलिए रोज शीशा देखता हूँ, ताकि मैं अपने अच्छे कामों से अपनी असुन्दरता को ढक लूँ। ” शिष्य ने कहा, “ठीक है, पर फिर तो जो सुन्दर हैं, उन्हें कभी शीशा नहीं देखना चाहिए।”

सुकरात बोले, “जो सुन्दर हैं उन्हें भी शीशा देखना चाहिए ताकि उन्हें याद रहे कि वे जितने सुन्दर हैं उतना ही सुन्दर काम करें। ”

अर्षदीप ठाकुर  
कक्षा छठी

आज मैं आपके सामने एक कविता प्रस्तुत करने जा रही हूँ,  
जिसका शीर्षक है—

### मुस्कुराना सीख लो तुम

जहाँ मैं मुस्कुराना सीख लो तुम,  
दिलों से दिल मिलाना सीख लो तुम।

न जाने कब कटे साँसों की डोरी.....2  
किसी के काम आना सीख लो तुम  
दिलों से दिल मिलाना सीख लो तुम।

डुआ बनकर के गूँजे हर जुबाँ से.....2  
कोई ऐसा तराना सीख लो तुम  
दिलों से दिल मिलाना सीख लो तुम।

सफर में काम आए वक्ते मुश्किल.....2  
हुनर कोई सुहाना सीख लो तुम  
दिलों से दिल मिलाना सीख लो तुम।

नहीं हो कोई भी दुश्मन जहाँ में.....2  
सभी से दोस्ताना सीख लो तुम  
दिलों से दिल मिलाना सीख लो तुम।

ये पैगाम, मोहब्बत, रोशनी का.....2  
इसे दिल में बसाना सीख लो तुम  
दिलों से दिल मिलाना सीख लो तुम,

जहाँ मैं मुस्कुराना सीख लो तुम।  
दिलों से दिल मिलाना सीख लो तुम।

प्रार्थना :

हे सरस्वती माँ, हम सभी बालकों और अध्यापकों को  
सद्बुद्धि देना। हम सभी का चरित्र अच्छा हो,  
आचरण अच्छा हो। हम सभी निरोग रहें, स्वस्थ  
रहें। हम सब अपने से बड़ों का आदर करें तथा  
तुम्हें सदा याद रखें।

अंजली शर्मा  
कक्षा छठी

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NEWS—LETTER

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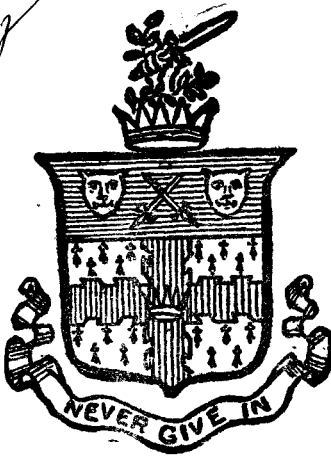
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# THE SANAWAR



# NEWS-LETTER

15

June

2007

## Section I : From the Headmaster

### Closing Address at the Round Square Sub-Junior Regional Conference—2007

It's a matter of great honour and privilege for all of us to have Dr. Harish Dhillon here as the Chief Guest of the closing ceremony of the Round Square Sub Junior Regional Conference 2007. The theme of this conference was, "Earth 2020, we want it green !"

Dr. Harish Dhillon had his schooling at the Lawrence School, Sanawar, trained for the Army and was then boarded out of the services on medical grounds. He went on to do his post-graduation and doctorate in English Literature from the Lucknow University, where he lectured for seven years. In 1971 he went back to Sanawar to teach English from where he went on to become Principal at Yadavindra Public School, Patiala in 1987. He went back again to Sanawar as Headmaster in 1995 and then moved to Yadavindra Public School, Mohali (Chandigarh) as Principal in 1998. He currently Heads and teaches English at YPS Mohali.

In the seventies Dr. Dhillon wrote and published two novels "The wayside Tree" & "The Right to Die" and a book of critical essays on Indian Writers in English "The Alien Voice." Lately he has written and published "The Lives & Teachings of the Sikh Gurus", "Love Stories from the Punjab", "After the Storm", "Song of Silence" a collection of short stories. "The Legend of Banda Bahadur", "The Living Saint" a biography of Bhagat Puran Singh, and "Guru Nanak" and also "Kali Saver" short stories in Punjabi.

Round Square is a movement of Schools that is based upon the principles of International Understanding, Democracy, Leadership, Service, Adventure and preservation of our environment. All these values constitute the ethos of our school at S'na

and that's why we chose "Earth 2020, we want it green," as the theme of this conference. To repeat the famous native American proverb again, "We do not inherit the Earth from our ancestors, but instead borrow it from our children." We all owe it to ourselves and the generation to come to preserve and protect our environment which nourishes and sustains us. Whether it is global warming or holes in the ozone layer, cyclones, Tsunamis, earthquakes or forest fires, all of which cause mankind a lot of loss & suffering, they can all be linked to man's recklessness towards nature. It is only when we in our short-sightedness disturb the balance between nature and our lives, do these calamities occur. It is a pity that most of us have got so lost in this material maddening race to acquire more and more, that we have forgotten our own selves, our natural selves and our connection with the environment around us. Isn't it a sad paradox, that the richer we get, the more powerful that we become, the hollower too we become from within. The more man gains materialistically in this world, the more he is in search of peace. Gandhiji was right when he said, "There is enough in this world for every body's need, but not enough for anybody's greed". We all need to slow down a little bit, and connect more with our inner selves, and our natural surroundings. Education to be relevant, must be holistic, and should aim at sensitising us to not just each other but also plants, animals and all other forms of the natural world. In their well being and good health, lies the secret to our well being, peace and happiness.

I like to thank all the schools, children and teachers who so enthusiastically participated in this conference and made it a big success. I specially like to thank Capt Bajaj and his entire team of S'na teachers, Mrs. Binita Rishi, Mrs. Solomon, Gaurav Sood and others who worked very hard for many days in hosting and successfully organizing this conference. Thank you very much.

## Section II : From the Students

### Inter House PD Quiz

*Armaan S. Natt U-III*

At last Sunday the 22nd April came, it was the PD 'Quiz Day'. Everyone was bursting with energy as to what will happen at the end of the day but it all came out for only one team who proved themselves as the best. Well, the quiz was held in Barne Hall and had 10 rounds which were as follows :

(1) Sanawar (2) Current affairs (3) Maths (4) Visual round (5) Computer (6) Social Science (7) General Knowledge (8) Science (9) Buzzer round (10) Rapid Fire.

At the end of each round Himalaya was gaining lead but Siwalik did put up a good performance and gave a good fight-back. The quiz master for this event was Mrs. Rishi. There were 10 points for a direct question and 5 points for a passed one. You only had 10 seconds to answer the question. There was negative marking in the Rapid Fire round. The Buzzer round was the one in which you needed speed. As soon as the question was read out you had to quickly think the answer and press the Buzzer and if it was wrong there would be no pass on. The visual round was the one in which you were shown pictures and had to identify them. Each team of 4 children was selected through a screening test for every house. As the smoke cleared it was seen that Himalaya crowned themselves as winners. The runners up were Siwalik followed by Nilagiri and Vindhya.

### Nilagiri House Show—2007

*Kriti Chauhan—U-VI*

On 21st April '07 an amazing blend of 'josh' and hard work was showcased by the Nilagarians in Barne Hall which began with the superb announcement by Karan Hora and Pranati Jain. The show started with the traditional orchestra, but with a difference. This was followed by the Nilagarian trio of Aakriti, Parul and Sukhwinder singing "Ghar Aaja Soniya". Then we had 'Emperor's New Hair', a skit by students of lower four, Kathak and a song sung by Pranati. These items kept everyone well entertained and received a well deserved applause. After this 'The Truth Speaking Formula', a Hindi Play made us have a hearty laugh. The Band was mesmerising and the Bharatnatyam performed by Divya was graceful and traditional. Conceived and edited by Khwab Sanghvi, the 'Murder Marathon' was an amazing play that deserved a special applause. The credit goes to the outstanding performance of the cast. Then 'Pop Goes My Heart' performed by the students of upper four was a well appreciated item. Next was the mime 'Uff Yeh Mobile' which was though new to the House Show trends, but it did make a special breakthrough. This was followed by the star item of the show—Bhangra which depicted "raw josh" in its true spirit

and made the audience tap along. The Show concluded with a song sung by Jasneet. The Nilagiri House Show was an amazing success due to the efforts of students and house staff.

HEARTIEST CONGRATULATIONS!  
WELL DONE GUYS!

### Himalaya House Show—2007

*Aman Jindal U-IV*

The Himalayans presented a brilliant House Show on 12th May, '07 while keeping true to their motto of—"Fight a good fight". The show commenced with the display of orchestra by the budding musicians. It was followed by a song "Pal, pal....." sung by three students of lower four. The next item was an impressive classical dance performed by the Himalaya girls. This was followed by a humorous Hindi skit staged by students of upper four which threw the audience into fits of laughter. The Band was the next item to rock us. "Yes, no yes, no ...", the indecisiveness was mooted in the English Play—"Yes and No" that followed. Soon after, the students of upper five presented the Punjabi version of "Julius Caesar". The scene was that of Mark Anthony's historic speech at Caesar's funeral. The Punjabi rendition of Roman Play really excited the audience with a sense of fun and amusement. The next item was a group dance presented by the students of lower five and lower six. The following item was a filmy twist where Aishwarya Rai was Cashwarya Rai, 'Aaj Tak' news was 'Aaj Kal' news and 'Zee News' was 'Free News'. The main highlight was the much pumped and hyped wedding of Cashwarya Rai. This was followed by a solo instrumental on guitar by Bharat Bajaj. The show culminated into the evergreen and invigorating 'Bhangra' presented by the students of lower six. The concluding song—"The Unfaithful" was sung by Sukanya. The Himalaya House Show was really a great success.

### Inter House Business Quiz

*Akshita Khanna U-VI*

"Business Quiz" the most exciting quiz for which the entire school waits! Though it has been just three years since the quiz made its debut but with every passing year it is becoming better.

This year's business quiz went off very well on 19 May, '07. The best part was that it gave a chance to all students (U-V and above) to give screening test and depending on their scores the students were short listed by the Commerce Department to represent their respective Houses. The students displayed an active and positive attitude for the preliminaries.

All the houses worked very hard for the quiz day and each and everyone of them had team-spirit and the spirit of winning. Mr. Gaurav Sood helped all the teams and prepared them for the quiz by giving general guidelines and information.

On the day of the quiz all the participants were nervous and did last minute preparations. The quiz master was Mr. Chitranjan as he is well known to all Sanawarians. As a quiz master he made the quiz entertaining and all the participants felt at ease.

The quiz had 4 rounds and one rapid fire round. Before the rapid fire round the teams had to choose numbers and finish the grid. Since the beginning of the quiz Vindhya had been performing well but Nilagiri and Siwalik were also giving tough competition. Himalaya didn't have a good start but in the later half of the game they started catching up with the other teams. Siwalikans lost the track of the game in the middle which gave a chance to Nilgarians and Vindhayans to go ahead by lots of points and by the end of the grid round Vindhayans were leading followed by Nilgarian, Siwalikans and Himalayans. In the rapid fire round all teams performed well but the Vindhyan emerged far too good to be beaten. In the end the House positions were as follows : 1st Vindhya House, 2nd Nilagiri House 3rd Siwalik and 4th Himalaya House. The quiz was well organized and was a success. For this the entire Commerce Department needs to be thanked as this quiz helped the students to enhance their general knowledge and inculcate team-spirit. But most important of all they gained self-confidence. In the end I would specially like to thank all the participants and the Commerce Faculty for putting up a well organised and entertaining business quiz.

### **Biology Trip**

*Yashika Pehal U-VI*

On 19th of May we, the Biology students went for a biology educational trip to Chandigarh. We started our intensive research on cactii in cactus garden located in Panchkula. Then we moved on to Sec-10 where the evolution theories of great scientists resided in a science museum, there we saw a documentary on dinosaurs and evolution. It was quite interesting to see how we evolved into human from apes. As the sun came overhead, it became extremely hot and humid but the spirit of 'Never Give In' took us to Rose Garden in Sec-16. The atmosphere was full of sweet fragrance of roses and the fountains gave us some respite from the scorching heat.

As Sanawarians we couldn't have missed our visit to "Fun Republic", so very enthusiastically we headed towards it, had our meals and relaxed ourselves in the cool atmosphere of air conditioners.

Time just flew by and it was time to return back to school. This, one day-out was real fun and truly a 'Great Experience' in itself!

### **!! Adios Amigos !!**

*Vaishnavi Singh L-V*

#### **Personal comments about the exchange students of the year 2007-08**

Thiago Superiti, Emilly Dias, Abrao R. Maeda and Lorena, the exchange students from Brazil were adjusting, friendly and polite. All of them became very good friends with everyone as they were readily available and left sad hearts behind them. Lorena and Abrao were Nilagirians, Thiago was a Himalayan and Emilly a Vindhyan. They taught all of us many things about their culture, cheering up the teams and most importantly how to get friendly with people in a short span. All of them have left their indelible mark on minds of people. Every Sanawarian, who was friendly with them, would surely agree with what I said above. My own feelings about them, are no different. Thiago, Abrao & Emilly, I am going to miss them, or, actually I am already missing them. Lorena, stays out of my list, as I never got the opportunity to talk to her. I wish the stay of these Brazilian amigos of mine was prolonged. But their sojourn left me sad, heartbroken and stressed. They were good friends after all. When they left, a thought hit my mind, "we just became friends and they left" though, I will keep in touch with them no doubt, "but will I be able to meet them in person again?" There are 2 answers to this question. Maybe. Or, may be not. I have found good friends in them, and the best part is that all three of them are best friends! I am certain, I have some great friends in Brazil. Good things, go soon. So did my Brazilian pals. But thank to technology, because of which, we have world wide web and cellphones, to stay in touch, even with friends who are far away. Distance is not an obstacle in friendship anymore. My view about each of them are stated as hereunder :—

- 1) **THIAGO SUPERTI**—An understanding, faithful, cute, friendly, sentimental and a humourous guy. A guy who is fun to be with. We became good friends in a short period of time. A great soccer fan and player who deserved to stay in memories and missed. Thiago 'SUPER'ti! Super, indeed!
- 2) **EMILLY DIAS**—A little shy, a little timid but overall, it's her aptitude to be friendly. A good friend for sure, who has the right to be loved and remembered. I got much time to spend with her than with Thiago. Both lucky and unlucky, lucky because I spent much time with her, unlucky because I couldn't spend much time with THE 'SUPER'ti! She is amazing at football and plays basketball well too!
- 3) **ABRAAO R. MAEDA**—Chilled out, friendly, hilarious, humorous, interesting, sweet and perfectly good at creating cheers for the SANAWAR team. Thanks, Abrao! I still remember, 'Go Sanawar, Go, Go Sanawar, Go, I said, Go, Go, Go, Go, Go!' Hats off to this ROCK STAR!

P.S.—His name in English is Abraham.

People like them are rare and cannot be found easily. I feel lucky to be their friends and to write about them too. Everyone who has them as their friends know how lucky they are! I am celebrated to know them and will miss them a lot!

Paz, Tihau! (Peace and Bye).

### **" Die To Live "**

*Sukwinder Kaur U-VI*

"Die to Live and Live Forever". We are told by our master. Daily they rehearse for that inevitable final departure. But now, with their master always with them, they travel those regions of light and sound through the celestial spheres of creation within, back to the level of father, back to their divine source. The world is not our true home, it is merely a field where we come to work out our Karmic obligations. Everything we see here is transitory and impermanent. Nothing of this world has ever followed anyone beyond death, even though one's entire life many have been wasted in this pursuit. The Lord is permanent and eternal. He is birthless and deathless. Those who remember him, continuously think of him, will also become immortal. The practise is so simple that a child of 5 years and a man of 100 years can do it without any difficulty. Through meditation, and with the grace of master, the purpose of human birth is fulfilled and the soul is liberated, for eternity is taken back to him, for whom it has been yearning since it's separation. My friends, don't you think this is a golden age when we are on the path, when we are meditating, we are doing our best to go back to our father and lose our own identity.

"WE DIE TO LIVE" to enjoy the eternal bliss and peace of our true home and LIVE FOREVER.

### **English Essay Writing Competition**

**(P.D.)**

*Swati U-III*

**Topic :** If I were the Headmaster of Sanawar

What! Me! Headmaster of Sanawar! Don't tell me. Well! What would I do if I become the Headmaster of Sanawar? I would be first of all feeling so proud to become the Headmaster of such good and famous school, won't you? Of course! you will be feeling so proud and you might even burst with happiness. If you don't, I will surely be extremely happy and I will be feeling so good to get the honour of becoming the Headmaster of Sanawar. I would be relaxing in his luxury house and I will cancel all the extra classes and I will announce that once again the children will be getting cakes in Tuck Shop and the children would be getting pizzas for tea share and many other things which I surely can't put on this small piece of paper, but then do you think I will be a good Headmaster in whose hands, Sanawar will flourish well? No! I won't be. It's not just that you as the Headmaster are

doing the things which the children enjoy and you want to make up a good image in front of all the children. No, that's not all. You've got to take so many important decisions by which you think the school can reach the highest rank in the whole world. How do you think for the past 150 years Sanawar has been the best school? Of course! The main role is of the Headmaster, of how he is controlling the children and staff and how he is managing the school, all depends on the Headmaster. So, if I got the opportunity and the honour of becoming the Headmaster of Lawrence School, Sanawar, I will put in my best efforts to make Sanawar reach the highest rank of schools in the world.

### **P.D. Show 2007**

*Tanvi Manglick U-VI*

One of the most eagerly awaited events of our school is the P.D. Show On 28th May, 2007, the preparations began much before the day itself.

The show started with a big round of applause by the students and parents agog with excitement. The first presentation was the orchestra, in which the tiny-tots beautifully played the instruments. The Saraswati Vandana and Marathi dance were beautifully choreographed. Armaan Natt and Uday Virmani received appreciation for singing the foot-tapping "SMACK THAT". The Hindi song "Dorie" and English song "Top of the world" were spellbinding. The English Play "From a Child's Point of View" and the English skit "Save the Earth" were very inspiring. The Hindu Skit "Ads in Sanawar" and the mime "Charlie Chaplin, the Champion" filled the ambience with humour. The western dance and the music played on the clavivova were overwhelming.

The P.D. show as a whole was appreciated, enjoyed and also made everyone's evening pleasant and memorable.

### **Public Speaking : How the World Perceives Gandhi Today ?**

*Karan Hora U-VI*

I am here to speak to all of you about the world today and how they interpret the teachings of Mahatma Gandhi. Let's say that Gandhi was a simple, sober and an honourable man. His first and foremost teaching was "DON'T SEE BAD, DON'T HEAR BAD, DON'T SAY BAD". So I follow the teachings and I don't see Mallika Sherwat, I don't listen to rap music and I also don't speak any dialogues from the movie 'Omkaara'. All this because Gandhi was an honourable man.

But Mallika Sherawat, as explained by Shekhar Suman, is perhaps the most religious woman in Indian cinema. She has followed the teachings of the Bhagwat Gita which say that the clothes on the body are nothing, it is the inner soul that makes a person. And I think she's right. So, is Gandhi wrong?



In Navjot Sidhu's golden words—Mallika Sherwat is like a cherry on top of a cake, which being of the smallest size grabs the most attention. But Gandhi was an honourable man. Secondly, Gandhi also said that—if someone slaps you on the one side of your face, offer the other side as well. I always do that. But nobody helps us telling what is to be done next. And then, there comes Murali Prasad Sharma, sorry, Sanjay Dutt who told us, that after he slaps you on the other cheek, you should turn around and give him the hammering of his life. I always do that. So, Is Gandhi wrong? No, Gandhi was an honourable man.

You might feel that the message isn't clear. The point of my speech is that where everyone curses Gandhi, and shows disrespect towards him, I say, they all will be the first ones to stand up against anyone who speaks against Gandhi. So, are the people wrong? No. I hope you don't stand against me, for I say, "Gandhi—is an honourable man".

### Poem

#### A Trip to Kurushetra

*Yashodhan Thakur U-III*

We went to Kurushetra,  
It was very nice,  
But the food was really spice.  
We had to wake up at 5-00 a.m. in the morning,  
And every one was fully yawning.  
It was little bit trying,  
But the heat outside was frying.  
Everyone was amazed,  
When they saw a monkey was chased.  
We had a lot of fun,  
But when we came we had to run.  
There was a big market,  
But Museum was my target.  
I wish we go to a cold place for a trip,  
I'll wear warm clothes and put on the zip.

#### A Friend is Someone.....

*Ranjeet Singh L-VI*

A friend is someone I can trust,  
To whom I can tell,  
Everything first.  
Someone who's read, what I've read.  
Someone who's understood,  
What I've just said.  
Someone who finds those things humorous.  
Which I do too ; but which others,  
Might find a little baseless.

Someone a little different from me.  
But someone who still,  
Doesn't mind to be.

Someone who's there when I'm in need.  
Someone who tries to be there,  
And someone who'd heed.

To what I say or do.  
But who would agree or disagree with them,  
If he felt like to.

A friend is someone who's all these things.  
But most importantly, is someone who,  
To my life, happiness brings.

### My Experiences of PD Show

*Ashma Arora U-III*

This was the first time I participated in P D. Show as a Classical Dancer. I just came a week or two before the show in SANAWAR. It was a really amazing part of my life. I saw all my friends well-dressed and all participated in different items. We had funny, as well as educational items in our show. Everyone enjoyed and had fun. The parents and teachers were satisfied and were proud of all the young enthusiasts who brought success to the PD Show by working hard with teachers. All the performances were well coordinated. We had beautiful dresses and props which were prepared by our teachers. P.D. Show was fun and cool! Young scholars of PD were successful once again. We are all very thankful to our teachers who gave us a chance to fulfill our dreams and receive appreciation from all. The fun did not just end here. We also got time to meet our parents and talk to them. I guess all were good and tried to put in their best. This was the secret of our success. Young children were really happy to be praised by all. Not only this we also made flowers to decorate the Barne Hall. Last but not the least 3 CHEEEERRSSS for PD!

### Inter House English Declamation (Seniors)

*Rashnoor Dhillon U-VI*

The Inter House English Declamation Competition was held on 2nd June 2007 at Barne Hall.

The results were as follow :

#### Individual Positions :

- 1st Vidushi Sood (SGD)
- 2nd (Shared by) Rishi Srivastava (VBD)  
Jeena Kaur Tiwana (HGD)

#### House Positions :

- 1st Siwalik House
- 2nd Himalaya House
- 3rd Vindhya House
- 4th Nilagiri House

### CORRIGENDUM

The readers are hereby informed that the percentage of Mahnoor Kaur Saroay (L-IV) in the 1st Assessment has been erroneously printed as 96% in the May issue of the 'Newsletter'. Whereas her correct percentage is 96.8% and she stands at the 1st position as having topped the class. We sincerely regret the inconvenience caused due to the calculation error.

### Section III : From the Staff

#### Board Results 2007

*Dr. V. K. Sharma (DoF)*

The students of Sanawar performed exceedingly well in class Xth and XII Board Examinations. The overall average percentage of class X was 77.4% and of class XII was 73%.

Further details are as under :

|                            |                          |
|----------------------------|--------------------------|
| Class X : Total appeared   | : 85                     |
| Failed                     | : Nil                    |
| 1st Divisions              | : 83                     |
| Highest Percentage         | : 96% (Vibhor Relhan)    |
| Class XII : Total appeared | : 73                     |
| Failed                     | : Nil                    |
| 1st Divisions              | : 66                     |
| Highest percentage         | : 94% (Vasundhra Thakur) |

The credit for begetting good results goes to the team-work exhibited by the dedicated members of staff under the inspiring leadership of the Headmaster Mr. Praveen Vasisht.

### French in Sanawar

*Abhimanyu Sen (French Language Teacher)*

In February 2007, Sanawar witnessed the birth of French. I, as a French Language Teacher, have the privilege of introducing the rudiments of this Language to all the keen and avid learners who initially experienced immense difficulties and subsequently started getting habituated to the functioning of a language which was till very recently, completely alien to them. It gives me great pleasure to see these young minds trying to grapple with various problems but invariably with a positive approach. Learning of a new language requires time, devotion and practice which the young Sanawarians are aware of and are undoubtedly marching towards their goal. I wish all my Students "Bonne Chance"! Last but not the least, these young students and the entourage have truly made me proud to be a Sanawarian!

### Togetherness

*Mrs. Kamal Preet Dhillon (Matron)*

I dreamt, I stood in a studio  
and watched the sculptors there,  
The clay they used was a young child mind  
and they fashioned it with care.

One was a teacher, the tools she used  
Were book, music and art,  
The other—a Parent worked with guidance  
and gentle loving heart.

Day after Day, they toiled with touch  
that was careful, deft and sure.

While the PARENT laboured by his side  
and Polished and smoothed it over.

And when at last their work was done,  
They were proud what, out they had brought.

For thing they had moulded into a CHILD  
could neither be sold or bought.

And each agreed they would have failed  
if each had worked alone.

For—behind the 'Parent'  
stood the 'School'

and behind the 'Teacher'  
the 'Home'.....!!

### Section IV : FROM THE FACULTY OF SPORTS

#### Sanawar Retains Swimming Title

*Bhoomika Saigal U—V*

The Second Himachal Pradesh State Swimming Championship was extremely successful as it brought great pride and honour to our school for hosting it once again. DEFENDING CHAMPIONS, The Lawrence School, Sanawar bagged the over-all trophy with 250 points. The swimming meet was held on 5th and 6th of may under the aegis of HP State Swimming Association. The chief guest for the opening ceremony was Dr. (Mrs) Bandita Sangha who declared the championship open. Students of Sanawar and Pinegrove, also the children from Una and Hamirpur districts performed exceedingly well for two consecutive days.

The Results for the champions trophy are as follows :

- Under 17 : (Boys) Shyam—Una District.  
(Girls) Bhoomika Saigal—The Lawrence School, Sanawar.
- Under 14 : (Boys) Vikram—Hamirpur District  
(Girls) Bhawana Seni and Surbhi Sen—  
The Lawrence School, Sanawar.
- Under 12 : (Boys) Deepak—Una District.  
(Girls) Natasha and Zara—The Lawrence School, Sanawar.

The chief guest for the closing ceremony was Col. MS Rampal who appreciated the profound efforts put in by the skilled participants. The overall positions were as follows :

|                                  |          |
|----------------------------------|----------|
| 1st The Lawrence School, Sanawar | 256 pts. |
| IIInd Solan District             | 87 pts.  |
| IIIrd Una District               | 84 pts.  |

### Honoraria—2007

#### Jetsun Pema U—VI

The 6th Honoraria Lawrence Basketball Tournament for girls was held from the 13th to 15th of May 2007 in the Lawrence School, Sanawar. After a gap of more than 5 years, it was an event that was enthusiastically looked forward to by all.

Honoraria Lawrence was the wife of the Founder of Sanawar, Sir Henry Lawrence. She was born on 25th December 1808 and died in 1854 at a very young age of 46. The tournament is played in her memory and although it was discontinued for a brief period, we are all glad that it has been revived on a pleasant note.

The five teams that took part in the tournament consisted of :

- Yadavindra Public School (YPS), Mohali.
- Meerut Public Girls School (MPGS), Meerut.
- New Public School (NPS), Chandigarh.
- Welham Girls School, Dehradun.
- The Lawrence School, Sanawar.

The opening ceremony on the 13th of May was graced by the presence of our Headmaster Mr. Praveen Vasisht as the chief guest. After declaring the tournament open, the opening match was played between MPGS and Sanawar. In the end, MPGS emerged as the overall winners. Though everyone underestimated MPGS as an insipid team with only 5 players and no replacements to make during their matches. Throughout the tournament, one witnessed strong will and determination in the players and teams. Each match kept the spectators agog with anxiousness and excitement.

The closing match was played between Sanawar and the Welham Girls School. It was a close match, well played by both teams but eventually the Sanawar team emerged victorious. The chief guest for the occasion was the honourable SSP of Solan, Mr. Daljeet Thakur who said, "Sanawar provides holistic education to students which is very crucial in the outside world."

The team positions were as follows :—

- 1st Position—MPGS with 4 wins.
- 2nd Position—YPS with 3 wins.
- 3rd Position—NPS with 2 wins.
- 4th Position—Sanawar with 1 win.
- 5th Position—Welham Girls School.

We look forward to Sanawar winning it in future.

### Individual Boxing Championship 2007

#### RESULTS

Arjun Chugh L—V

| Category          | Gold                   | Silver               |
|-------------------|------------------------|----------------------|
| Gossamer wt.      | Parth Jain (PD)        | Jayash Talwar (PD)   |
| Gnat wt.          | Arjun Chugh (NBD)      | Tushar Kukreja (VBD) |
| Fly wt.           | Aman Jamwal (NBD)      | Gurleen Bhatia (SBD) |
| Light wt.         | Akshat Deshta (HBD)    | Parth Goel (VBD)     |
| Welter wt.        | Abir Sharma (NBD)      | Rigzin Mutup (SBD)   |
| Middle wt.        | Sachin Thakur (SBD)    | Gaurav Balyani (NBD) |
| Light Heavy wt.   | Karan Hora (NBD)       | Tushar Kapoor (SBD)  |
| Feather wt.       | Dhruv Chakamadam (SBD) | Karan Jindal (SBD)   |
| Super Heavy wt.   | Apoorv Bisht (BD)      | Abhinav Rana (HBD)   |
| Mosquito wt.      | Nirabhra Singh (VBD)   | Harshit Poddar (VBD) |
| Paper wt.         | Vinay Sharma (VBD)     | Shikhar Kalyan (VBD) |
| Bantam wt.        | Dhanur Sharma (SBD)    | Anant Shah (VBD)     |
| Midgit wt.        | Jogreet Singh (VBD)    | Kumar Shivam (SBD)   |
| Best Boxer        | : Akshat Deshta (HBD)  |                      |
| Best Loser        | : Ishank Verma (VBD)   |                      |
| Batish Cup Winner | : Apoorv Bisht (HBD)   |                      |

### Inter House Basketball — 2007

#### RESULTS (G. D.)

Rhea Cheema U—VI

|       |                            |
|-------|----------------------------|
| IVth  | : Siwalik House            |
| IIInd | : Vindhya & Nalagiri House |
| Ist   | : Himalaya House           |

#### Results (PD)—Girls

|       |                  |
|-------|------------------|
| IVth  | : Siwalik House  |
| IIIrd | : Vindhya House  |
| IIInd | : Himalaya House |
| Ist   | : Nilagiri House |

### Inter House Soccer — 2007

#### Results (B D)

Karan Hora U—VI

|       |                  |
|-------|------------------|
| IVth  | : Nilagiri House |
| IIIrd | : Siwalik House  |
| IIInd | : Himalaya House |
| Ist   | : Vindhya House  |

**Best Player**

- ( i ) First XI : Karan Hora (NBD)
- ( ii ) Colts : Dhanur Sharma (SBD)
- ( iii ) Atoms : Karan Huidrom (VBD)

**Results ( P. D. Boys )**

- IVth : Siwalik House
- IIIrd : Vindhya House
- IInd : Himalaya House
- Ist : Nilagiri House
- Best Player : Eklavya Bakshi (NPD)

**Inter House Shooting Competition—2007****Results***Jasneet Kaur U—V***Individual Positions (B D)**

- IIIrd : Sagar Karia (VBD)
- IInd : Gursher Romana (HBD)
- Ist : Rishabh Chopra (VBD)

**House Positions (BD)**

- IVth : Nilagiri House
- IIIrd : Siwalik House
- IInd : Vindhya House
- Ist : Himalaya House

**Individual Positions (GD)**

- IIIrd : Simar Rana (SGD)
- IInd : Sahiba Sachdeva (VGD)
- Ist : Jasneet Kaur (NGD)

**House Positions (GD)**

- IVth : Himalaya House
- IIIrd : Siwalik House
- IInd : Nilagiri House
- Ist : Vindhya House

**Section V : O.S. News****FLASH**

Maj Gen Rajinder Singh (O.S., 1958-68, NBD) has taken over the command of the KILO-Force, which deals in the counter insurgency operations and is currently looking after the complete northern portion of the Kashmir Valley.

**Eureka !! Eureka !!**

A five members team of Duke University graduate students with two Indians on board has developed a device to facilitate cervical cancer prevention in the developing world. The device called—"Cerviscope" is a portable electric microscope that gives an illuminated and enlarged view

of the cervix. But what makes it more unique is the fact that it costs 95% less than the comparable technology in US Hospitals.

This team included Gauravjit Singh (O.S., 1996-2000, NBD), Masters in Engineering Management and Entrepreneurship, Duke University, North Carolina, USA.

Cervical cancer is the leading cause of cancer-related deaths among women in the developing world. The team's ambition to save the lives of these women by helping them get access to cervical cancer screenings has enabled them to win the \$100000, CUREs Competition sponsored by Engineering World Health, an organisation that aims to bring medical technology to the developing world.

Also nicknamed as "Rocket Surd" in School, Gauravjit Singh exuded exuberance and zest for music and adventure. He provided leadership and counselling to over 80 students. He won the Rock Climbing Award from the "Government of India" besides leading numerous trekking expeditions. He was also conferred the Best Pianist Award for three consecutive years.

Well Done Gauravjit ! Keep it up !!

**Obituary**

The school fraternity bemoans the sudden and untimely demise of Sartaj Dhillon (OS, 1996-2000, NBD) in a car accident on 16th May, 2007. We pray to the Almighty to grant eternal peace to the departed soul and strength and fortitude to the bereaved family to bear this irreparable loss. May his good soul rest in peace.

**Letters To The Headmaster****Vivek High School**

Sector 38-B, Chandigarh-160 036

Dear Mr. Vasisht,

My heartfelt congratulations on the successful conclusion of the Sub-Junior Round Square Conference, hosted by your school from April, 26, 2007 to April 28, 2007 and request you to please convey the same to your hardworking and committed team.

Our young delegates have been bubbling with new ideas and have returned enthused about playing an active role in spreading the message, so well highlighted at the conference. They promise to work towards making others aware of the concerns that plague our environment and the planet.

I am grateful for the warmth and generous hospitality extended to our young delegates by the Sanawarians.

Wishing you success and assuring you our support, always.

Yours sincerely,

(Mrs. Daman Dugal)  
Principal

The Millennium School,  
Al Quisais, Dubai, UAE

Dear Sir,

By the grace of God The Millennium School Team reached Dubai on time. We want to place on record our sincere appreciation for your love, care, hospitality and the splendid way in which the Sub-Junior Round Square Conference was organized.

Thank you once again for hosting us and making this event meaningful and memorable.

Would love to stay in touch with you,

Kindly convey our greetings to the staff & students as well.

Sincerely,

Geeve Mathew.

हिन्दी खण्ड

परिणाम

हिन्दी निबन्ध लेखन प्रतियोगिता

तिथि-11 अप्रैल, 2007 कक्षा पाँचवीं-ए

| स्थान   | नाम              |
|---------|------------------|
| तृतीय   | मेहर आहुजा       |
| द्वितीय | अफरीन संधु       |
| प्रथम   | तुषार कुण्डु     |
|         | कक्षा पाँचवीं-बी |
| तृतीय   | प्रियंका शर्मा   |
| द्वितीय | विरेन मोहन       |
| प्रथम   | अनमोल कौर        |
|         | कक्षा पाँचवीं-सी |
| तृतीय   | माव सिंगला       |
| द्वितीय | सिमरन गोषवानी    |
| प्रथम   | राधिका किन्हा    |

कक्षा छठी-ए

|         |             |
|---------|-------------|
| तृतीय   | आदित्य राणा |
| द्वितीय | तनुश्री     |
| प्रथम   | उजाली वर्मा |

कक्षा छठी-बी

|         |             |
|---------|-------------|
| तृतीय   | यशोधन ठाकुर |
| द्वितीय | अंजली शर्मा |
| प्रथम   | स्वाति      |

कक्षा छठी-सी

|         |                |
|---------|----------------|
| तृतीय   | आकाश अरोड़ा    |
| द्वितीय | दिवकरण दिल्लीन |
| प्रथम   | रितविक सिंघल   |

तिथि-12 मई, 2007

कक्षा नौवीं

|         |               |
|---------|---------------|
| तृतीय   | शिवम महरोत्रा |
| द्वितीय | हिमानी राणा   |
| प्रथम   | मेधा बंसल     |

कक्षा दसवीं

|         |             |
|---------|-------------|
| तृतीय   | मृगांक शेखर |
| द्वितीय | तरुण गुप्ता |
| प्रथम   | अनंत शाह    |

प्रार्थना सभा में विभिन्न विद्यार्थियों ने निम्न विचार प्रकट किए :-

तिथि 4-5-2007

ध्यान लगाकर जो तुम देखो,  
इस जग की सुघराई को ।  
बात-बात में पाओगे तुम,  
ईश्वर की चतुराई को ।

ये सब भाँति-भाँति के पक्षी,  
ये सब रंग-बिरंगे फूल ।  
यह वन की लहलहाती लता,  
वह नव कलि शोभा की मूल ।

हैं नदियाँ, ये झील सरोवर,  
कमलों पर भौरों की गुंज ।  
बड़े सुरेले बोलों से यह,  
गूँज रही बेलों की कुंज ।

ये पर्वत की रम्य शिखाएँ,  
शोभा-सहित चढ़ाव-उतार ।  
निर्मल जल के झरने झरते,  
सीमा-रहित महाविस्तार ।

हर प्रकार की ऋतु का आना,  
नित नवीन शोभा के संग ।  
पाकर समय वनस्पति फलना,  
रूप बदलना रंग-बिरंग ।

सूर्य-चंद्र की शोभा अद्भुत,  
बारी से आना दिन रात ।  
त्यो अनंत तारा-मंडल से,  
सज जाना रजनी का गात ।

यह समुद्र का पृथ्वी तल पर,  
छाया जो जलमय विस्तार ।  
उसमें से मेघों के मंडल,  
हों उत्पन्न अनंत अपार ।

गर्जन-तर्जन घन मंडल का,  
वर्षा-बिजली का संचार ।  
सबमें दीखे परमेश्वर की,  
लीला अद्भुत अपरम्भार ।

उजाली वर्मा  
कक्षा छटी

### अभ्यास का महत्त्व

इस संसार में हमारे सामने बहुत सी चुनौतियाँ आती हैं। हममें से कुछ तो उनकी कल्पना करके ही हार मानकर बैठ जाते हैं। कुछ कहते हैं, अभी क्यों परेशान हो रहे हो, समस्या आने तो दो, फिर हल कर लेंगे और जब समस्या आ जाती है, तो पराजय के डर से ऐसे लोग अपनी जिम्मेदारी दूसरों के कंधों पर डालकर दूर हट जाते हैं। हमें न तो पहले वातों की तरह समस्या की चिन्ता करके दुखी होना चाहिए और न ही दूसरों को चक्कर में डालकर अपनी बचत करनी चाहिए। परंतु आने वाली किसी समस्या से निपटने के लिए योजनाबद्ध तरीके से प्रयास करना चाहिए। यदि हम समस्याओं से निपटने के लिए लगातार ईमानदारी से प्रयास करते रहें तो एक न एक दिन हम ज़रूर समस्याओं पर विजय प्राप्त कर लेंगे। इसी अवसर के लिए किसी ने बड़े ही अच्छे शब्दों में यह बात कही है :—

करत-करत अभ्यास के,  
जड़मति होत सुजान ।  
रसरी आवत जात ते,  
सिल पर परत निसान ।

अर्थात् लगातार अभ्यास करते रहने से मूर्ख भी ज्ञानी हो जाता है। जैसे पत्थर पर रस्सी को बार-बार रगड़ा जाए तो कमजोर रस्सी भी पत्थर पर आखिरकार निशान बना ही लेती है।

अतः हम सभी को निरन्तर अभ्यास करना चाहिए ।

सागा वडेरा  
कक्षा छटी

### अच्छी वाणी

बात करना एक कला है। इस कला के माध्यम से हम अपने व्यक्तित्व का शृंगार कर सकते हैं। शास्त्रों में वाणी को एक मात्र शृंगार कहा जाता है। कहते हैं—सारे शृंगार क्षणिक हैं। वे थोड़ी देर बाद या तो नष्ट हो जाते हैं या फीके पड़ जाते हैं। परन्तु मीठी वाणी का असर बड़ा अच्छा होता है। इसी तरह वाणी का चाबुक भी बड़ा कठोर होता है। एक बार कड़वी वाणी बोलकर किसी का दिल दुखा दिया, तो फिर उस पर लाख मरहम लगाओ मगर उस क्षण की याद आते ही बरसों बाद भी, वइ दुख ताजा हो जाता है। अतः हमें सदा सोच समझकर बोलना चाहिए। कुछ बोलने से पहले उस पर विचार कर लें फिर बोलें। यही वाणी का सच्चा आवर्श है।

कहा भी गया है :—

वाणी एक अमोल है,  
जो कोई जाने बोल ।  
हिए तराजू तोल के,  
तब मुख बाहर आनि ।

अभिषेक जैन  
कक्षा आठवीं

### सच्ची मित्रता

हमें सदा अच्छे लोगों के साथ रहने की कोशिश करनी चाहिए तथा इन अच्छे लोगों से ही मित्रता करनी चाहिए। यदि हमें जीवन में एक भी सच्चा मित्र मिल गया, तो हमारे सारे संकट दूर हो सकते हैं। भगवान राम ने सुग्रीव से मित्रता करके हनुमान से सहायता प्राप्त करके लंकापति रावण पर विजय पाई। किसी अच्छे विद्वान ने कहा है कि विश्वास पात्र मित्र एक खजाना होता है। इस खजाने के लिए विश्वास का होना आवश्यक है। जिसने विश्वास रूपी खजाना प्राप्त कर लिया, समझ लीजिए उसकी जिंदगी सफल हो गई। हमें अपने मित्र के सुख-दुख में समान रूप से भागीदार होना चाहिए।

जो मित्र के दुख में दुखी नहीं होते, उन्हें देखने से भी पाप लगता है अतः मित्रता जैसे पवित्र और महान रिश्ते को कभी भी कलंकित नहीं करना चाहिए। इसलिए तुलसीदास ने कहा है कि :—

“जे न मित्र दुख होहि दुखारी।  
तिन्हि बिलोकत पातक भारी।”

रिधिमा चौधरी  
कक्षा आठवीं

### मेरी सराहन यात्रा

मुझे पर्वतीय यात्राएँ बहुत पसन्द हैं। जो खूबसूरती पहाड़ों में है, वह कहीं और मौजूद नहीं। पर्वतों में छोटी-छोटी सुन्दर नदियाँ, झीलें, छोटे-छोटे घर, पहाड़ों का अद्भुत नजारा आदि बहुत खुशी देते हैं। पहाड़ों की खुली हवा, जो सांस ताजा कर देती है, आनन्द देती है।

कुछ ही दिनों पहले, मैंने भी एक यादगार यात्रा की थी। मैं सराहन गई थी। सनावर से सराहन करीब आठ घंटों का रास्ता है। पतली सड़कों पर बस में बैठकर घूमना बहुत अच्छा था। हर बार जब मेरी बस मोड़ लेती, तो मैं अपनी बाजू वाली सीट पर गिर जाती, मगर इसमें भी कुछ मजा ही था, एक अलग सा मजा, जो सीधी शहरों की सड़कों पर नहीं आता है। हम रास्ते में खाना खाते के लिए नारकण्डा रुके थे। यह जगह भी मुझे बहुत प्यारी लगी। थोड़ी देर बाद हम फिर चल दिए। अपने रुकने के स्थान तक पहुँचते-पहुँचते हम काफी थक चुके थे। मगर सामने का नजारा इतना अधिक सुन्दर था कि इतनी अधिक थकावट के बावजूद भी करीब दस मिनट तक तो मैं और मेरी सहेलियाँ उसे देखते ही रहे। वहाँ बर्फ से भरे पहाड़ थे, जो शाम को इतने चमक रहे थे कि मेरी उन पर से नज़रें उठाना कठिन हो गया था। जहाँ मैं ठहरी थी उस पहाड़ पर वहाँ मुझे बर्फ नहीं दिखाई दी, मगर सामने के आश्चर्यचकित नजारों के दर्शन करने के बाद मुझे अपने पहाड़ पर खड़े-खड़े भी ठंड का अनुभव होने लगा। अब रात्रि हो रही थी, ठंड भी थोड़ी बढ़ ही गई। हमने आग जलाई और सब उसको घेर कर बैठ गए। ऊपर अनंत का नजारा भी मुझे चकित कर रहा था। थोड़ी देर हाथ सेकने के बाद मैं सोने के लिए चली गई। अगले दिन उठी तो वही बर्फों से पहाड़ मुझे सुबह के समय और भी सुन्दर लग रहे थे। वे एकदम मोती जैसे सफेद और सुन्दर थे। हम सतलुज नदी के किनारे घूमने गए। सतलुज की सुन्दरता के कारण हम अपने आप को घूप में रोक नहीं पाए और सब गोले हो गए। पानी से खेलते-खेलते वक्त का भी पता नहीं लगा कि वह कैसे छमंतर हो गया। अब हम शाम

को छोटे से बाजार में घूमने गए और फिर नहाकर और खान-पान करके सो गए। अगले दिन हमने चार घंटों में एक पहाड़ पर चढ़ाई की। अब मुझे खुशी हो रही थी क्योंकि इतने कठिन परिश्रम और चढ़ाई के अंत में हमें बर्फ छूने को मिल ही गई, बेशक वो कम थी। अब शाम को हम नाथपा-झाकड़ी पावर प्रोजेक्ट देखने गए जिसके बाद हम रामपुर में सूर्य नारायण मंदिर, भीमा काली मंदिर और जाख मंदिर गए। हम हिमाचल के मुख्यमंत्री के पुराने घर —‘पदम पैलेस’ में भी गए। इन सब चीजों ने मुझे चकित कर दिया। इनकी सुन्दरता अद्भुत थी।

अंत में मैं यह कहना चाहूँगी कि मैं अपनी पहाड़ी यात्रा से बहुत प्रसन्न हूँ और भविष्य में कहीं और पहाड़ों पर जाना चाहूँगी।

स्वर्ग जैसे पहाड़ों पर, अद्भुत सुन्दर पहाड़ों पर, मुझे प्रसन्नता देने वाले पहाड़ों पर मैं फिर जाना चाहूँगी।

मेधा बंसल  
नौवीं डी

### मेरी पर्वतीय यात्रा

पिछले ही माह में अपनी कक्षा के छात्रों के साथ मनाली घूमने गया था। मेरी यात्रा लगभग तेरह घण्टे की थी। पहले दिन के आराम के बाद हम हिडिम्बा देवी के मन्दिर गए। वहाँ की वादियाँ इतनी सुन्दर थी कि वे मेरे मन को भा गई। वहाँ पर मुझे कई ऐतिहासिक चीजें देखने का मौका मिला। हिडिम्बा देवी माँसाहारी थी। वहाँ से आने के बाद अगले दिन हम मनाली की ठंडी-बर्फाली वादियों में घूमने के लिए निकल पड़े। वहाँ की बर्फ इतनी सुन्दर तथा चमकीली थी कि मैं उसे देखकर आश्चर्यचकित रह गया। वहाँ की सड़कें भी बहुत अच्छी और साफ-सुथरी थीं। अगला दिन हमने बर्फ के पास एक घर में रहकर बिताया। हम अंजनी महादेव के मन्दिर भी गए। वहाँ हमें नंगे पैर बर्फ में ऊपर चढ़कर शिवालय के दर्शन करने थे। वाह! ऐसा मजा और कहाँ आ सकता था। वहाँ पर हमने दो घण्टे बिताये। फिर हम नीचे उतर आए। अब हमारे पास सिर्फ एक ही दिन रह गया था इसलिए हमने मनाली के बाजार में घूमने का प्रोग्राम बनाया। मनाली का बाजार काफी बड़ा था। यहाँ पर लगभग सब सामान मिलता है। बाजार घूमने के बाद हम वापिस इंस्टिट्यूट आ गए। अगले दिन सुबह बहुत जल्दी ही हम वहाँ से चल पड़े। मेरी यह यात्रा बहुत ही मनोरंजक रही। मनाली मेरा प्रिय स्थान बन गया है। मैं भविष्य में भी मनाली जाना चाहूँगा।

अर्जुन चुघ  
नौवीं सी

## The Editorial Board

Wishes everyone

a very happy and pleasant

Summer Vacation.



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Editor in Chief : Mrs. Ashima Bath.

Editors : Mr. Deepak Bahuguna (English)  
Mr. Narender Sharma (Hindi)

Editorial Board : Apoorv Bisht, Surya Dev Agarwal, Yashika Pehal, Karishma Pathania, Kriti Chauhan, Abhimanyu Soin, Khwab Sanghvi, Tanvi Manglick, Seerat Chauhan, Jasneet Chaudhary, Bhoomika Sehgal, Rashmi Mann, Medha Bansal, Sonakshi Singhla, Divya, Saiyam Dhawan, Amla Ramesh, Seerat Singh, Vaishnavi Singh, Harshit Poddar, Rohan Goel, Mehar Rana, Zara Rai, Parmeshwar Bawa.

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Regd. No. L-28/1.

THE  
SANAWAR  
NEWS-LETTER

*If undelivered please return to :*

The Headmaster

The Lawrence School, Sanawar  
(Distt. Solan) H.P. 173202

BOOK-POST



# THE SANAWAR NEWS-LETTER



16

August

2007

## Section I : From the Headmaster

Dear Parent,

I hope this letter finds you all in good health and spirits, and that your child had a good vacation.

I feel very happy to inform you that for the second year in succession, our school Board results of Class X and XII were good. While the Class X average rose by 1.18% to reach 72.94, the Class XII average rose by 2.83% to touch 77.41%. Considering that these classes had 85 and 73 students respectively, it is significant.

This has happened due to Divine grace and our collective efforts. Academics cannot improve without all round discipline, and a better atmosphere in school. For this I need your support in helping us in making your child 'walk the straight path in life,' and therefore let's impart the right values. Please ensure that your child does not come to school with cash, electric gadgets, mobile phones, jewellery etc. Substance abuse, bullying and beating one another is totally forbidden, and it is in your child's interest and correct growth that you restrict your visit to school to the day when it is permitted, unless there is some pressing need for you to meet me regarding your child.

My twin goals remain the same i.e. to further improve academics and discipline in school, towards which end our Board, staff and myself will continue to strive. I have no doubt in my mind that here on we will only grow from strength to strength.

"The woods are lovely dark and deep,  
but I have promises to keep;  
and miles to go, before I sleep,  
and miles to go before I sleep."

Robert Frost

With best wishes,

Praveen Vasisht  
Headmaster

## WELCOME

The Chairman, Board of Governors & the Headmaster extend a warm welcome to staff and students on their return to School for the Founder's Term 2007.

## PROGRAMME

### JULY

|               |  |          |
|---------------|--|----------|
| Sat. 21st ... | Matrons return to school.  | 10-00 am |
|               | Teaching Faculty returns.  | 6-00 pm  |
| Sun. 22nd ... | Academic Staff Workshop—<br>'Learn Today'                        | 9-30 am  |
| Mon. 23rd ... | Workshop by 'Akash<br>Dharamraj' for Academic<br>Staff & Matrons | 10-00 am |
| Tue. 24th ... | Complete Staff Meeting   | 10-00 am |
|               | HoF's Meeting  | 11-00 am |
|               | BD, GD & PD House Staff<br>Meeting                               | 11-00 am |
|               | Individual Faculty Meetings                                      | 12-15 pm |
|               | Vacation Staff Welcome<br>Dinner in M.C.R.                       | 7-45 pm  |

## NEW APPOINTMENT

The under-mentioned have been given Contractual Appointments against vacant posts of Matron in the school, effective from the beginning of the second term of July 2007.

|                         |     |          |
|-------------------------|-----|----------|
| Mrs. Bela Sood          | ... | PD Girls |
| Mrs. Tapinder Kaur Gill | ... | HBD      |

## Address at the Annual Prize Giving Ceremony 2006—07

Barne Hall, 14th June, 2007

I'd like to welcome our Chief Guest, Mr. H.K. Dua at our annual prize distribution ceremony. As Editor in Chief of the Tribune, which is the most widely read newspaper in North India, Mr. Dua needs no introduction. Sir, yours truly has been a very remarkable career so far. Having been the editor of the Hindustan times, editor in chief of the

*Praveen Vasisht  
-4= says - says  
for 1005 copy print*

Indian express, and editorial advisor of the Times of India, prior to your present assignment, you would be the envy of any journalist anywhere in the world. Sir, yours is a very important job because a fair and independent press will always remain as perhaps the most important pillar of a healthy democracy. It is no wonder that you were conferred the Padma Bhusan by President K.R. Narayanan in 1998. It is indeed a matter of great honour for us, that you are here today as chief guest at our annual prize distribution ceremony.

I would like to congratulate all the children who have won prizes and trophies today. Without compromising or diluting from our goal of producing confident and all rounded individuals, we have steadily improved our academic results as well. As I have often said, the all round development of a child is incomplete without a good academic score, and I'm happy to state that we as a school have taken giant leaps in this sphere. Our X and XII Board results this year are an improvement over last years in every way, even though last year too we had improved our results over the previous year. This year, our XII Board result improved by 1.18% to touch an average of 72.94% while our X result improved by 2.83% to touch 77.41%. Considering that both batches were big having 73 and 85 children respectively, this improvement is huge. In all 158 children took these Board exams, and we had no failure. Only one child got a compartment in one subject, and I'm sure he'll clear it soon. While in the XII out of 73 children, 66 got a 1st division; in the X Class, out of the batch of 85 children 83 got a 1st Division. In the 12th Class 28 got distinction, with 3 in the 90's and the highest being 93.8% scored by Vasundhra Thakur, in the X Class, 48 children got distinction, 9 got in 90's, with the highest 95.8% scored by Vibhor Ralhan. Such marks have, never been scored in S'na before, and I'm sure no one can now say that S'na is not a place for academics. I still don't want us to peak out here, for there is no limit to how much more we can achieve. I'd like to repeat what I said, in my Founders speech last year "Abhi to baaj ki udaan baki hai, abhi to parindon ki udaan baki hai, abhi to ek parvat hee par kiya hai, abhi to saara Asmaan baki hai."

On the sports field too we have none well. We once again hosted the HP Swimming Championship and came 1st in it. In Basketball we were runners up in the state Basketball Championship, while in cricket we came third in a group of 11 teams in the Goldstein Memorial Cricket Tournament held at Shimla. Karan Dhanoa was the best player in this tournament. We also revived the Honoria Lawrence Basketball Girls Tournament after a gap of 7 years. In addition to all this, we had another successful year of Camps. Our bigger children both boys & girls scaled the Buraan Pass which is at a height of 15,500 ft, while others went to the Bhrigu lake at a highest of 1400 ft. Some of the other destinations were Hathi Paon, Chitkul Sangla, Shali Peak, Jim Corbet Park and Shivpuri for river rafting to name just a few.

Discipline in the School has been good, and the morale of everyone is high. There is a lot of excitement and hope in the atmosphere and this Titanic has not only turned, but is picking up speed now. For this, I remain grateful to the entire staff, employees, and all you children of S'na, for your collective efforts in taking our school to PEAKS not scaled before. But over and above you all, I'm thankful to God, that formless, omnipotent and omnipresent body, for His grace upon this school and me. Omnipresent, because I see him in you, in me, and everywhere. This term was very challenging for me, both personally and professionally and I couldn't have survived without his benevolence. Other good things are happening too. We have found water on our campus, which is like gold in the hills and that's why after so many years we didn't have to purchase it from elsewhere. We hope to give you more time for your baths, though you all still look clean and smart to me. The monkey menace too seems to have been effectively tackled. Its strange how these big monkeys get so scared of the small langoors, Chunia and Sultan Singh who patrol the campus.

Like I have said many times before, education to be meaningful has to be holistic. It cannot be a question of just numbers & letters, important as they be, true education involves the development of the head, heart and hand and must have for its object, to quote Gandhiji the formation of character. Sans education of the soul and culture of the mind, violence, vulgarity and vice will win the battle between education and barbarity. Einstein was right when he said "The concern for man and his destiny must be the chief interest of all technical effort. Never forget this among your diagrams and equations." It is necessary to understand who we are, where we go and why. "Dhoondta rehta hoon mein apne aap ko, khud he musafir, khud he manzil hoon mein."

Be rooted to the traditions and values of our country, and yet, be global in your outlook. The goal remains a new consciousness, a resurgent India, and a good human being. We are all living in very exciting times. Boys and girls, this world belongs to you, and is waiting for you to discover yourself. Go kiss the world

"Jab se chala hoon neri manjil par nazar hai, in aankhon ne kabhi meel ka pathar nahin dekha".

### Awardees (2006-07)

Chief of the Army Staff's Trophy 2006 ... Raj Ude Chimni, Shagufta K. Bhangu.

Yashpal Choudhary Gold Medal 2006 (For standing First in XII Board Exam.) ... Vasundhra Thakur  
Nellie Lovell (O.S. Gold Medal) (For a class XII girl securing highest marks in Board Exam) ... Vasundhara Thakur.

For a class XII boy securing highest marks in Board Exam. ... Anuj Grover.

Shri Shadi Ram Gold Medal (For a boy standing 1st in class X Board Examination) ... Vibhor Relhan  
Smt. Bhagwati Devi Gold Medal (For a Girl standing 1st in Class X Board Examination) ... Amanat Sidhu.

The Thimmaya Prize for Organisational Ability ... Tara Chatrath.

Carlill Cup for Progress ... Riddhika Khanna  
Chief of the Air Staff's Trophy for academic excellence ... Himalaya.

Chief of Army Staff's Cup for Best Cadet ... Jigme Wangchuk.

Catherine Longman Public Speaking Trophy ... Nilagiri House.

#### The Mahindra Search For Talent Scholarship

Disha Dhobta Chauhan HGD 2006 ... Class 7th

Shouvik Sachdeva SBD 2006 ... Class 8th

Snandan Singla HBD 2006 ... Class 9th

Vibhor Relhan NBD 2006 ... Class 10th

Surya Dev Aggarwal VBD 2006 ... Class 11th

[The above Cups/Trophies, medals, cash prizes, and scholarships will be presented on Founder's Day 2007]

#### Form Prizes for the Academics Year 2006

- Lower III A ... 1st Ujali Verma (S)  
2nd Saga Vadera (H)
- Lower III B ... 1st Swati (H)  
2nd Shivam Ahuja (V)
- Lower III C ... 1st Ritwik Singhal (V)  
2nd Andrew Solomon (N)
- Upper III A ... 1st Rahul Sachdeva (V)  
2nd Vardan Tandon (V)
- Upper III B ... 1st Mehar Rana (V)  
2nd Parmeshwar Bawa (V)
- Upper III C ... 1st Suchita Gupta (V)  
2nd Akanksha Kala (H)
- Lower IV A ... 1st Disha Dhobta Chauhan (H)  
2nd Anmol Suneja (H)
- Lower IV B ... 1st Manveer S. Sandhu (S)  
2nd Abhishek Jain (V)
- Lower IV C ... 1st Abhimanyu Sharma (V)  
2nd Parshang Jain (H)
- Lower IV D ... 1st Mehak Suri (N)  
2nd Gaurav Kakkar (H)
- Upper IV A ... 1st Apoorva Tahlan (S)  
2nd Divya Goel (N)
- Upper IV B ... 1st Shouvik Sachdeva (S)  
2nd Vidur Puliani (N)
- Upper IV C ... 1st Pragya Munjal (V)  
2nd Amla Ramesh (N)
- Upper IV D ... 1st Seerat Singh (N)  
2nd Medha Bansal (S)
- Lower V A ... 1st Syfthjeet Singh Bhatia (S)  
2nd Pushpit Bhullar (S)
- Lower V B ... 1st Snandan Singla (H)  
2nd Ratul Bansal (H)

- Lower V C ... 1st Iswardeep S. Kohli (S)  
2nd Mehakbir S. Ahluwalia (V)
- Lower V D ... 1st Alamjeet Singh Sohal (H)  
2nd Anant Kumar Sah (V)
- Upper V A ... 1st Vibhor Relhan (N)  
2nd Amanat Sidhu (N)
- Upper V B ... 1st Urvi Khanna (H)  
2nd Arushi Dhingra (V)
- Upper V C ... 1st Gurjot Singh Masco (S)  
2nd Dhruv Singla (V)
- Upper V D ... 1st Taruni Jain (H)  
2nd Ashima Mutneja (H)
- Lower VI A ... 1st Anshula Chaudhary (H)  
2nd Seerat Bhullar (S)
- Lower VI B ... 1st Vidushi Gupta (H)  
2nd Priyam N. Patel (V)
- Lower VI C ... 1st Pranati Jain (N)  
2nd Aseem Gupta (N)
- Lower VI D ... 1st Surya Dev Aggarwal (V)  
2nd Akshay Singh (N)
- Upper VI A ... 1st Hina Hundal (V)
- Upper VI C ... 1st Vasundhra Thakur (N)  
2nd Ankit Grover (V)

#### Special Prizes

- Durant Prize for English Literature : Riddhika Khanna  
Special Prizes in English : Swati, Rahul Sachdeva, Rukhsana Virk, Akanksha Jaswal, Shouvik Sachdeva, Pushpit Bhullar, Urvi Khanna, Yashika Pehal, Khwab Sanghvi, Surya Dev Aggarwal.  
Special Prizes in Hindi : Swati, Rahul Sachdeva, Disha Chauhan, Shouvik Sachdeva, Shantanu Kumar Singh, Vibhor Relhan.
- Special Prizes for Punjabi : Aasheena Verma, Rohan Mittal.
- Special Prizes for Sanskrit : Shouvik Sachdeva (S) Abhimanyu Sharma (V)
- Arora Prize for Mathematics (Highest Marks in Class X Boards Examination) : Vibhor Relhan, Harsh Agrawal, Amanat Sidhu, Stuti Garg, Taranjit Babbar.
- Smt. Neera Baid Prize for General Science (Highest marks in Science Class X Board Examination) : Vibhor Relhan.
- Vartak Prize for Mathematics (Best in L-IV and U-IV : Mehak Suri, Shouvik Sachdeva.  
Special Prizes for Mathematics : Swati, Shuchita Gupta, Ratul Bansal, Surya Dev Aggarwal.
- Special Prizes for Physics : Alamjeet Sohal, Niharika Chaudhary, Surya Dev Aggarwal, Naina Singh.
- Special Prizes for Chemistry : Anant Kr. Sah, Vibhor Relhan, Urvi Khanna, Surya Dev Aggarwal, Shagufta Kaur Bhangu.
- Special Prizes for Biology : Ishwardeep Kohli, Urvi Khanna, Yashika Pehal, Malvika Thakur.
- Special Prizes for General Sciences : Swati, Rahul Sachdeva, Manveer Sandhu; Shouvik Sachdeva.
- Special Prizes for Economics : Parth Goel, Anuj Grover.

Special Prizes for Accountancy : Dhawal P.S. Ahluwalia, Ankit Grover.

Special Prizes for Business Studies : Taaneya Grewal Aunj Grover.

Special Prizes for Entrepreneurship : Manmohan Saroop, Shruti Kapoor.

Special Prizes for History : Seerat Bhullar.

Special Prizes for Geography : Nimrita Singh Anshula Chaudhary.

The Hodson Horse Prizes for History/Civics/Economics : Amanat Sidhu, Sanadan Singla.

Special Prizes for Political Science : Seerat Bhullar.

G.C. Arora Prize for Political Science : Hina Hundal

Special Prizes for Psychology : Banita Chauhan Anshula Chaudhary.

Special Prizes for Physical Education : Kunal Khurana, Sachin Thakur.

Special Prizes for Social Sciences : Shouvik Sachdeva Abhimanyu Sharma, Rahul Sachdeva, Swati.

Special Prizes for Painting : Purna Sethi, Niharika Kashyap.

Special Prizes for Sculpture (as subject) : Malvika Thakur, Sukhvinder Kaur.

Special Prize for Informatics Practices (065) : Aastha Gupta.

Special Prize for Computer Science (083) : Anish Kumar Shah.

Special Prizes for Computers : Shivam Goyal, Seerat Bhullar, Shantanu Kumar Singh, Shouvik Sachdeva Manveer Sandhu, Rahul Sachdeva, Vardan Tandon, Mehari Rana, Parmeshwar Bawa, Swati.

Special Prizes for Art (as hobby) : Divya Nalwa, Niharika Kashyap, Aman Jindal, Medha Bansal.

Special Prizes for Indian Music : Devesh Joshi, Divya Goel, Ajay Shankar, Bharat Bajaj.

Special Prizes for Indian Dance : Arushi Dhingra, Manu Sharma, Tarini Sud

Special Prizes for Band : Priyam Patel, Kashish Dadwal, Parth Ahuja.

Special Prizes for Wood Work : Sidharth Thapar, Arsh Chauhan, Bikramjeet Singh, Rishab Chaudhary  
Special Prizes for Bamboo Work : Ehsaas Kapoor, Seerat Singh, Razia Malhotra.

Special Prizes for Needle Work : Jasmeet Oberoi, Shrinjen Hooda.

Special Prizes for Ceramics : Ridhima Chaudhary, Nikhita Mital, Pooja Raghuvanshi.

Special Prizes for Weaving/Paper Recycling : Mahzabeen Pirzada, Devanshi Sharma, Taruni Jain, Sidharth Bajoria.

Special Prizes for Sculpture (as hobby) : Sukhwinder Kaur, Parul Shoor, Rajat Garg.

Special Prizes for Cub Reporting : Sanjoli Mangat, Tarush Jain.

Special Prize for the Best Hindi debater : Purna Sethi

Special Prize for the best English debater : Shagufta Kaur Bhangu.

The Henry Lawrence Prize [for Head Boy] : Jigme Wangchuk.

The Honoria Lawrence Prize [for Head Girl] : Shagufta Kaur Bhangu.

Special Prizes for best Prefect (Boy) : Baldeep Kang, Jaspreet Arora.

Special Prize for best Prefect (Girl) : Hina Hundal.

#### SCHOLAR'S TIE

- |                         |                         |
|-------------------------|-------------------------|
| 1. Akash Singla (H)     | 6. Ishwardeep Kohli (S) |
| 2. Manu Sharma (N)      | 7. Ratul Bansal (H)     |
| 3. Rishi Srivastava (V) | 8. Nitya Singla (V)     |
| 4. Snandan Singla (H)   | 9. Pushpit Bhullar (S)  |
| 5. Plasash Jyoti (V)    | 10. Anant Kr. Sah (V)   |

#### TROPHIES

Yog Raj Palta Memorial

|                 |     |             |
|-----------------|-----|-------------|
| Trophy (Art)    | ... | Purna Sethi |
| Study Cup, PD   | ... | Vindhaya    |
| Study Cup, GD   | ... | Himalaya    |
| Study Cup, BD   | ... | Himalaya    |
| Cock House, PD  | ... | Himalaya    |
| Cock House, GD  | ... | Himalaya    |
| Cock House, BD  | ... | Himalaya    |
| Cariappa Shield | ... | Himalaya    |

## Section II : From the Students

### A Close Encounter with Capt. Rohit Bajaj (Sr Master) Jasneet Kaur U-V

- Q. : Sir, for how long were you in the army, and what was the reason for you to leave the army ?
- A. : I served in the Armoured Corps for 5 years. The reason for leaving the army was that I felt a calling for me to be back in my school.
- Q. : What is the difference in the boys now and when you were here as a student ?
- A. : There is a vast difference. Now there is a smile on their faces. As juniors they were subdued earlier. I feel they are able to express themselves more freely. Also the student teacher relationship has improved.
- Q. : Do you plan to get settled ?
- A. : Ofcourse ! Soon !! Ain't I well settled ?
- Q. : What changes can be seen when you joined as a teacher and now.
- A. : The discipline has improved. I feel happy, I've been able to inculcate a spirit of honesty. I feel they have a better sense of belongingness and responsibility towards the School.
- Q. : What qualities do you look for in a boy, to choose him as a headboy ?
- A. : Definitely a boy of substance, courage, intelligence and sense of humour. He must possess OLQ's (Officer Like Qualities), a boy who can stand up to his convictions and who is able to discern between right and wrong.

Q. : Who influenced you into teaching ? From driving tanks to teaching Chemistry ?

A. : As a lower fiver, I had this desire of sipping black coffee sitting with Mr. K.J. Parel in the Science Lab and the seeds were sown by Mrs. Phiroza Das who tremendously motivated me and inspired me to give my best and to others.

Q. : What message would you like to convey to the boys ?

A. : Be men of style and class.

### **A Trip to Army Heritage Museum Annadale, Shimla**

*Ranjit Singh Gr wal & Sagat Shouvik L-VI*

On a rainy Saturday morning, on 4th August, seeing the condition of the morning sky, we were happy about the fact that we could miss P.T. This made us feel that something better awaited us, as the day started on a good note. And in the end it did turn out to be an amazing day.

A batch of 20 boys and 13 girls of Lower Six accompanied by Mr. S.K. Jain and Mrs. K. Cheema went for a trip to the Army Heritage Museum, Annadale Shimla. We left school at around 7-30 am with good spirits after a nice tuck-in at the CDH.

We reached Shimla at around 10-30 a.m. and seeing the exciting locale, we were tempted to get off our bus immediately and take a tour of Shimla ourselves. When we reached Annadale (an old Polo ground during the British Era, where Horse and Elephant polo was played and even Fetes, Plays, Birthday-Balls, Bike Show, Dog Show, Dance and many other public displays were a regular feature, we were greeted by soldiers who were smartly presented, showing the rich traditions followed and passed down by generations which have served in the Indian Army. Annadale is now an Army Heritage Museum where Stamps, Medals, Chain-Mail Armour Guns, Pistols Rifles, Swords, Mementos, Formation Signs and many other articles associated with the army since the beginning and to-date are housed. Outside the main building guns of 25 pdr 16 pdr, 100 mm calibre were positioned. These old guns were so tempting that many of us enjoyed traversing them much to our guide's disappointment. More influence was given to the armoured and cavalry section of the museum, probably because of Annadale's association with horse and elephant polo. After reading the brochure we got to know that Annadale was named after an officer's sweetheart Anna and the suffix 'dale' was added, meaning-valley. On the corner of the main building was a greenhouse where various species of cactii were growing.

We also spotted a civil MI-17 helicopter in the distance and approached it. We were stopped by the guards but luckily Mrs. Cheema, negotiated with them and we were allowed to see the helicopter from outside. We were briefed by the pilot, Colonel Tiwari, a retired artillery officer, who showed keen interest in our school while explaining about the various instruments & equipment installed in the

'Helicopter'. We were lucky enough to have seen the helicopter as it was preparing to take-off. We were at a distance of 10 m from it when it took off and were almost lifted off our feet with the intense force of the rotating blades. After this, we bid farewell to the guide and went to see the coveted Shimla Mall which was built during the British Era. In the three hours that we were given, we explored the Mall, The Ridge, The Chapel, some antique shops, bookstores and ofcourse some popular eating joints. After this, everybody assembled at a common place, shared their experiences and headed back to the bus through a series of lifts going down the hill and finally headed back to school.

Having been through such an adventurous and educational trip, we all hoped we could have many more rich experiences like these, which we shall always cherish throughout our lives.

### **My Personal Experience in Hills**

*Armaan Natt U-III*

It was 22nd June the day when my unforgettable experience started. We left for Shimla and reached it around 3-27 p.m. We took some rest there in a nearby hotel called Pineview. From there we went to Sarahan and were there near a famous temple which was 600 yrs old. We almost spent 2 hrs for just finding a hotel to stay in but in all that time I had gone to see the old temple. Its renovation had started. The main area's construction was highly like a Chinese design all covered with dragons and yin-yangs. It was all wooden. I was dumbfounded to see this perfection. There I met a holy priest who gave me a stone of blackish color saying it was to be given to the 600th person who came there, 'why' that I don't know. From there I found that we were staying in a nearby cottage that was available. That was just the beginning of the other side of my trip. I woke up the next day to see 14 bedbug bites on me and I also saw a black scorpion in my room. The next day we went to Sangla Valley. On the way I saw the great fierce river, the Satluj. I also saw a Tunnel which was cut through a mountain by dynamite blasts.

When we reached Sangla I was dumbstruck to see the beauty of nature. Greenery everywhere and sparkling streams with icy cold water. We were staying at a camp called 'Banjara Camp' which was along the river Baspa. The camp besides having a good comfortable stay also had a marvelous scenic view and you have to see it to believe it. The tent contained a bed, a table-lamp, a dressing table two huge tables to keep luggage on and even an extended bathroom with a gas geyser and a western pot. It was actually a luxury camp. It had a bonfire area which had two hammocks, a barbecue area and the sight of the river. We stayed there for two days and did many activities including a visit to the local temple. The way to the temple was easy but when the bridge came it was like oh! My God, we're going to go down but at the last we crossed it. Oh! what a sigh of relief I had! When we reached the temple I was sad because it was

locked because of the priest's personal matters. Even though it was locked, it almost had the same design as the Sarahan temple. We went back and then drove away to Ribba.

In Ribba, we stayed in one of my dad's friend's house. It was dangerously resting on a cliff. The whole house was made of wood. By the way I also got a lifetime opportunity to scale a glacier. Man, it was really freezing up there. I just got frostbite there. Back in the house I learnt how to make apricot oil. Ah! That was a smelly process, besides that, I even noticed that electricity and water was all the time available there. And I got to see Apple orchards for the first time in reality. Our stay at Ribba was actually a short and memorably.

And this way we ended the trip. The whole trip was very exciting and I learnt that no one can beat the mountains.

### **Online Share Trading**

*Naman Bansal U-VI*

In a world where everything is online from managing to banking, it was imperative and imminent that we the students of commerce faculty learnt the intricacies of online trading of stocks. Therefore our commerce faculty arranged for a practical demonstration and talk by Mr. Pramveer Puri, an eminent stock broker and financial advisor at Delhi.

Online trading of shares are new methods of earning daily and faster. In recent years MNC's and many Financial Firms have adopted the method of online trading of shares. Share brokers are the main part of share industry. There are two stock exchange in India :-

- a) Bombay Stock Exchange (BSE)
- b) National Stock Exchange (NSE)

These brokers have websites on which we can register and get into this profitable business. These websites have secure server which is <http://> so that our information does not get hacked or leaked by hackers. It is the safest zone for business. You can operate your account by providing inter banking account to the brokers. Shares of almost all the companies are listed with prices and company details. If we sell our shares on the same day then the purchase amount is not transferred from our account and the profit earned is transferred after deducting the broker's commission.

In the end I would like to say that we have learnt a lot and it is very helpful for us to work at leisure and get more experience of online trading.

### **Mother of Mine**

*Karlshma Pathania U-VI*

Mysterious is the love of my mother  
One in a million is she  
The warmth and care  
She showers on me

Her aim in life is  
my well being  
Everytime I succeed,  
She hugs me and  
radiant light brightens her up.  
Always she guides and supports me  
Mother of mine, she is so wonderful  
In moments of crisis, on  
her shoulder I cry  
None in this universe can ever replace her  
Ever and forever  
I'll love her and thanks for everything,  
Mom.

### **ETERNITY**

*Jasneet Kaur U-V*

I lie in bed at night and pray,  
that you will think of me.  
I cry until my eyelids close,  
and dream-eternity.

I wake to sunlight on my face,  
for a moment I forget.  
Then a cloud passes by,  
and I realise, this is it.

I carry on throughout the day,  
feigning joy, and feeling pain.

I long to gaze upon your face,  
and share a smile, an embrace.

The day is drawing to an end,  
and still I think of you  
I try to relax, yet in my mind,  
I wonder what to do.

So now I lay me down to sleep,  
I pray the Lord, my soul will keep  
and should you chance to think of me  
Know that I love you-eternally.

### **On a Dreary Afternoon**

*Ranjeet Singh L-VI*

On a hot, dreary afternoon,  
A sparrow sat;

Sat on my window sill,  
Very very still.

It peeped inside,  
was'nt satisfied,

Flapped its wings,  
And flew away.

That's all that happened  
On that hot dreary day.

## Section III : From the Staff

### A C H I E V E R S

*Dr. V.K. Sharma (DoF)*

The following students have secured 90% and above in the Half Yearly Exam for the Academic Year 2007.

*S. No. House Name Section Percentage*

#### L III

|    |     |                   |   |       |
|----|-----|-------------------|---|-------|
| 1. | VPB | Mayank Gautam     | A | 91.83 |
| 2. | VPG | Anmol Kaur        | B | 93.17 |
| 3. | HPG | Kartik Sharma     | B | 93.00 |
| 4. | SPB | Md Ibrahim Ansari | B | 90.00 |
| 5. | HPG | Radhika Kinha     | C | 92.83 |
| 6. | VPB | Raghav Gupta      | C | 93.50 |

#### U-III

|    |     |                  |   |       |
|----|-----|------------------|---|-------|
| 1. | VPG | Asma Arora       | A | 92.33 |
| 2. | VPG | Tanushree Saluja | A | 91.33 |
| 3. | SPG | Ujali Verma      | A | 96.17 |
| 4. | NPB | Vedant Singh     | A | 90.33 |
| 5. | HPG | Swati            | B | 99.00 |
| 6. | VPG | Enya Kalia       | C | 90.00 |
| 7. | VPB | Ritwik Singhal   | C | 91.67 |

#### L-IV

|     |     |                     |   |       |
|-----|-----|---------------------|---|-------|
| 1.  | SHB | Abhishek Kulhari    | A | 90.00 |
| 2.  | VHB | Deepesh Mutreja     | A | 95.00 |
| 3.  | VHB | Rahul Sachdeva      | A | 97.86 |
| 4.  | HHG | Yashu Arora         | A | 94.71 |
| 5.  | VHG | Mehar Rana          | B | 92.00 |
| 6.  | HHB | Gaurav Kharb        | C | 90.86 |
| 7.  | HHB | Raveesh Gagneja     | C | 90.43 |
| 8.  | HHG | Mahnoor Kaur Saroay | D | 93.57 |
| 9.  | VHG | Shuchita Gupta      | D | 94.43 |
| 10. | VHB | Vardan Tandon       | D | 92.86 |

#### U-IV

|    |     |                      |   |       |
|----|-----|----------------------|---|-------|
| 1. | HHG | Disha Dhobta Chauhan | A | 95.14 |
| 2. | VBJ | Gur Agam Singh       | A | 90.43 |
| 3. | VBJ | Sarthak Khandelwal   | A | 93.43 |
| 4. | VBJ | Abhishek Jain        | B | 90.43 |
| 5. | HBJ | Anava Jain           | B | 90.00 |
| 6. | SBJ | Manveer Singh Sandhu | B | 94.00 |
| 7. | SBJ | Abhimanyu Sharma     | C | 90.14 |
| 8. | VBJ | Arush Puri           | D | 91.00 |
| 9. | NHG | Mehak Suri           | D | 93.00 |

#### L-V

|    |     |                      |   |       |
|----|-----|----------------------|---|-------|
| 1. | VBJ | Akshat Aashish Bajaj | B | 94.00 |
| 2. | SBJ | Shouvik Sachdeva     | B | 93.17 |
| 3. | NBJ | Vidur Puliani        | B | 92.50 |
| 4. | NGD | Seerat Singh         | D | 91.33 |

#### L-VI

|    |     |                 |   |       |
|----|-----|-----------------|---|-------|
| 1. | NBS | Vijayant Takhar | B | 91.40 |
|----|-----|-----------------|---|-------|

#### U-VI

|    |     |                    |   |       |
|----|-----|--------------------|---|-------|
| 1. | VBS | Surya Dev Aggarwal | D | 92.60 |
|----|-----|--------------------|---|-------|

### Workshop for the Academic Staff

*Abhimanyu Sen (French Language Teacher)*

On the 22nd of July 2007, a workshop entitled 'Learn Today' was conducted by very eminent pedagogues. (Dr. Shalini Advani and Ms. Neenu

Puri). It was an enriching experience because we were apprised of effective instructional strategies. With the help of many creative activities organised in small groups we were led to reflect upon our own learning experiences which suggest about various strategies. Such workshops are truly worth the experience because we are undoubtedly better equipped to face a new academic term with all its challenges. Group activities helped us to interact with each other, to discuss and share various view-points. We teachers were encouraged to reflect upon various pedagogical techniques used to augment the motivation of learners, especially ways and means of starting a class in a creative manner, encouraging interactions between learner and also between the teachers and the taught. What was very important to realize was that each learner sets for himself a suitable rhythm for learning. A teacher is supposed to be more of a guide rather than being dictatorial. Every good teacher must set his objectives and must ascertain whether they are operational at the end of a class.

The following day we participated in another workshop entitled 'Self Empowerment' which helped us to understand how important is our power and how we can use it for living a more purposeful and meaningful existence devoid of all stress factors.

All in all, a wonderful experience which will be cherished by all the participants for years to come and which will help us in becoming better teachers with interesting ways of tackling problems in a more effective manner.

### A Workshop with a Difference

*Binita Rishi (Faculty of Humanities)*

Usually the workshops we attend as teachers pertain to teaching strategies of how to improve classroom environment. In short they focus on the academic growth of students. This was the preconceived notion I quite frankly carried with me when I and my colleague Amarjit Chauhan went to attend the five-day AEP workshop being conducted by CBSE in Panchkula from 18th—22nd June, 2007. We were in for a pleasant surprise, indeed!

This workshop basically focussed on the social, mental and physical well being of adolescents (people in the 10-19 age group) that continue a whopping 22% of our population. Though this group constitutes nearly one fifth of our population yet their identity as a distinct demographic group has been realized very recently that adolescents have been an 'under served population group'. This group is particularly vulnerable because of rapid physical, psychological and social changes occurring this age about which they lack proper and authentic knowledge and hence are often led astray. AEP or Adolescence Education Programme is one such effort to manoeuvre this age group in the right choices. This programme has been launched by the Ministry of Human Resource Development, Government of India, in collaboration with NACO with the active support of United Nations Population Fund (UNFPA).

The five days of the workshop had us untiringly involved in discussions, brainstorming sessions and group activities that had us going through and understanding several sensitive issues that affect the adolescents today like adolescent health, HIV awareness, substance abuse, peer pressure etc. The core message of this workshop was to empower our youngsters with Life Skills that would enable them to the right thing at all times. It focussed on the aim to enhance the necessary life skills in adloscents so that they can manage risky situations competently and develop a positive attitude towards life as such. The life skills we worked on were :- empathy, interpersonal relationships, self-awareness, critical thinking, decision making, effective communication, creative thinking, problem solving, coping with emotions and stress. We were also trained in enabling our adolescents to be assertive as against being passive or aggressive.

These five days were a unique experience for ue, as we were made more sensitive to the need of adolescents. It made us acknowledge them as individuals in there own right. Personally this workshop has had a great impact on me and I have become more patient and understanding towards my students. I have started looking at their problems from their perspective and that enables me to empathize and guide them to use and develop the relevant life skills that would stand in good stead for them. I am grateful to the school management who gave us this opportunity to be a part of such an excellent learning and empowering experience.

### Logistics

#### List of work done during summer vacations ( 15th June—25th July 2007 )

*H S. Romana (Estate Manager)*

1. Work on an additional Computer Library (No. III) which includes Civil, Electrical, Networking and new furniture is in progress.
2. New accoustical system (courtesy Mr Sanjeev Bawa—O S) has been fitted in Barne Hall, which will enhance the quality of sound in Barne Hall. The equipment includes new speakers, collar mikes, new amplifiers etc.
3. New Earth/Bajri has been laid in Peacestead field. Work on giving grills and a collapsible gate in the pavilion at Barne field is in progress.
4. Cement plastering, new Electrical wiring has been done in the residence of NBD Matron.
5. New exhaust fan have been fitted in the shooting range for better ventilation.
6. The staircase under the Barne Hall class room has been relocated to create better space for students.
7. All furniture of classrooms, CDH and dormitories, has been repaired & polished, as also touch up of all dormitories, Class rooms and CDH has been none.
8. A retaining wall behind HH(BD) has been repaired.

9. Work is in progress in laying a new sewerage line, by-passing the septic tanks below NBD House Masters residence to connect it to the sewerage line going down to the Butchery sewerage Treatment Plant.
10. Tenders have been issued for the construction of The New Science Block and obtaining permission from various government agencies is in the pipe line.
11. Outsourcing of the School Tuck-Shop has been done.
12. All water tanks of Staff accommodations have been cleaned.
13. Work on drilling two Borewells has been completed and the Borewells are working satisfactorily.
14. Periodical service have been done in accommodation vacated by Mrs. Malviya & Mrs. Diwedi
15. 48 new dinning chairs and 2 new dinning table have been purchased for Dinning Hall of CDH
16. Slope of Kota Stone flooring of wash area in CDH has been rectified.

### The Dusky Eve (through my window)

*Ms. Kamal Preet Dhillon—Matron*

The valley has become blue  
Under the vast expanse  
of that blue sheet  
of sky.

The orange marks of clouds  
have made the valley  
blush,

As the sky touches  
her forehead with  
icy breeze.

The valley seems to shrink  
all in herself.

Its breathing slowly  
with few lights,  
longing to be one  
with blue sky,

To be embezzled in  
the basking glory.  
Its dusk.

## Section IV : FROM THE FACULTY OF SPORTS

### Shooting—A Report

*Mr. R.P. Gautam (I/c Shooting)*

During the summer break a Camp was organized in the School from 15th—24th July, 2007 to prepare the school team for All India Inter School Championship—2007. The All India Inter School Championship was held at Amity, Noida from 27th—31st July, 2007. A team of 15 students ( 4 Girls+11 Boys) took part in the event. The achievements were :

1. In Peep-sight, Gursher Romana qualified for Nationals.



2. In Open-sight Jr. Boys—team consisting of Sagar. Karia, Angad S. Chauhan and Vishal Singh got Bronze medal.
3. In Open-sight Jr. Girls—Jasneet Singh got Bronze medal.

The IPSC Shooting Championship for Boys was held at RIMC—Dehra Dun from 3rd—7th August, 2007. A team of 10 boys took part in the event. The achievements were :

1. In Peep-sight, Gursher Romana got Gold Medal in Sub Jr. boys.
2. In Peep-sight, Team consisting of Rishabh Chopra, Manpreet Singh & Ajat Shatru got Bronze Medal in Jr. Boys.
3. In Open-sight. Team consisting of Sagar Karia, Angad S. Chauhan and Vishal Singh got Gold Medal in Jr. Boys.
4. In Open-sight, Sagar Karia got Bronze Medal in Jr. Boys.

### Inter House Swimming—2007

#### RESULTS—P.D.

1. 25mts Freestyle (U-11, Girls)

| Name                 | House | Position |
|----------------------|-------|----------|
| Yashodhan Thakur (N) | ...   | 1st      |
| Azmat Kaur (N)       | ...   | 2nd      |

2. 25mts Freestyle (U-13, Girls)

|                  |     |     |
|------------------|-----|-----|
| Ujali Verma (S)  | ... | 2nd |
| Tanya Sandhu (S) | ... | 1st |

3. 25mts Freestyle (U-11, Boys)

|                    |     |     |
|--------------------|-----|-----|
| Hakikat Grewal (V) | ... | 2nd |
| Hardik Dhiman (H)  | ... | 1st |

4. 25mts Freestyle (U-13, Boys)

|                     |     |     |
|---------------------|-----|-----|
| Vinayak Ah'awat (H) | ... | 2nd |
| Pooranvijay (H)     | ... | 1st |

5. 4×25mts Freestyle Relay (PD)

|                  |                  |
|------------------|------------------|
| Himalaya ... 1st | Nilagiri ... 2nd |
| Siwalik ... 3rd  | Vindhya ... 4th  |

#### RESULTS—GD

1. 50mts Freestyle (U-14, Girls)

|                     |     |     |
|---------------------|-----|-----|
| Bhawana Soni (V)    | ... | 1st |
| Manasvi Koirala (S) | ... | 2nd |

2. 4×50 mts Freestyle Relay (Jr. Girls)

|                  |                  |
|------------------|------------------|
| Vindhya ... 1st  | Himalaya ... 2nd |
| Nilagiri ... 3rd | Siwalik ... 4th  |

3. 4×50 mts Freestyle Relay (Sr. Girls)

|                 |                  |
|-----------------|------------------|
| Siwalik ... 1st | Nilagiri ... 2nd |
| Vindhya ... 3rd | Himalaya ... 4th |

#### RESULTS—BD

1. 50 mts Freestyle (U-14, Boys)

|                  |     |     |
|------------------|-----|-----|
| Arsh Chauhan (N) | ... | 1st |
| Arnav Gupta (N)  | ... | 2nd |

2. 50 mts Freestyle (U-16, Boys)

|                  |     |     |
|------------------|-----|-----|
| Jai Rana (V)     | ... | 1st |
| Sayam Dhawan (H) | ... | 2nd |

3. 50 mts Backstroke (Open, Boys)

|                     |     |     |
|---------------------|-----|-----|
| Bhawani Singh (V)   | ... | 2nd |
| Vijayant Takhar (N) | ... | 1st |

4. 4×50 mts Medley Relay (Jr. Boys)

|                  |                  |
|------------------|------------------|
| Nilagiri ... 1st | Himalaya ... 2nd |
| Vindhya ... 3rd  | Siwalik ... 4th  |

5. 4×50 mts Medley Relay (Sr. Boys)

|                  |                  |
|------------------|------------------|
| Siwalik ... 1st  | Vindhya ... 2nd  |
| Nilagiri ... 3rd | Himalaya ... 4th |

#### Combined Score & Position

| House    | BD  | GD  | PD  | Total   | Position |
|----------|-----|-----|-----|---------|----------|
| Himalaya | 188 | 99  | 113 | 400 pts | III      |
| Nilagiri | 228 | 150 | 97  | 475 pts | I        |
| Siwalik  | 198 | 145 | 70  | 413 pts | II       |
| Vindhya  | 146 | 126 | 54  | 326 pts | IV       |

Overall Cup awarded to Nilagiri House

#### Precursor to Bhuppi—07

*Apoorva Bisht U-VI*

4th August, Barnes Field

This match proved to be a perfect display of Sanawarian Soccer replete with skill, technique, coordination and the "Never Give In" spirit. The YPS Mohali was high on confidence after having beaten Doon International 7-2, the previous day. However, we managed to do much more than just weaken their confidence. We simply outclassed them.

The first goal came within 2 minutes and Nippon the scorer was on fire. He scored a hat-trick and kept the opponent keeper on his toes. Yet the latter conceded 4-Goals during the first half. The fourth one came from Mohammed Talib who scored from Penjo's header.

It was a time for experimental tactics when our coach pulled out half the team and substituted the junior squad to deal with the second half. Thereafter the incited juniors literally made YPS Mohali dance. The Sanawar headers were appalling and scoring. Karan Hora scored three superb leaders to take the score to 7-0. It was the second hat-trick of the match. The salvos didn't end there. Karan Huidrom put the icing by scoring yet again with a header from one of Dhanur Sharma's many perfect corners.

Finally the match ended at 8-0 and we were more than satisfied with our game. The first hurdle was crossed. But there are many more that we have to overcome.

### Obituary

We deeply mourn the tragic and untimely passing away of Shiraz Kaintal, aka Midget, (OS 1986) on 27-5-07 in UK, due to brain haemorrhage. May God give strength to the loved ones she leaves behind, to cope with this unbearable loss. Our thoughts and prayers are with her family at this bleak hour of their lives.

We express our heartfelt condolences for the untimely demise of Ravinder Kaur Bala (OS—1971) on 15-02-07. We pray to God to grant eternal peace to the departed soul and strength and fortitude to the bereaved family to bear this irreparable loss.

### Letters To The Headmaster

GURU KIRPA HOUSE

Jalandhar Road, Kapurthala—144 601 (India)

Phone : 01822-233448 Fax : 01822-233517

e-mail : showa @ vsnl...com

Dear Headmaster,

Seasons greetings !

Thank you very much indeed for your extremely kind letter Dated 16-07-2007.

I wish to express that it is undoubtedly the sincerity, dedication and conviction exhibited by you in your efforts, by leading your Team towards making Sanawar an outstanding School, which has evoked a sense of participation in me. I'm confident that you will notice similar expression of participation by many other Old Sanawarians.

Wishing you the very best, Sir !

Warmest regards,

Sanjiv S Bawa

From : Aman Bir Singh

Hi All,

Got the CBSE result from the school for sharing with all on Sanawarnet !

A lot to cheer about...Class Xth topper has scored 95.8% while the XIIth topper is touching 94%...

Almost all are in first Divs.

Should give Peeks, his team and the students a pat for continued improvement in the last two years...

Hoping for still better next year !

Regards

Aman Bir Singh

### हिन्दी खण्ड

#### सुलेख प्रतियोगिता के परिणाम :

|         |                |           |
|---------|----------------|-----------|
|         | पाँचवीं—ए      |           |
| तृतीय   | भवतार सिंह     |           |
| द्वितीय | तान्या डिगरा   |           |
| प्रथम   | यश बंसल        |           |
|         | पाँचवीं—बी     |           |
| तृतीय   | प्रियंका शर्मा |           |
| द्वितीय | मयंक चढ़डा     |           |
| प्रथम   | अनमोल कौर      |           |
|         | पाँचवीं—सी     |           |
| तृतीय   | दिवांग कौशल    |           |
| द्वितीय | विशाखा सिंगला  |           |
| प्रथम   | राधिका किन्हा  |           |
|         | छटी—ए          |           |
| तृतीय   | सागा बडेरा     |           |
| द्वितीय | तनुश्री सलुजा  |           |
| प्रथम   | उजाली वर्मा    |           |
|         | छटी—बी         |           |
| तृतीय   | अंजली शर्मा    |           |
| द्वितीय | स्वाति         |           |
| प्रथम   | यशोधन ठाकुर    |           |
|         | छटी—सी         |           |
| तृतीय   | आकाश अरोड़ा    |           |
| द्वितीय | प्रवीन दयाल    |           |
| प्रथम   | करीना नेगी     |           |
|         | कक्षा—सातवीं   |           |
| चतुर्थ  | अमन चौधरी      | सातवीं—डी |
|         | तान्या चोपड़ा  | सातवीं—डी |
| तृतीय   | शुचिता गुप्ता  | सातवीं—डी |
|         | श्रीया डागर    | सातवीं—डी |
| द्वितीय | चिरंजीव दहिया  | सातवीं—ए  |
| प्रथम   | परमेश्वर बावा  | सातवीं—सी |

प्रार्थना सभा में विद्यार्थियों द्वारा निम्न विचार प्रकट किए गए :

### स्वदेश प्रेम

अगर हम आप से पूछें कि इस संसार की सबसे बढ़िया बात क्या हो सकती है। आप अपने ढंग से उत्तर देंगे। यानि आपको जो पसन्द आएगा, वही कहेंगे। परन्तु मैं कहूँगा—सबसे बढ़िया बात देश प्रेम है। हममें से कुछ ही हैं जो स्वदेश प्रेमी होते हैं। सरदार भगत सिंह, राजगुरु, मंगलपाँडे, चन्द्रशेखर आज़ाद आदि के बलिदान ने हमें आजादी दिलाई। वे शहीद हो गए। हमें सुख चैन दे गए। वे हमें सिखा गए कि जन्मभूमि का प्यार सबसे बड़ा प्यार है।

कहा भी गया है :

जननी जन्मभूमिश्च  
स्वर्गादपि गरीयसि

अर्थात् माँ और मातृभूमि स्वर्ग से भी महान है।

सूरीन भारद्वाज  
कक्षा आठवीं

हानि, लाभ, जीवन, मरण, यश, अपयश—विधि हाथ

जीवन एक कर्म क्षेत्र है। हमें जीवन की कर्मशाला में अपनी भूमिका को अच्छे से निभाना चाहिए। किसी की आलोचना या निंदा की परवाह किए बिना अच्छे कर्म करने चाहिए। कई बार अच्छे रास्ते पर चलते हुए हानि का, पराजय का, अपयश का और तो और मृत्यु का भी भोगी होना पड़ता है। हमें इससे बिल्कुल नहीं डरना चाहिए। ईश्वर की इच्छा को फल के रूप में स्वीकार करते हुए इस बात का ध्यान रखना चाहिए कि हानि, लाभ, जीवन मरण, यश, अपयश सब ईश्वर के हाथ हैं। हमने अपनी भूमिका अच्छे से निभाई यही हमारा सबसे बड़ा पुरस्कार है।

अमन जिंदल  
कक्षा आठवीं

### जीवन में हँसी का महत्त्व

मनुष्य के जीवन में अनेक परिस्थितियाँ आती हैं। जब वह रोता, हँसता या दुखी होता है। जीवन में हँसने का बहुत महत्त्व है क्योंकि हँसने से मनुष्य खुद के साथ-साथ अपने साथ वालों को भी प्रसन्न कर देता है। यह दुनिया केवल हँसी-खुशी के बल पर ही तो चलती आ रही है। यदि लोग हँसना ही बन्द कर देंगे तो खुशहाली का प्रचार कैसे होगा ?

मनुष्य को कठिन से कठिन परिस्थितियों में भी हँसते-गाते रहना चाहिए। उससे कठिन से कठिन बाधाएँ भी हल हो जाती हैं। असफलता या सफलता के मार्ग पर मनुष्य को हँसते-गाते चलना चाहिए। इससे सफलता के मार्ग पर चलना खुशहाल होगा और सफलता प्राप्ति का मजा भी दुगुना होगा। आखिर कहा भी गया है—‘कदम-कदम बढ़ाए जा, खुशी के गीत गाए जा।’ हँसी की सबसे बड़ी विशेषता यह है कि ये आपके साथ-साथ औरों को भी सुख पहुँचाती है। यह तो वही बात हो गई—आम के आम, गुठलियों के दाम। अरे! आप हँसने के कार्य में लोगों को खुश करके परोपकार जो कर रहे हैं।

मेरा यहाँ हँसने का तात्पर्य है—मुसीबतों, तुफानों या खुशहाली में प्रसन्न रहकर औरों को भी प्रसन्न रखना। हँसी का यह मतलब नहीं कि आप दूसरों की असफलता पर हँसे। लोगों का मजाक उड़ाएँ।

मनुष्य का इन स्थितियों में हँसना हानिकारक होता है। यह फूल जैसी हँसी को काँटे जैसी बनाकर रख देता है। जो हँसी लोगों को खुशी देती थी वही खुशी अब दुख पहुँचाने लगती है।

अब यह कथन तो स्पष्ट है कि जीवन में हँसी का बहुत महत्त्व है। हमें हँसते-हँसते लोगों का परोपकार करना चाहिए। समाज सेवा करनी चाहिए, खुशी फैलानी चाहिए, तब ही हम एक उदाहरण बन सकेंगे, जिसका गुणगान सारा समाज करेगा। याद रखें कि भगवान ने हमें इस जग में खुशी फैलाने और बाँटने के लिए भेजा है, दुख फैलाने के लिए नहीं। हँसी से हम असीम सुख और खुशी प्राप्त कर पाएँगे। तो हँसते रहो, मुस्कराते रहो, दुखों का इस जग में कोई वास न हो।

अनंत साह  
दसवीं डी

### सम्माननीय पच्चीस वर्ष का कार्यकाल

श्रीमान दुलीचन्द जाँगड़ा ने दिनांक 10 मई 2007 को दी लॉरेंस स्कूल सनावर में अपने सेवाकाल के 25 वर्ष पूरे किए। इस शुभ अवसर पर मुख्याध्यापक महोदय ने उनकी निष्ठा, कर्तव्यपरायणता एवं उनके मानवीय गुणों की भूरि-भूरि प्रशंसा की। मुख्याध्यापक महोदय ने उन्हें विद्यालय की ओर से एक रजत स्मृति चिह्न भी भेंट किया। श्रीमान दुलीचन्द जाँगड़ा ने अपने भाव प्रकट करते हुए निम्न कहा :

ॐ परम पिता परमेश्वर परमात्मा,  
करना सबकी शुद्ध आत्मा।

आदरणीय मुख्याध्यापक महोदय, मेरे सहयोगी अध्यापकगण एवं मेरे प्रिय विद्यार्थियों ! आज मैं आपके सामने अपने हृदय के उद्गार प्रकट करना चाहता हूँ। यदि कहीं कोई त्रुटि रहे, तो आशा है, आप मुझे क्षमा करेंगे।

आज इस पल मुझे आनन्द का अनुभव हो रहा है। आप सभी ने अपनी नेक-नीति की कमाई का कुछ अंश लगाकर मुझे जो रजत स्मृति चिह्न भेंट किया है, उसे पाकर मैं स्वयं को सम्मानित अनुभव कर रहा हूँ। मैं आप सभी का हृदय से धन्यवाद करता हूँ। यह रजत स्मृति चिह्न मुझे सदैव ही आपका स्मरण कराता रहेगा।

लगभग 160 वर्ष पहले एक देव पुरुष 'सर हेनरी लॉरेंस' ने सनावर की पहाड़ी पर अपनी आत्मा की आवाज पर एक ज्ञान की ज्योति जलाई थी। यह ज्योति आज तक समाज में ज्ञान का प्रकाश फैला रही है। यहाँ पढ़े हुए

विद्यार्थियों ने न केवल समाज में प्रतिष्ठा पाई, अपितु इस विद्यालय का नाम भी रोशन किया है। आज से 25 वर्ष पहले जब मैंने इस विद्यालय में कार्य करना प्रारम्भ किया, तब से आज तक इस विद्यालय से दूर जाने की इच्छा ही नहीं हुई। मैं ईश्वर से प्रार्थना करता हूँ कि सभी विद्यार्थियों को बल और बुद्धि दे। भारत में ही नहीं, विदेशों में जाकर भी वे इस विद्यालय का नाम रोशन करें। उनकी चमक आसमान के सितारों की तरह रहे। सनावर में सदा शिक्षा रूपी वृक्ष फलता-फूलता रहे। ईश्वर इस विद्यालय पर सदैव अपनी कृपा-दृष्टि रखे।

पृथ्वी या आकाश—जहाँ कहीं भी इस विद्यालय के संस्थापक 'सर हेनरी लॉरेंस' अदृश्य रूप में हैं—मैं उन्हें पुनः स्मरण करते हुए नमन करता हूँ और आप सभी का हृदय से धन्यवाद देते हुए अपनी वाणी को विराम देता हूँ।

धन्यवाद।

Editor in Chief : Mrs. Ashima Bath.

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Mr. Narender Sharma (Hindi)

Editorial Board : Apoorv Bisht, Surya Dev Agarwal, Yashika Pehal, Karishma Pathania, Kriti Chauhan, Abhimanyu Soin, Khwab Sanghvi, Tanvi Manglick, Seerat Chauhan, Jasneet Chaudhary, Bhoomika Sehgal, Rashmi Mann, Medha Bansal, Sonakshi Singha, Salyam Dhawan, Amla Ramesh, Seerat Singh, Vaishnavi Singh, Harshit Poddar, Rohan Goel, Mehar Rana, Zara Rai, Parmeshwar Bawa.

Regd. No. L—28/1.

THE  
SHAWAR  
NEWS—LETTER

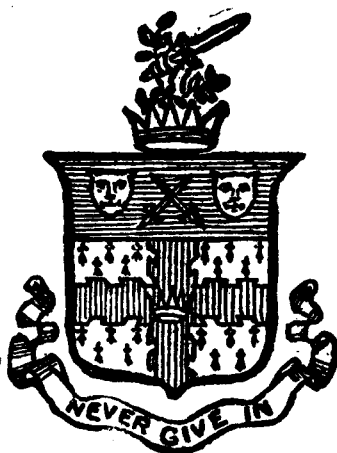
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The Headmaster

The Lawrence School, Sanawar

(Distt. Solan) H.P. 173202

BOOK-POST



# THE SANAWAR NEWS-LETTER

17

October

2007

## Section I : From the Headmaster

### H.M.'s Speech : Independence Day—2007

We are assembled here today to celebrate another Independence Day, our 60th one in fact. It's a historic moment for different reasons, the main one being that many observers in 1947 doubted whether we would see this landmark at all. And who could blame them? The new nation was born in the midst of unprecedented violence, ripped apart by a bloody partition. Independent India came about as flames blazed across the land, while dead bodies laden trains crossed the new frontier with Pakistan, and tired refugees left everything they had in the hope of a new life.

And yet, six decades later, the country that emerged from the wreckage of the British Raj is the world's largest democracy, and a successful one at that, poised after years of rapid economic growth to take its place as one of the giants of the 21st century. When newspaper reports scream of a woman scrap dealer becoming a millionaire, and a rickshaw puller's son topping the civil services, we know that India has arrived. These are stuff dreams are made up of. Today pride and confidence would rank very high with an average Indian. Whether it is Sania Mirza in Sports or Asim Premji and L.N. Mittal in business, from music to fashion, and from cinema to art, there is a new vibrant energy in India for all to see. Our economy is galloping at almost 9% per annum, and we are the second fastest growing economy in the world, which makes Mr. L.N. Mittal say, that today there are many opportunities in India to the young IIT graduates in Bombay at their 45th annual convocation recently. To quote him "It's exciting, and India is attracting attention from around the world. Global MNC's are here, and the growing economy has more entrepreneurial opportunities than ever before." As you all might know, Mr. Mittal is the 5th richest person in the world and his company, Arcelor Mittal is the largest steel company in the world. He has achieved all this within this lifetime himself. Nothing inherited.

All this does not mean that we don't have problems at all in India. There still is a great economic divide between the rich and the poor, and we still sometimes fight in the name of religion. But if the youth of today decide to overcome these problems with love, hope and faith, there is no one stopping us. To quote Lisa Nicholas "You are the designer of your destiny. You are the author. You write the story. The pen is in your hand, and the outcome is whatever you choose." Michael Beckwith says, "You can break yourself free from your hereditary patterns, cultural codes, social beliefs, and prove once and for all that the power within you is greater than the power within the world." You are all unlimited beings. There is no ceiling. The whole world is now looking at India, and we have never looked so charismatic, energetic and inviting even at 60. And, our new slogan is 'Chak de India'.

Boys and girls, ladies and gentlemen, in your emancipation, evolution and growth, lies the emancipation, evolution and growth of India.

**!! Never Give In and Jai Hind !!**

### A Yeoman Service

As a tradition we honour all those teachers who complete their 25 years of service in Sanawar. In this context it gives me immense pleasure to state that Mrs. K. Puri has joined this group of teachers by completing her 25 years on 3rd August.

Mrs. Puri joined this school as a Hindi teacher in the Prep Department on 3rd August 1982. Later in 1989 she took over as Housemistress of PD Sparrows and looked after the little girls up to July 2003. Besides her normal duties she always encouraged her students to write for the school Newsletter and Magazine. She directed Hindi plays for PD shows. She taught Macrame hobby and put up exhibitions during Founders for 18 years.

Mrs. Puri has been very particular in laying emphasis on character building and discipline. She has always believed that you teach a girl and you

teach the whole family and she has worked towards this very sincerely. She has a special quality for not bearing wrong things. She believes that one should not commit injustice nor should tolerate injustice. That, one should be fair with everyone and one's decisions. The following verses are synonymous to her belief :

"Do all the good you can,  
In all the ways you can,  
At all the places you can,  
To all the people you can,  
As long as you can.  
Never give in !!"

We wish her more happy years of teaching in Sanawar. On behalf of the whole school I congratulate her and wish her the very best in future.

## Section II : From the Students

### Headboy's Independence Day Speech

*Parth Goel—Headboy*

15th August, 2007

I am 17 years old and my country 60 years. All I know about Independence Day is by word of mouth. I know from the history books that the British ruled us. And there was a man titled "The Mahatma" who delivered us from the shackles of the misery of not being independent. He was an epitome of peace, truth and non-violence.

I am 17 and my country is 60. Sometimes I wonder, what is the feeling of not being independent? I would not have been able to vote for my government. Well I do not vote any way. Someone would have vandalized national wealth. To some extent someone is still doing it any way. I would not have a voice. Well, as a teenager my voice still does not carry much weight in this society. I would have been in a British school. To some extent it still holds truth. We would not have enough money, well how much is enough? So I keep on wondering what does being independent mean to me.

Well perhaps, I know what independence is? Independence is standing up yourself every time you fall.

Independence is not to negotiate one's existence.

Independence is to have a cause in one life.

It is the ability to speak up for those who do not have a voice.

I am independent as I can dream for myself and for you.

I am independent as I know that I am responsible for those dreams.

I know independence does not come on a platter. It is hard work, very very hard.

Independence is to complain about food because I get it four times a day.

Independence is to miss prep once in a while because I am in a school.

Independence is to whine about getting up in the morning for P.T. because I have a roof above my head and a warm bed to sleep in.

Independence is the right to kick the flat tire of a car because I wear shoes.

Friends I am not speaking of economic disparity, or the rise and fall of the sensitive index, nor am I speaking of quasi budgetary imbalance. I am speaking of the children of the lesser God. On this Independence Day as the tri colour goes up let me spare a thought for the millions across the world whose comparative insignificant existence makes me feel independent. I am independent of hunger, of homelessness, and being unloved.

I am sorry if I have disappointed you by not quoting big men with big words, by not taking great names with great deeds, for it is my independence to speak my words from my heart.

Jai Hind !!

### Headgirl's Independence Day Speech

*Lhakyi Tenzing—Headgirl*

15th August, 2007

The Indian Independence struggle incorporated the efforts by Indians to liberate the region from British rule and form the nation-state of India. It involved a wide spectrum of Indian Political Organisations, philosophies, and rebellions between 1857 and India's emergence as a unified Nation State on August 15th, 1947.

Freedom is nothing but a chance to be better. A chance to prove the nation's worth. 60 years of independence has enabled India, to move forward from a 200 years British reign to become one of the leading nations in the world. It's future lies solely in the hands of today's generation—us !

My message is simple :

Those who expect to reap the blessings of freedom must undergo the fatigue of supporting it.

In the future, which we seek to make secure, we look forward to a world founded upon four essential human freedoms.

The first is freedom of speech and expression everywhere in the world.

The second is freedom of every person to worship God in his own way everywhere in the world.

The third is freedom from want, which translated into world term means economic understanding which will serve every nation a peaceful life for it's inhabitants—everywhere in the world.

The fourth, is freedom from fear, which translated into world term means a worldwide reduction of armaments to such a point and in such a thorough fashion that no nation will be in a position to commit an act of physical aggression against any neighbour anywhere in the world.

That is no vision of a distant millenium. It is a definite basis for a kind of world attainable in our own time and generation.

India, is us—and we, are it's future.

Jai Hind !!

### Dreaming Big

*Vaishnavi Singh and Amla Ramesh, L-V*

On 7th of August, 2007 Mr. Ajit Bajaj, the man who explored both North and South Pole on skies, was here in Sanawar to tell us about his experiences. Recalling his stay in Sanawar he said that he always dreamed of being an expeditioner. He would read about the polar explorers in library. He says, "Just dreaming something is not enough, there are real challenges to face". He climbed Mt. Kilimanjaro in Africa besides scaling many more. Before going to North Pole, he practised for it by jumping into frozen lakes. Within the Arctic circle, he saw 24 hours of daylight. On the way to the North Pole, he says he did feel low and depressed at times, but singing the school song motivated him.

The geographical North Pole is 90°N in Canada and the magnetic North Pole is 82°N which is moving 40 kilometres every year. Mr. Bajaj used to wake up at 4:30 every morning and faced the biting temperature of -70°C in which he and his team had to keep moving else the sweat would freeze. For this purpose, they had to keep themselves hydrated and they had to keep eating as the explorers are prone to weight loss. They kept the Global Positioning Systems (GPS) with them so as to reach the North Pole. He said that the most important thing was that no one complained. He added that no one lost their temper and kept their sense of humour alive.

During the expedition they thought about the warm places, as even though the North Pole had 24 hours of daylight, there was no warmth of the Sun. They finally made it to the North Pole inspite of the polar drifts which kept pushing them to the South. He placed the Indian flag on 90° and felt on top of the world.

After this, he came back to India in June to face a drastic change in temperature. Within a short span he agreed to the proposal of exploring the South Pole and left on Christmas. He reached the South Pole in early January 2007. He said that Antarctica is larger than Europe and landing on this continent felt like landing on Mars in a way. Antarctica is 99.6% ice and the rest 0.4% rock. He shared that North Pole was harder than South Pole as in North Pole, the polar drifts were disheartening. But the South Pole was indeed harder than climbing Mount Everest. He reached the South Pole

successfully on Republic Day but was disappointed to see American buildings in an area which they wanted to keep pristine and clear. He unfurled the school flag and the National flag and felt proud to be an Indian. He told us that we all have a duty towards our school and the National Flag. He advised us to be prepared to face storms. In his words, "Dream big and do the best of what you decide".

Hats off to this gentleman, who, we hope, will reach more heights than what he has achieved and make our country and our school "The Lawrence School Sanawar" prouder than ever. All the luck to you, from all of us.

### Exchange to Egypt

*Phagun Rtshi, L-VI*

Mummies, Pyramids, Sphinx, Pharoahs, Cleopatra were a few words that started buzzing in my mind as soon as I came to know that I was picked for an exchange to Egypt. The excitement of visiting this mysterious and one of the most ancient civilisations of the world gave me sleepless nights. And this soon turned into reality when I landed in Cairo on 14th July, 2007. I was a part of TE2 camp meaning 'Think Egypt' organised by the Rotary International. It was a historical cum cultural exchange which besides Bharat and me had 32 other participants from countries like Hungary, Slovenia, U.S., Germany, Croatia, Taiwan, France, Spain, Austria, Denmark, Belgium, Switzerland and Netherlands. The next 15 days were packed with sight-seeing and a lot of other activities besides getting a taste of the Egyptian cuisine. We started by visiting the famous Pyramids and Sphinx at Giza which left me awestruck. Thereafter we visited the museum in Cairo where I was dumbstruck to see all the things of the Pharoah made in gold especially the umbrella, cow-sheds and not to mention nail covers. After that we visited Alexandria, the citadel in Alexandria, the Suez Canal, Old Cairo where we visited a mosque, a Coptic church in the shape of Noah's Arc and Jewish temple. All three were situated adjacent to each other portraying a high degree of religious tolerance. By the way, when we went to the mosque, the girls had to wear green robes in which we looked quite funny. We even managed a dip in the Red Sea where we were quite amused to see a fully-burqa clad Egyptian woman swimming along with her child. The cruise on the River Nile was memorable. An amazing visit to an Egyptian village gave us a taste of true Egyptian life besides 'Black Honey'. Khan-ul-Khallili was an old Egyptian bazaar where you could buy any and everything but you just had to haggle. In all this I was often mistaken to be an Egyptian and had a few embarrassing moments with people speaking to me in Arabic, but I did use it to my benefit. The general questions about India were, 'Do you worship the cows? or they would ask me, 'Why are you a vegetarian?'

The Punjabi MC was quite popular among them. In Egypt if you were an Indian you had to be related to Amitabh Bachchan.

We celebrated International Day where we exchanged our cultures and cuisines. Not to mention that other girls were spell-bound by my glass bangles.

This experience has been once in a lifetime for me where it has opened up my mind to what we call a world culture which is a fast emerging trend of today's time. Which simply means that even though we are from different countries we share a common bond of brotherhood, respect and tolerance for each other which are imperative for promoting World Peace. I have made some life long friends who are all set to visit India soon.

I would like to extend my heartfelt gratitude to our Headmaster—Mr. Vasisht, Senior Mistress Ms. S. Mukherjee, Exchange Co-ordinator—Mrs. M. Solomon and my Housemistress—Mrs. N. Tehlan.

And in the end I would like to thank my parents for keeping their promise of sending me on this exchange.

!! Shukraan. !!

### **NBA Camp**

*Alam Sohal, U-V*

During the summer holidays, I went on a vacation to USA. Since there was nothing else to do I joined a basketball camp. The camp was organized by the NBA team 'Golden State Warriors'. It was held at the Silliman Centre in Fremont, California. On the first day at camp, I was very nervous as I thought everyone would be better than me. But, as we started playing I found that I was one of the best. I got into the 'A' division. After the first day was over the kids asked me if I was in a high school team and were amazed to know that I was from India. They asked me all sorts of questions about India. Our daily routine was—warmup, practice sessions, match, drills, movies and one more match. We used to play games like 2 Ball, knockout, Free throw challenge, 3 on 3, 1 on 1 and 5 on 5. I took all the games as a joke and never bothered about playing them seriously. On the second day I made many new friends, both Indians and Americans. We used to sit and talk during the lunch break. On the third day an old NBA player Chris Mullin came and gave us a lecture on how to improve our skills and game. He made us all play a game called 'LAND SEA AIR'. It was a tiring day. The next day before our games, the coaches told us that there were prizes for every game. On hearing this I became serious about games and started playing well. I performed great in all the games that day. In total we played 10 matches and won all of them. On the last day of the camp, I was determined to win atleast some prizes so I played as hard as I could. It was the day when kids were to be crowned as champions. All the finals were on that day. I won all championships except the 2 Ball game. And finally the time came when the name of the MVP (Most Valuable Player) was to be announced. I was sitting with my fingers crossed. I couldn't believe it when the coach took my name. Everyone clapped and applauded for me. I won many prizes.

In total I had 2 jerseys, shorts, a headband, a basketball, a bag and my certificates. It was a great experience for me. I came back leaving respect for India in everybody's mind.

### **Planetaria Show**

*Bhawana Soni, L-IV*

It shall be the duty of every citizen of India to develop the scientific temper, humanism and the spirit of inquiry and reform.

This year on 7th September, 2007 there was a planetaria show called as Leoplanetaria. It was meant for all the classes. There was a huge tent shaped like a dome, placed inside the SSC. As we entered, it looked as if we had entered a different planet. There were moons, stars, satellites etc. and it actually looked as if we had entered space.

We were told so many things which we all had never thought about. The most amazing thing was about the constellation. Our great, great grand fathers also observed the shapes of lion, scorpion bear, rat etc. Can you believe that the sun is the size of the dot over a letter i, the nearest star would be a dot 10 miles away? We learnt about astronomy of stars and space science, etc. We were encouraged to take it as a hobby. Learning astronomy with looking at the stars with a telescope is fun. It is like having a new eye, like a child having a glimpse of a wonderland.

We thank the school for this show from which we have gained lots of knowledge. The school should carry on conducting these shows which are interesting and enjoyable. This show really encouraged us the way they have always done.

### **A Trip to 'The Tribune' Chandigarh**

*Kriti Chauhan, U-VI*

On 22nd August, 2007, students of the editorial board of the Newsletter and the School Magazine went on a trip to visit 'The Tribune' office Chandigarh. The students were accompanied by Mrs. Ashima Bath and Mrs. Naina Dhillon.

We left at 8-00 a.m. after breakfast and reached the office around 10-30 a.m. There, we were introduced to an official, who familiarised us about the sources of news, types of paper and ink used in the printing of paper.

When we first entered the printing press we saw the telewriter that prints out all the news being received. Then we visited professionals at work who had been assigned with the task of making pages of the newspaper by adding pictures and necessary details which came to them from the editor.

We saw the printing machines in action, printing about 8 pages simultaneously. After this we all gathered around our patient guide who answered all the queries from the children. She was quite



amazed at their interest and inquisitiveness. Later we were provided refreshments and then thanking them we took leave and headed for Fun Republic where we spent one hour or so.

This trip sent us back well equipped with the knowledge about the print media and how lucrative and flourishing the job opportunities are in this field.

### **IPSC—IT Festival**

*Suneet Gyani, U-VI*

Having woken up at 3-00 a.m. in the morning of 19th August wasn't very pleasant. However, what awaited us later was truly worth it. Nine students along with two teachers left for Mayo College, Ajmer to take part in the IPSC—IT Festival. After hours of tiring journey and anxiety, we finally arrived at the school, spread on 400 acres over the holy city of Ajmer.

The first of its kind IT Festival saw students from 22 prestigious schools of the country participating in various competitions like—computer quiz, Power-point presentation, Brochure designing, Video composing, Flash multimedia, C++ programming and Web designing. The following students took part in the respective activities :

- i) Video composing & Multimedia : Shantanu Jha & Anant Sah
- ii) Computer quiz : Shantanu Jha & Aman Jamwal
- iii) Brochure designing : Suneet Gyani & Vidushi Sood.
- iv) Power Point presentation : Aasma Arora and Rahul Sachdeva.
- v) C++ programming : Vaibhav Soni & Nitish Pahwa.

Shantanu Jha and Anant Sah excelled in Video composing and were instrumental in pushing Sanawar to the third position.

Apart from the competitions we were also taken around the holy city including the 'Dargah' and the exclusive 'Brahma Temple' at Pushkar. The sanctum-sanctorum of Muslims and Hindus across the world.

The hospitality extended by our hosts was par excellence and it made our trip successful and a memorable one. We made some good friends there and carried back cherished memories of our time spent at Mayo.

In conclusion we would like to thank our escort teachers—Mrs. Daisy Gyani and Mr. Anil Chauhan, our HoF—Mr. Pramod Kumar for making our trip a reality.

### **Inter School English Debate**

Our English Debating Team comprising : Surya Dev Aggarwal and Khwab Sanghvi participated in the All India Inter School Debate Competition held on 18th August at St. John's High School, Chandigarh.

Both the speakers spoke very well. Khwab was adjudged as the 2nd best speaker. Our school was overall placed as the 2nd Runner-up among 12 teams that included Doon School and Sherwood College. Mayo Girls secured the 1st position. The Debate was held under the aegis of WORDS—The Debating Society.

### **Topic : Politics is a Man's World**

*For the Motion : Surya Dev Aggarwal*

In the words of the former Prime Minister of Pakistan, Benazir Bhutto, "Pakistan has thrown itself outside the Muslim World by voting for a man's place in the Islamic Society. I found that my opponents reduced themselves to verbal abuse, rather than to discuss issues, the very fact that I was a woman seemed to drive them into a frenzy. That was the biggest challenge. I don't know how to deal with that. I can deal with political differences but how do you deal with it when someone says, "I don't like you because you are a woman, and you have taken a man's place".

Politics is still a man's world, being run by men, playing by men's values and defined by male paradigms. Lets look at our testosterone laden foreign policy, for example or the testosterone laden foreign policy of any other nation, or the testosterone laden philosophy of Jihad, for that matter. The guy who is bigger, stronger and tougher or the guy who is more determined or the guy who thinks he has got God (most definitely a male God) on his side wins.

Although women have made large strides professionally over the last century but politics still remains a man's world. Significant barriers stand in the way of women assuming positions of political leadership. The infrastructure of our society and the world at large is thoroughly male dominated.

A recent world economic forum report notes that women have closed over 90% of gender gap in education and health but only 15% of it when it comes to political empowerment at the highest level. Even in the United States, 16 of the 100 members of the Senate and 71 of the total 435 members of house of representatives are women.

In India any attempt to advance the presence of women in chambers of Parliament has failed itself thoroughly time and again. In Rajya Sabha where members are appointed and thus can be easily chosen to represent a wide spectrum of India, only 28 of the total 242 seats are occupied by women.

To end, I would like to assert that women might have positioned themselves successfully as the heads of their respective families but they still remain to make a mark in the male dominated world of politics.

*Against the motion : Khwab Sanghvi*

We are a country with a woman at the helm, another woman instructing a Prime Minister to run the country—several other female head of states administering her word and a bunch of female cabinet ministers advising her on how to instruct this Prime Minister. Another thousand female panchayat heads demonstrating woman power at the root level.

I am sorry ! ... but I don't think I mentioned the word man here but I do think I am talking about the main positions in politics. So how on the face of earth, is politics a man's world ?

Women have made significant strides in most societies over the last century. They are breaking through traditional barriers of suppression.

But even as the media spotlight falls on the eleven female heads of Government around the world, another significant fact goes unreported —

That women's political leadership has brought about a more co-operative and less conflict prone world. A world dominated by female leaders would be much more peaceful than one where female leaders are a minority because men are biologically more inclined towards violence than women.

Give women the opportunity to be inspired by those women who made a difference and may be then they can change the world, one woman at a time. And it won't be far before there will be a paradigm shift and the strength of the nation will no longer be defined by the quantity and deadliness of its weapons but rather by the compassion and humanity of its Government and the quality of life of its citizens—all its citizens.

The feminisation of world politics, statistically has been taking place over the past 100 years but history is evidence to the fact that women have been the most successful politicians ever.

'Hathesput' has been the greatest Pharaoh Egypt ever knew. Queen Elizabeth the first, was the most powerful and most loved British monarch. Margaret Thatcher—one of the most successful British Prime Ministers. Indira Gandhi—no other Indian Prime Minister can be stretched to her parallel. Her word was command and reign revolutionary. She did rock the nation! Michelle Bachelet—President elect Chile, was elected the first woman President of Chile, beating billionaire businessman Sebastian Pinera. She is now head of the military that kidnapped and tortured her during Pinochet's regime. Chancellor Angela Merkel—Germany's Iron Lady. The first black and woman U.S secretary of State Condolezza Rice. Heads of Ireland, New Zeland, Sri Lanka, Phillipines, etc., etc.

Thus to conclude I would like to say that women have proven their worth in politics. Women are strong, steadfast and able to lead better than men.

There are signs across the globe that the progress of women in political power is an ideal that's become a reality.

And of course none of us would have been here, let alone any of this political debate without women.

Indeed, it is undoubtedly a woman's world.

**Hindi Declamation Competition**

*Taaneya Grewal, U-VI*

The 6th Inter School Hindi Declamation Contest was an indelible testimony to Barne Hall reverberating with eloquent speeches by the participants from 13 contending schools. Besides the host Sanawar, 12 other teams including—Doon School Dehradun, Sherwood College Nainital, BCS Shimla, Sainik School Chittorgarh, Himalayan International School Charabra, APS Dagshai, Eicher School Parwanoo, DAV Sr. Sec. School Parwanoo, Pinegrove School Subathu, Military School Chail, Welham Girls Dehradun and BL Cent. Sr. Sec School Solan participated in the Declamation Competition, which was held on 15th of Sept. 2007. Dr. Shrikant Baldi (IAS), Secretary, Multi—purpose Project and Power, Himachal Pradesh was the Chief Guest.

Under the individual category, Khwab Sanghvi of The Lawrence School, Sanawar, and Megha Jaswal of APS Dagshai bagged first and second position respectively. Yashika Pehal of The Lawrence School, Sanawar, and Rohit Goel of Pinegrove School, Subathu shared the third rank. Consolation Prizes were awarded to Kanika Dogar of Eicher School, Parwanoo, Puneet Sharma of DAV Sr. Sec. School, Parwanoo, and Prateek Makhija of Pinegrove, School, Subathu.

The overall first three positions went to—The Lawrence School, Sanawar; Pinegrove School, Subathu and Eicher School, Parwanoo respectively. Dr. S. Khan, HoF, Faculty of Oriental Languages was the Chief Coordinator of the competition.

**The Woman I Admire**

*Tanvi Manglick, U-VI*

The one who gave me a chance,  
To see this place called 'World'  
full of seasons—hot, spring or cold,  
full of people who sing and dance.

She held me in her hand  
and thanked almighty for this gift  
She dressed me up, in all the brands  
but never away, let my mind drift.

She took all the pain  
to keep me out of vain  
She gave her best always, to keep my mind sane and  
never let my tears drop, just like the rain.

Every tear-drop of hers  
is precious like the diamond,  
She can be as soft as the furs and  
strength giving as an almond.

Her warm hug eases all my fear  
 She's my power, my God, my saviour  
 She fulfilled all I asked for  
 even a lit' sib, how could I ask for more  
 She's the only constant in my life  
 I wish I never gave her the pains of knife.  
 I failed to realise this woman's worth,  
 who brought me onto this beautiful Earth  
 She taught me every step of how to go about  
 I promise, now, to never let her face any drought.  
 Whenever I felt lonely  
 Someone stood beside me  
 I wonder who it could be ?  
 there was this person—unfailingly !  
 Guess, I always got it wrong,  
 thought it was 'else' so strong !  
 But later I realised  
 when happiness had minimized  
 that it was always-none-other  
 than my forever young beautiful

—MOTHER !!!

### Sanawar Is The Best

*Sarah Yadav L-III*

There are many stars in the sky,  
 But some of them twinkle very high.  
 I know a star and you know it too,  
 So I leave the guessing part on to you,  
 Today its name is on every body's tongue,  
 It is meant for the students who are bright  
 and young.  
 Whether you go east or west,  
 At last, you will say Sanawar is the best.

### Section III : From the Staff

#### Ace Achievers

*Dr. V.K. Sharma—Dof*

CBSE awards Certificate of Merit in each subject to the top 0.1% of the successful candidates in order to recognise their merit and outstanding performance at its class X and XII examination. I am pleased to announce that this year we have seven children from X and one from class XII.

#### Class—X

1. Amanat Sidhu : for Mathematics and Social Science
2. Manu Sharma : for English Communication
3. Stuti Garg : for Mathematics
4. Harsh Agarwal : for Mathematics
5. Sarishtee Modgil : for English Communication
6. Taranjeet Babbar : for Mathematics
7. Vibhore Relhan : for English Communication, Mathematics and Science & Technology

#### Class—XII

1. Ankit Grover : for Economics

Well done ! Keep it up !!

### Biz Quiz, 2007—A Report

*Mrs. Anita Sharma—Faculty of Commerce*

The Lawrence School, Sanawar hosted the 3rd Inter-School Business Quiz on 6th Sept. 2007. The quiz was organised by the Commerce Faculty. 12 schools participated in the contest. They were G.D. Birla Memorial School, Ranikhet; Hansraj Public School, Panchkula; Mayo College Girls' School Ajmer; Mayo College Boys' School, Ajmer; Mussoorie International School, Mussoorie; Pinegrove School, Subathu, St. Stephen's School, Chandigarh; The Sagar School, Rajasthan; Welham Girls' School, Dehradun and The Lawrence School, Sanawar.

After the written preliminary round, only four teams were able to qualify for the final round that comprised of 3 rounds : Make or Break round, Clue round and Rapid Fire round. The questions put forth were from six main categories : Invention and Technology, Advertising and Brands, Bosses and Babus, Chak De India, Mixed Bag and Entertainers. Mr. Chitranjan Agarwal was the quiz master.

The Lawrence School, Sanawar won the Quiz with a thumping victory scoring (235 points) followed by Hansraj Public School, Panchkula (115 points), St. Stephen's School, Chandigarh (80 points) and G.D. Birla Memorial School, Ranikhet (70 points). The host team consisting of Priyam Patel, Suneet Gyani, Simarpreet Arora and Raghav Goel was trained and guided by Mr. Gaurav Sood.

Hero Motors M.D. Pankaj Munjal, an old Sanawarian was the chief guest. He gave away the prizes to winners. In his address, he fondly remembered the school, its values and the serene natural surroundings. He motivated students to come up with new ideas, be passionate about their work, take calculated risks to move ahead and to always remember the school motto 'Never give in'.

Brig. I.S. Cheema, Chairman—Academic Council and Member—Board of Governors gave the vote of thanks.

### Residential School and Teachers

*Mrs. Jane Suganthy Nathaniel (Faculty of Science)*

Teaching—A noble profession I was told when I decided to take up teaching. I started working in a day school with children from all walks of life. When I saw the expectations of parents from teachers I really realized it is no doubt a noble profession. In a day school where children spend most of the day time with teachers from the age of four it is easy to fulfil the expectations of the parents as children are handed over to teachers in their formative years. It is much easier to mould them when we begin at that age. Habits and manners begin to develop from the time they are infants and get fixed by the time they are 6 years old and what they learn depends a lot on the environment they are placed in.

I joined Sanawar ten years later. When I left the school I worked for, I saw the tears of parents more than that of the students which told me clearly this profession is no doubt a noble one.

The task of the teacher in a residential school is much different from that of a day school. Here it is not just teaching—games, sports, food, health, everything is taken care of by the school and teachers play an important role in every sphere. Children become ours while at school. Yet the parents need to play a leading role in accomplishing the teacher's efforts to mould their children to their expectations. This is often forgotten by most parents. The normal tendency is that when a teacher makes a complaint about the child's attitude or behaviour to the parent the response is "what can we do, the child is with you most of the year." They may be right in a way but the point to be noted is that the children are admitted at the age of 9 or 10 and in some cases even later. The environment in which they grow gives them the basic lessons in the development of manners and etiquettes which are fixed in them by the time they reach this school. Once habits are fixed it is very difficult to replace them with what we want in a short span of time. Immediate transformation will take place only if the child is willing to accept consciously what we teach. I have seen it happen in some children. With many it happens gradually. With some it has been next to impossible to achieve satisfactory results over a considerable period of time. Here to get positive results, I mentioned it to one of the parents to contribute 50% input and I shall give the rest so that we work on the child together. The immediate response of the parent was "I believe parents should contribute 80% without that you are helpless". His words led me to think and analyse the work we are doing. In due course of time I realized most of the children who are never a problem are the ones who are clearly aware of their parent's expectations from them which include academics, behaviour and attitude and they work sincerely to fulfil their parents' demands and

they prove to be successful also. Some others really work to improve because they are being told every day and reminded every day what they are in the school for. Others who are not motivated by their parents however hard we work with them the result is not obvious as they seem to lack self realization and that may set in much later in life. Often when they are rebuked for the wrong they do, they think that they are being hated. They can't understand that it is pure love which is being shown to them to get them in the right path as it is not possible for a normal human being to hate children.

A teacher can be a cool breeze, a strong wind or a storm. It depends on the circumstance and the seriousness of the situation. It is not advisable to be a storm as it can cause damage somewhere, even to one's self. Being a strong wind is necessary at times to establish the severity of the situation. Be a cool breeze. Every student will adore you but it is not always possible !!

## Section IV : FROM THE FACULTY OF SPORTS

### Xth Bhupinder Singh Memorial Soccer Tournament

*Apoorva Bisht, U-VI*

The 27th to the 30th of August saw the whole school reeling under the grip of soccer fever. The Xth Bhupinder Singh Memorial Soccer Tournament was declared open at the school ground by Col Sunil Sood (OS) Deputy Commandant, 14 GTC, Subathu.

Contending for the trophy were 8 teams that were divided into two pools. Pool A was clubbed with The LS Sanawar, BCS Shimla, YPS Patiala and APS Dagshai. Whereas Pool B comprised of Sherwood College Nainital, Pinegrove School Subathu, YPS Mohali and Doon School Dehradun.

The opening match was an easy win for The LS Sanawar when it defeated BCS Shimla 3-1. Penjo scored the first goal in the 5th minute followed by two more goals by Nippon. The matches that ensued over the next few days were a treat of gusto for the spectators who witnessed a perfect display of skill, technique, stamina and coordination in the best traditions of sportsman spirit.

The hosts completed their Pool A engagements with an all-win record in the four-team league phase. In Pool B, the defending champions Sherwood College, Nainital finished their league programme with two victories and one draw.

In the first semifinal, The LS Sanawar defeated Sherwood College Nainital 2-1. Whereas in the second semifinal BCS Shimla scored a 2-1 victory over Pinegrove School Subathu.

The final was played between The LS Sanawar and BCS Shimla where the hosts drubbed the latter 6-0 to lift the Inter-School Football Trophy. Penjo Wangchuck scored a hat-trick and Karan Hora scored two times, while Mohamad Talib scored one goal.

The crowning glory of The L S Sanawar lay in the fact that it remained unbeaten throughout the tournament. Karan Hora finished as the highest scorer of the tournament. Parth Goel was declared the best goalkeeper of the tournament, while Pung Pung of BCS was the best player of the tournament. Brigadier Thomas George, Brigade Commander, Kasauli declared the tournament closed after giving away the Trophy and Prizes to the teams.

The resounding victory of LS Sanawar soccer team was creditworthy, all due to the wholehearted and untiring efforts made by Shri Rakesh Sharma (Coach) and Shri Mukesh Chand (I/c). They left no stone unturned in training and motivating the players to win.

### Lawrence Eves Win IPSC Shooting Trophy

*Simar Rana, U-V*

The Lawrence School Sanawar played host to the IPSC (Indian Public School Conference) Shooting Championship for Girls from 7th to 9th Sept, 2007. A total of 70 participants from as many as eight schools participated in the shooting championship. They included—APS Dagshai, Daly College Indore, Pinegrove School Subathu, MNSS Rai, Pestlweed Dehradun, Mayo Girls Ajmer, Welham Girls Dehradun and L S Sanawar. Dr. HPS Dhillon, Principal, YPS Mohali, was the chief guest at the opening ceremony.

The three day shooting gala saw some excellent precision shooting in various categories. The L S Sanawar lifted the winners trophy with 65 points MNSS Rai and Daly College Indore were second and third with 30 and 20 points respectively.

The closing ceremony was presided over by Shri A.S. Ahluwalia, Director General, Labour Bureau. He gave away the prizes to the winners which included Jasneet, Razia and Simar of The LS Sanawar as winner in the Open Sight Air Rifle category; Kadambari, Lalwani and Megha of Daly College Indore as winner in Peep Sight Air Rifle category and MNSS Rai as winner in Air Pistol category.

The medal winners from the host team included:— Rhea Cheema (Captain), Christina Hansingh, Simar Rana, Jasneet Chaudhary, Razia Malhotra, Pragya Munjal, Akansha Samyal, Mehak Suri, Simran Gill, Aishwarya Thakur, Kriti Chauhan, Veda Shreshtha, Vidushi Sood, Mannat Sandhu and Himani Rana.

The host team is greatly indebted to Shri Manish Giri (coach) and Shri R.P. Gautam (I/c) for its glorious success.

### A Friendly Match

*Alam Sohal, U-V*

19th August '07. New Court, Sanawar.

A Basketball match was played between The Lawrence School Sanawar and the Akal Academy, Baru Sahib. It was a spectacular match with great hooping. Sanawar won the match which was stopped due to rain. The final score was 72-58 in Sanawar's favour. Alam Sohal and Navtej Bassi were amongst the top scorers. It was a great match played with great spirit by both the teams.

### Section V : From the O.S.

**Dutt ! Won't You Stand Up Again !!**

**A Classmate Implores**

*Pawan Mutneja*

*1968-77—Himalaya*

- Form II :- We watched you come in with those Red and Brown Soccer shoes BD Vs PD match : We cheered while you scored that all important goal.
- L-III to U-III :- We watched while all those big GD girls swooned and wanted to make friends with you; We kept our feelings to ourselves
- L-IV to U-V :- We watched while you faltered in spelling Maths and regularly made the Housemasters list. You recited portions of your mother's letters imploring you to realize your self worth and up : We couldn't agree more.
- Form VI :- We watched while you received love letters from starlet's...and we laughed together.
- After School:- We watched and rocked with your 'ROCKY'  
We heard about your mom's sad demise and realised the impact she had on you :  
We sympathized.  
We heard about your newly acquired habits...  
We prayed for you to rise above them. You did not disappoint us.  
We watched about your case and internment.  
We hoped and prayed for your release  
We watched your reincarnation as Munna Bhai  
We realized the limitations of Jaddu Ki Jhappi.

We watched your Gandhigiri.....one  
cheek, other cheek,  
Lo & behold ! People again experi-  
mented with Gandhi's truth.

**We now heard the Verdict**

**And...Yerawada**

**Dutt won't you Stand up...Again**

- To score that all important goal,
- To come up to your mother's expectations'
- To be Munna Bhai...the common man's friend,
- To be like Gandhi whose indomitable will  
Yerawada couldn't dent.

**Dutt won't you stand up...Again**

- For us to laugh together,
- We promise to cheer again
- And we promise to cheer again.

## Section VI : Headmaster's Mail

From : Ajeet Bajaj

Dear O. S.

I was recently in Sana' to share my Polar experiences with the students and talk about global warming / climate change. The Sana'rians seemed to enjoy the talk and I saw very few dozing heads.

It was great to see the dedication that Peaks and his team are showing in keeping the Sana'rian flag flying high. It sure helps to have many sincere O.S. in the faculty. I felt a renewed enthusiasm in the air and felt that Sana' is on an upswing. I must say that I was impressed and wanted to share my feelings with the Sana' fraternity. I would like to wish Peaks and his team the very best.

With warm regards

Ajeet Bajaj (Bagage)

Siwalik '83.

### हिन्दी खण्ड

#### 25 वर्ष का सम्माननोय कार्यकाल

3 अगस्त, 2007 को श्रीमती कृष्णा पुरी ने विद्यालय में अपने सेवाकाल के 25 वर्ष पूरे किए। इस शुभ अवसर पर मुख्याध्यापक महोदय ने श्रीमती कृष्णा पुरी के कार्यकाल का संक्षेप में वर्णन किया। उन्होंने उनकी निष्पक्षता, कर्तव्यनिष्ठा ईमानदारी, अध्यापन तथा हिन्दी नाटिकाओं आदि में उनके निर्देशन पर प्रकाश डाला तथा इस बात पर विशेष बल दिया कि उन्होंने अपने कार्यकाल में विद्यार्थियों को न केवल अनुशासित किया अपितु उनके चरित्र निर्माण में भी योगदान दिया।

अप्रवासी भारतीयों के बच्चों को हिन्दी सिखाने में तथा काव्य पाठ प्रतियोगिताओं में उनकी विशेष रुचि रही है। मुख्याध्यापक महोदय ने श्रीमती पुरी के इस मंत्र का भी उल्लेख किया कि वे इस बात में विश्वास रखती हैं कि एक छात्रा को शिक्षित करने से एक पूरा परिवार शिक्षित होता है। अन्त में मुख्याध्यापक महोदय ने उन्हें इस शुभ अवसर पर शुभकामनाएँ देते हुए उनके मंगलमय जीवन की कामना की तथा विद्यालय की तरफ से उन्हें एक रजत स्मृति चिह्न भेंट किया। सारा प्रार्थनास्थल तालियों की गड़गड़ाहट से गूँज उठा।

श्रीमती पुरी ने अपने संक्षिप्त भाषण में इस दिन को अत्यधिक महत्वपूर्ण बताया। उन्होंने वर्तमान और पूर्ववत सभी मुख्याध्यापकों को, विभागाध्यक्षों को तथा सहयोगियों को धन्यवाद दिया और विद्यार्थियों के स्नेह का स्मरण किया। उन्होंने विश्वास दिलाया कि वे भविष्य में भी बच्चों को शिक्षित करने का पुण्य काय करती रहेंगी तथा अपनी मातृभाषा, राजभाषा, राष्ट्रभाषा हिन्दी के प्रति प्रेम को बढ़ाती रहेंगी। 'हिन्दी अध्यापिका' होना उनके लिए गर्व की बात है। अन्त में उन्होंने मुख्याध्यापक महोदय को उनके शब्दों के लिए धन्यवाद दिया तथा एक अंग्रेजी की कहावत और 'कभी हार न मानो' के उद्धोष के साथ अपना संबोधन समाप्त किया।

विद्यार्थियों द्वारा प्रार्थना सभा में निम्न विचार प्रकट किए गए :

आरती का समय हो रहा था। देवमूर्तियों को खूब सजाया गया था। भारी भीड़ थी; क्योंकि आरती का आरंभ आज स्वयं चैतन्य महाप्रभु को करना था। भीड़ में जब एक स्त्री देवमूर्तियों की पूजा न कर सकी, तो पत्थर के एक खंभे का सहारा लेकर ऊपर चढ़ गई और उसने एक पैर खंभे पर तो दूसरा महाप्रभु के कंधे पर रख दिया और मूर्तियों को देखने लगी। अचानक पुजारी की निगाह पड़ी तो पुजारी डाँटकर बोले, 'मूर्ख स्त्री! क्या कर रही हो? महाप्रभु के कंधे पर पैर रखकर खड़ी है। स्त्री लज्जित हुई और महाप्रभु से क्षमा माँगने लगी। महाप्रभु ने कहा—माँ! तुमने कुछ भी बुरा नहीं किया। तुम्हें देवदर्शन की लालसा थी। लालसा से लगन पैदा होती है। तुमने प्रयत्न किया। उद्देश्य शुभ था, लगन सच्ची थी, इसलिए जोश में तुम प्रयत्न कैसा है, नहीं देख सकी। अच्छा हो कि हमारे प्रयत्न अंधे न हो। हम में धैर्य हो, संयम हो, उचित-अनुचित का बोध हो तो हमें सत्यमूर्ति के अवश्य दर्शन होंगे। हमारे प्रयत्न सफल होंगे।

मानु डंडियाल

कक्षा नौवी

उठो ! चलो ! इन सँकरे-कंटीले रातों के बीच तुम्हारा हाथ पकड़कर रास्ता दिखाने-बताने के लिए कोई देवदूत आने वाला नहीं है। तुम्हारे सूखे कंठ को शीतल पानी अथवा शर्बत से तर करके तथा रास्ते में बिखरे कंकड़-पत्थरों को चुनकर तुम्हें सीधी-सहज सड़क पर ले जाने वाला कोई ईश्वरीय प्रतिनिधि आने वाला नहीं है। इन राह-रास्तों के पत्थरों और कंकड़ों को रौंदकर और कांटों को कुचल कर तुम्हें ही साहस पूर्वक अपनी मंजिल की ओर बढ़ना है। भाग्य के भरोसे बैठने वाले कभी सफलता के स्वर्ण-श्रंगों पर अपने झंडे नहीं लहरा पाते। याद रखिए ईश्वर भी सदा उन्हीं कर्मवीरों के साथ हैं, जो लाम-हानि और कष्ट-पीड़ा की चिंता किए बिना, जो पैरों की थकान की उपेक्षा करते हुए निरंतर आगे बढ़ा करते हैं। भाग्य के सहारे बैठने वाले निकम्मे और निराश-हताश, ऐसे कायर लोग होते हैं इसलिए भाग्य के भरोसे न बैठकर अपना कार्य करें।

प्रार्थना : हे गीता का उपदेश देने वाले महाप्रभु श्री कृष्ण भगवान ! हम सभी आपके सामने अपना सिर झुकाते हैं और प्रार्थना करते हैं कि आप हमें कर्म करने की प्रेरणा देते रहें।

परमवीर मारवाह  
कक्षा नौवीं

श्रम संसार में सफलता प्राप्त करने का महत्त्वपूर्ण साधन है। श्रम करके हम अपने जीवन में ऊँची से ऊँची मंजिल तक पहुँच सकते हैं। संसार कर्म क्षेत्र है अतः यहाँ कर्म करना ही हम सबका धर्म है। इसलिए कहा गया है “कर्म ही पूजा है।” किसी कार्य में सफलता तभी मिलती है जब हम तन-मन से परिश्रम करते हैं। श्रम ही जीवन की गति प्रदान करता है। चींटी को भी श्रमजीवी कहा गया है। वह श्रम करके एक-एक दाना चुनकर एकत्रित करती है, ताकि वर्षा के समय उसका उपयोग कर सके। ठीक उसी प्रकार परिश्रमी व्यक्ति अपने जीवन में लक्ष्मी का कृपा पात्र बनता है। परिश्रमी व्यक्ति भाग्य का सहारा न लेकर कर्म का सहारा लेता है। भाग्य का सहारा केवल आलसी व्यक्ति ही लेते हैं, जो जीवन में सफलता प्राप्त नहीं कर पाते।

श्रम साधना करने वालों को यश प्राप्त होता है। कवि हरिऔध जी ने परिश्रमी व्यक्ति को कर्मवीर बताते हुए कहा है—

“ देखकर बाधा, विविध बहु विघ्न घबराते नहीं,  
रह भरोसे भाग्य के दुख भोग, पछताते नहीं ”

आशिना वर्मा  
कक्षा-नौवीं

आत्मनिर्भरता का अर्थ है—अपने ऊपर निर्भर रहना अर्थात् अपना सहारा स्वयं बनना। आत्मनिर्भरता एक श्रेष्ठ गुण है। यह गुण साधना और परिश्रम से विकसित होता है। आत्मविश्वास का गुण मानव का एक सच्चा मित्र है। ईश्वर भी उन्हीं लोगों की सहायता करता है जो अपनी सहायता स्वयं करते हैं। अंग्रेजी में एक कहावत है —

‘God helps those, who help themselves’

आत्मनिर्भरता के बल पर व्यक्ति अपनी किसी भी आकांक्षा की पूर्ति कर सकता है। आत्मनिर्भर व्यक्ति स्वाभिमानी और एकांतप्रिय होता है। जिस देश के नागरिकों एवं विद्यार्थियों में आत्मनिर्भरता का गुण आ जाता है वह देश प्रत्येक क्षेत्र में प्रगति करने में समर्थ हो जाता है। इतिहास साक्षी है कि संसार की सभी विभूतियों ने आत्मनिर्भरता के गुण के कारण ही प्रसिद्धि प्राप्त की हैं। शिवाजी, महाराणा प्रताप, नेपोलियन, जॉर्ज वाशिंगटन, अब्राहम लिंकन, महात्मा गांधी आदि महापुरुष इसके प्रत्यक्ष उदाहरण हैं।

आत्मनिर्भरता ही जीवन में उन्नति का साधन है इसलिए हम सब प्रण करें कि हम सभी आत्मनिर्भर और कर्मप्रधान बनें।

ऐ सनावर, है तुझमें ऐसी इतमी हुनर की दास्ताँ,  
चूमता है तेरी पेशानी को झुककर आस्माँ ।

प्रार्थना :—

हे ईश्वर, संसार के स्वामी ! हम सब आपसे प्रार्थना करते हैं कि हमें श्रम करने में विश्वास और आत्मनिर्भर बनने की शक्ति प्रदान करें। हे ईश्वर, हमारा विद्यालय चमन की तरह खिलकर सारे संसार को सुगंधित करे ॥

यशु अरोड़ा  
कक्षा सातवीं

लारेंस स्कूल ने जीती फुटबाल प्रतियोगिता

सोलन। लारेंस स्कूल, सनावर में हुई 10वीं अंतर विद्यालय भूपेंद्र सिंह स्मृति फुटबाल प्रतियोगिता के फाइनल मुकाबले में मेजबान स्कूल ने शानदार खेल का प्रदर्शन करते हुए बिशप कॉन्टन स्कूल शिमला को 6-0 से पराजित कर ट्राफी पर कब्जा जमा लिया। उपविजेता रहीं टीम के खिलाड़ी पुंग-पुंग को प्रतियोगिता का सर्वश्रेष्ठ खिलाड़ी घोषित किया गया। खिताबी मुकाबले में सनावर के खिलाड़ियों ने शुरुआत से ही विपक्षी टीम पर दबाव बनाना शुरू कर दिया। एक के बाद एक गोल खाने से शिमला के खिलाड़ी काफी मायूस दिखे। सनावर स्कूल ने यह मैच 6-0 से जीत कर ट्राफी पर कब्जा जमा लिया। विजेता टीम के खिलाड़ी

पेंजो बांग्चुक ने तीन गोल किए, जबकि करण होरा ने दो और मोहम्मद तालिब ने एक गोल किया। लारेंस स्कूल के खिलाड़ी करण होरा को सर्वाधिक स्कोरर, इसी विद्यालय के पार्थ गोयल को सर्वश्रेष्ठ गोलकीपर और बिशप कॉटन स्कूल शिमला के पुंग-पुंग को प्रतियोगिता का सर्वश्रेष्ठ खिलाड़ी का पुरस्कार दिया गया।

अमर उजाला, तिथि 31-8-07

विभागीय प्रतियोगिताओं के परिणाम :

दिनांक 25 अगस्त, 2007 को हुई अन्तर्सदन हिन्दी भाषण प्रतियोगिता के परिणाम निम्न रहे :—

सबनगत परिणाम :

|         |             |
|---------|-------------|
| स्थान   | सदन         |
| चतुर्थ  | ... हिमालय  |
| तृतीय   | ... नीलगिरी |
| द्वितीय | ... विंध्या |
| प्रथम   | ... शिवालिक |

व्यक्तिगत परिणाम :

|         |                    |
|---------|--------------------|
| स्थान   | नाम                |
| तृतीय   | ... स्वाब सांघवी   |
| द्वितीय | ... अनिरुद्ध राठीर |
| प्रथम   | ... याशिका पहल     |

अन्तर्विद्यालय हिन्दी भाषण प्रतियोगिता—2007

निम्न विद्यालयों ने प्रतियोगिता में भाग लिया :

1. हिमालयन् इंटरनेशनल स्कूल, शिमला
2. ए०पी०एस०, डगसाई
3. पाइनप्रोव स्कूल, सुबाथू
4. बी०सी०एस०, शिमला
5. शेरवुड कॉलेज, नैनीताल
6. गीता आदर्श सी०से० स्कूल, सोलन
7. सैनिक स्कूल, चितौड़गढ़
8. डी०ए०बी०सी०से० स्कूल, परवाणु
9. आइशर स्कूल, परवाणु
10. बी०एल०से०सी०से० स्कूल, सोलन
11. मिलट्री स्कूल, चायल
12. दी डून स्कूल, बेहराडून
13. दी लारेंस स्कूल, सनावर

विद्यालयीय परिणाम इस प्रकार रहे :

|         |                         |
|---------|-------------------------|
| स्थान   | विद्यालय                |
| तृतीय   | आइशर स्कूल, परवाणु      |
| द्वितीय | पाइनप्रोव स्कूल, सुबाथू |
| प्रथम   | दी लारेंस स्कूल, सनावर  |

व्यक्तिगत पुरस्कार :

|                       |              |                                  |
|-----------------------|--------------|----------------------------------|
| स्थान                 | पुरस्कार नाम | स्कूल                            |
| तृतीय सांत्वना-प्रतीक | मल्लीजा      | पाइनप्रोव स्कूल, सुबाथू          |
| द्वितीय सांत्वना      | पुनित शर्मा  | डी० ए० बी० सी० से० स्कूल, परवाणु |
| प्रथम सांत्वना        | कनिका डोगर   | आइशर स्कूल, परवाणु               |
| तृतीय                 | रोहित गोयल   | पाइनप्रोव स्कूल, सुबाथू          |
| द्वितीय               | याशिका पहल   | दी लारेंस स्कूल, सनावर           |
| प्रथम                 | मेघा जसवाल   | ए०पी०एस०, डगसाई                  |
|                       | स्वाब सांघवी | दी लारेंस स्कूल, सनावर           |

मेरा स्कूल

यह है मेरा सनावर स्कूल,  
मेरे सुन्दर सपनों का जहान,  
मुझे प्यार इससे, मुझे प्यार इससे ।  
अंचे सुन्दर पर्वत देते हैं पैगाम,  
रहो अडिग चाहे आएँ कितने ही तूफान,  
मेरे सुन्दर सपनों का जहान,  
मुझे प्यार इससे..... ।

यह है हमारी ज्ञान भूमि और हमारे सपनों का जहान,  
मेरा सनावर स्कूल, मुझे प्यार इससे ।

चारों ओर बिखरी हरियाली इसकी,  
देती है हमको ठंडक और प्रकाश,  
इसके घने छायादार पेड़ों के नीचे,  
मन लेता है बार-बार हिलोरे,  
यह है सनावर मेरे सुन्दर सपनों का जहान,  
मुझे प्यार इससे ..... ।  
नित नए रंगों के फल खिलते हैं इस बगिया में,  
खूब मग्न मंडराते हैं भीरें इन पर ॥  
जीवन ज्योति जलाकर हम सुखी यादें  
पिरोकर इस गुलशन से फूल,  
यह है मेरा सनावर स्कूल,  
मुझे प्यार ..... ।

हमारे आदरणीय Headmaster जो कि हैं सज्जन कर्मनिष्ठ,  
में प्रार्थना करती हूँ कि वह रहें हमारे हमेशा सरपरस्थ ।  
यह है मेरा सनावर स्कूल  
मुझे प्यार इससे..... ।

यशु आरोड़ा  
कक्षा सातवीं



### लॉरेंस स्कूल के ख्वाब सांघवी का भाषण सर्वश्रेष्ठ

सोलन समाचार—दि लॉरेंस स्कूल, सनावर के बाने हाल में अंतर विद्यालय हिंदी भाषण प्रतियोगिता का आयोजन किया गया। इसमें 13 विद्यालयों की टीमों ने भाग लिया। वक्ताओं को अपने हिंदी भाषणों से मंत्रमुग्ध कर दिया। प्रतियोगिता विद्यार्थियों के लिए ज्ञानवर्धक एवं सार्थक सिद्ध हुई। व्यक्तिगत परिणामों में प्रथम लॉरेंस स्कूल, सनावर के ख्वाब सांघवी रहे, जबकि द्वितीय स्थान मेघा जसवाल, एपीएस डगडाई ने और

तृतीय स्थान याशिक पहल, सनावर स्कूल तथा रोहित गोयल पाइनप्रोव स्कूल ने हासिल किया। विद्यालय स्तर पर इस प्रतियोगिता में प्रथम स्थान लॉरेंस स्कूल, सनावर ने प्राप्त कर आयोजित प्रतियोगिता में बाजी मारी। द्वितीय स्थान पर पाइनप्रोव स्कूल सुबाथू और तृतीय स्थान पर आइशर स्कूल परवाणु रहे। मुख्यातिथि डाक्टर श्रीकांत बाबू आईएएस, जो कि सेक्रेटरी एम. पी. पी. एंड. पावर एच. पी. सरकार हैं, ने वक्ताओं और विद्यार्थियों का मार्गदर्शन किया।

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Regd. No. L—28/1.

THE  
SUNSHINE  
NEWS—LETTER

If undelivered please return to :

The Headmaster  
The Lawrence School, Sanawar  
(Distt. Solan) H.P. 173202

**Wishing you all**

**A very**

**Happy and exuberant**

**160th Founders.**

**BOOK-POST**

# THE SANAWAR NEWS-LETTER



18

December

2007

## Section I : From the Headmaster

### To all Staff Members

Thanks a lot for your individual and collective efforts in making Founders '07 a success. It is always team work in life that matters. "We all will get there, or none will get there." This 'get there' means, at the top.

Please focus on academics and discipline now.  
Thanks.

### Headmaster's Speech on Gandhi Jayanti (2nd October, 2007)

We are here assembled once more, to celebrate another birth anniversary of Gandhiji—138th one today. There is so much Gandhiji has to offer to us, to the world that it is difficult sometimes to grasp his key message. Qualities of him that come to my mind are his simplicity, honesty, courage, compassion, will power, and over and above these all, his love for mankind.

He lived in difficult times because India was ruled by the British, rather suppressed and exploited by them, and it fell upon him to mastermind a mass movement to gain independence, and that too non-violently. This thing called non-violence, and satyagraha were the core of his philosophy and strategy, and one that worked. Satyagraha roughly translates as "strength born out of truth and love". And it meant much more than just passive resistance, civil disobedience, etc. Satyagraha, or truth force which completes 100 years this year was destined to develop into a reasoned system of unarmed action, not because force could not be used, but instead as a weapon superior to force. This force developed out of the power of inner goodness, and some even have called it soul power in which the practitioner does undergo some suffering, but eventually, overpowers evil doer. Non-violence, the main component of satyagraha meant a clean break from the normal habits of mankind, such as hate, desire to take revenge, fear and falsehood.

Gandhi did write in 1931 in *Young India* "After I have put aside my sword, there is nothing left to me other than to offer my enemy the Cup of Love. By offering him this cup of love, I hope to win him over. The wind is taken out of the enemy's sails by refusing to provide him a target. He must realize that love is greater than hate. Talking with reason and logic is more effective than a kick. And to him, he who can look at a weapon without fear in his eyes, is stronger than he who holds the weapon in his hand. The ability to endure suffering only increased your inner strength. Gandhi was an eternal optimist, and according to him, "In the midst of darkness, it is always light that prevails. In the midst of evil, it is always goodness that prevails. In the midst of death, it is life that always prevails, and in the midst of hate, it is always Love that prevails."

Biggest compliment to Gandhi was paid by a British historian called Gilbert Murray. "Be careful in dealing with a man who cares nothing for comfort or promotion, but is simply determined to do what he believes to be right. He is a dangerous and uncomfortable enemy, because his body is something you can always conquer, but you can never conquer his spirit, his soul." Gandhiji so often said that strength is not so much a question of muscle, as it is of an unconquerable spirit. Gandhiji may be dead, but his spirit is not, and I feel that a movement based on his thought and philosophy may be the only hope and answer to solve the problem of violence in our country, and wars in the world. He also provided a role model for ideal and selfless leadership which is a quality much needed in every aspect of our society. In the end, I like to quote his words which I find every inspiring.

"I must not suppress that voice within me call it conscience, call it the calling of my inner basic nature. There is something within me impelling me to cry out my agony. I have known exactly what it is. That something in me which never deceives me tells me now—"you have to stand against the whole world although you may have to stand alone. You have to stare the world in the

face although the world may look at you with bloodshot eyes. Do not fear. Trust that little thing in you which resides in the heart and says—For sake of friends, wife, family, all, but testify to that for which you have lived and for which you have to die.” Such has been the reach and impact of Gandhi on mankind, that this day today, has been declared the first International Non violence day by the common assembly of the United Nation.

## Section II : From the Students

### Valedictory Address

*N. Greig, Exchange Student*

An American writer once said, “How far we travel in life matters far less than the people we meet on the way”.

My exchange to India began on the 23rd September, 2007, when Rishi, Arushi, Sparsh and I landed at Chhatrapati Shivaji International Airport. The anticipation of coming to India which had plagued me for months before, was finally coming to an end and was being replaced by a feeling of excitement and adventure.

Upon arriving at Sanawar and driving through those black gates, I had no idea what to expect. I had avoided asking Rishi too many questions as I wanted it to be a surprise, yet the fear of the unknown had me wondering about things like : “Will I be able to handle bathing every second day?” “Will I get any academic work done during my stay ?” And most importantly, “Will I fit in with everyone ?”

My term started off with a bang, with the Founders preparations occupying the last few days of September. I was amazed at the amount of school pride and passion which each pupil possessed for the celebrations. My involvement in the school play as the sound coordinator was great and I thank Mrs. Bath for that opportunity. The spectacular performances that the school put on, such as the tattoo, concert, the interhouse athletics meet and the NCC will not be forgotten. Overall, it was an amazing celebration and I commend all of you on your efforts.

The Founders Holiday saw me travelling to Delhi, Agra and Chandigarh with Rishi and his family. This was my first real taste of India and I will cherish the memories I have from that holiday forever.

As the holiday drew to a close, I was sad to leave the comforts of waking up late, wearing home clothes and watching India being beaten by Australia in cricket, but I was excited to return to Sanawar and begin school life. Unfortunately, classes did not turn out the way I thought they would as the work was either too hard, or was not being taught at all due the noise and ‘khap creating’ which was done in the classroom. In fact, I think Mr. Swami is still trying to teach his economics class how to calculate the average wage of workers in the country.

October flew by very quickly for me as I got involved with different activities around the school. The squash tour to Dehli was an invaluable learning experience as I was exposed to the high standard of squash amongst the Indian youth. Long-back runs along with Mr. Chandel’s amusing Yoga sessions dominated my mornings and ensured that I kept fit and healthy.

I have been fortunate enough to go on various trips over the last 2 months, all of which have been both educational and fun. These include day trips to the British army village of Kasauli. Mrs. Bath’s Dairy Farm near Barog, a Kathak Dance in Shimla for the SPIC MACAY initiative, the Leper Colony and many many trips to Hot Millions and CCD. Special mention must be made to Chiara Louis whose monstrous eating capacity never seized to amaze me. Whether it was the banana bread at Auckland High School, the colossal chocolate doughnuts at CCD or Bani’s chips from Hot Millions. Trips out side the school were always amusing when it came to meal times.

School life at Sanawar has been one of the highlights of my exchange. The Saturday night movies, the art classes playing soul-mate with Sehr, Bani, Celden and Rini. Afternoons at Tucko and various inter house events including basketball, hockey, the maths-science and computers quiz and the singing.

Diwali was a magical time and the social was exceptionally well prepared. I still don’t know which was more probable on the night. The SSC floor collapsing or my head exploding from the heat of my turban. Nevertheless, I had a fun time wearing my Sherwani and watching Karan Hora tear up the dance floor with his moves. The cracker festival was awesome and I felt a real sence of unity amongst BD as we unleashed noxious vapours on Barne’s.

The past two months have taught me more than my 16 year of existence. Apart from the text-book knowledge I’ve learnt about different monuments, cultures and history of India. I have learned so much about myself. I’ve learned to live with others and accept their differences. I’ve learned how to take opportunities when they come but most importantly, I’ve learned what the most meaningful things in life are and how to appreciate them.

This exchange would not have been possible without the guidance and support of so many people.

Firstly, I would like to thank Mrs. Meenakshi Solomon for organizing this exchange with Bishops and the various other trips. Her extensive work and effort has been greatly appreciated.

Secondly, to Mr. Praveen Vasisht and Captain Rohit Bajaj for agreeing to accommodate me at this fine school.

Thirdly to Mr. Shubh Mukherjee and all my batch mates in Vindhya. Being a part of this house

has been a huge honour and privilege. Under the superb leadership of Bhawani, Parth and the rest of the Prefects, you guys have been my best friends and I could't have asked for a better group of boys to help me settle-in comfortably. Mr. Mukherjee has been fantastic with helping me. Whether it was his constant care and gentleness or his classic chants during study hours viz, "Dandriyal, sit straight!" or "Swarjot, study son. Hurry up, fast!" Mr. Mukherjee has always been there for me and his house.

Fourthly, I would like to thank the students of Sanawar. Amongst you are some of the most attractive, intelligent, entertaining and friendly people I have ever met. You have been the core of this exchange. From Celden's Yak Cheese to Bhangu's hand movement to Hardik's topsecret terminology, to Mr. Bean, Moonboots, Captain Colgate and the Infamous Famous Five, all of you have impacted my life in different ways and I thank you for that.

Finally I would like to thank Rishi Baba. My exchange partner, my batch mate, my friend. He has been the best partner I could've ever wished for. Finding the time to ask. How I was doing and making me feel like I belonged, despite having many other commitments is an achievement he can be proud of. Thanks buddy!

So as this it, my last few days here and counting down fast. Coming to India has been a dream of mine for many years and I can't believe that this dream I've been living for the last two months is coming to an end. Although I may never see some of you again, I truly hope that the friends I have made here will be lifelong and that our paths will cross again somewhere in the future along life's long journey. Thank you and God Bless!

### **Head Boy's Address at Gandhi Jayanti**

*Parth Goel, Head Boy*

On 2nd October, 1869 a child was born in the sleepy port of Porbandar, and fates of nations were decided. History took a turn as Geography had to be redrawn. The sun knew that finally it had to set on the British Empire. Indians, the Zulu's of South Africa, the Negroes of America, The Sinhalese of Ceylon and the Burmese of Myanmar were to be free at last. Never on the face of this earth did armies of the allied forces write the fate of so much of mankind as this one child was about to do.

Mohandas Gandhi was born to the Diwan of Porbandar, Karamchand Gandhi and his wife Putlibai. Mohandas or Gandhi as the world knows him fought with the most lethal weapon known to humanity—Ahimsa.

Mohandas was the youngest of the three brothers. He was betrothed thrice and was finally married to Kasturbai at the age of thirteen. His aversion towards physical exercise is known from his autobiography 'The story of my experiments with truth'. I quote "I never took part in any

exercise, cricket or football, before they were made compulsory" unquote. It is unbelievable that this boy grew up to conduct the 230 km Dandi March. He passed matriculation examination in 1887 and sailed for England on 4th September to study law at University College, London. Later an Indian firm with interests in South Africa retained him as a legal adviser in its office in Durban, where he later became first so-called "coloured" lawyer admitted to the Supreme Court. In 1894, Gandhi founded the Natal Indian Congress to agitate for Indian rights. This Organisation was later instrumental in relieving the South Africans of Apartheid. The story thereafter is known to all.

Today, after 59 years of his death, the world still wonders whether Gandhi is a noun or a verb, whether to follow a life led by him would be good enough or to walk in his foot steps might save the world from complete annihilation.

Nowhere on earth did a nation frame so many laws based on the beliefs of one man. From Untouchability to Empowerment of Women. From Sati to Vaccination we still debate not on whether to adopt his words, but how far we can trust ourselves to improve as man.

Gandhi's teachings are archaic in the modern world, I often hear. I do not protest because I know we are slowly slipping into a comatose. We have become insensitive to feelings. We wanted people to love. more than to care. His concept of non-violence was not to surrender to ones opponent but to one self. His words on afforestation, vegetarianism, economic self-reliance are the so called in-things of today's discussion in coffee tables around the world. He was eternally modern. I am young, I know how much his thoughts relate to me and my future

Gandhi was a freedom fighter or was he a socialist. He was a philosopher or was he a poet. Dandi March, his concept of Harijan, his views on theology and the immortal couplet "ishwar allah tero naam sab ko sammati de bhagawan" proved he was all of them, gift wrapped in khadi for the human race. Down history, Gandhi has been written, re-written, and often written off but he still remains our only hope.

### **Head Girl's Address at Gandhi Jayanti**

*Lyakhi Tenzing, Head Girl*

Lead, kindly light, amid the encircling gloom,  
lead thou me on;

The night is dark, and I am far from home,  
lead thou me on.

Keep thou my feet, I do not ask to see.  
The distant scene, one step enough for me.

Mohandas Karamchand Gandhi  
The warnor of peace.

Gandhiji was no Emperor, nor a Military General, not a President nor a Prime Minister. He was neither a Prseidst nor a cult guru. Spirituality, religion, self reliance, health, education, clothing, drinks, medicine, status of women, no field escaped his search

for truth. He identified himself with struggles and pains of the common India and quickly became the sole voice of the downtrodden and the exploited.

His experiments were spiritual for he saw morality or spirituality as the essence of religion and his aim was to achieve self realization. He was a true believer of 'ahimsa' and satyagraha his philosophy and 'pratctise' of peaceful disobedience to unjust laws on 30th Jan. 1948. Gandhi was assassinated by a Hindu militant during a prayer meeting. So ended the life of a religions man caught up in the coils of the snake that was politics.

People of our generation and future generations can have no concept of what the future will be it is only the youth of this country and of other countries who can forge a new path into that future. The task is not easy, but it is possible.  
To quote Gandhi

"I shall work for an India in which the poorest shall feel that it is their country, in whose making they have an effective voice, An India in which there shall be no high class and low class of people. An India in which all communities shall live in perfect harmony. There can be no room in such an India for the curse of untouchability, or the curse of intoxicating drinks and drugs. Women will enjoy the same rights as men We shall be at peace with all the rest of the world This is the India of my dreams."

Jai Hind !

### My Exchange to South Africa - '07

*Rishi Sirivastava, L-VI*

"Goeil Móre, Molweni. Sawrbona," OK, those of you who think that these were the words that I learned in South Africa, you guys are wrong, because I learnt it only yesterday just to make this speech. My exchange to South Africa began on 15th July '07 with Arushi and Sparsh. It was a 9 hr. flight to Johannesburg. On reaching Jo'burg airport, we had a rough time. I won't go into details, but lets just say finding our way around in the air port was not a piece of cake. And at that time all I could think about was how would it feel to spend a day at the airport because I was almost certain that we were going to miss our flight. But somehow we managed to board our flight and so. there I was only 2 hrs. away from officially beginning my exchange. On 16th I met Nick and his family. My 1st week in SA went by quite smoothly as I had no difficulty in adjusting because Nick made it very easv for me. During my stay I had to answer some of the most amazing questions like : "Do you have baths only 3 times a week ?" "Do the standing baba's smoke charas ?" "Is bollywood bigger than hollywood?" "Do you have cows and buffaloes walking right across the street?" "Would an African elephant beat an Indian Elephant and many more.

One of my many visits was to see a soccer match between the Africa XI and the Rest of World XI to celebrate Nelson Mandela's 89th birthday.

We had the opportunity of seeing the President of South Africa speak at a youth conference regarding poverty, houses, jobs and education.

We also went to Robben Island. Unfortunately due to renovation we couldn't see Nelson Mandela's cell. But there we saw a 4 minute documentary about Robben Island which was shot in the early 1980's.

The trip from the 8th to 13th of August was probably the most interesting trip of all. We were going to Kruger Park—the most famous game reserve. We flew from Cape Town to Johannesburg. Then we were scheduled to fly to Hoedspruit and separate. Finally after 4 hours of waiting and calling, we some how managed to reach Nelspruit which is 2 hours away from Kruger Park. During this trip we saw a few wild dogs which were rare, lots of elephants, buffaloes and we also a giraffe. Even though we couldn't see Big 5, this is a trip that I will remember throughout my life. It was outstanding. The following week, we saw most of the Cape. We went to places like :—

Swellendam—The historic heart of southern cape

Stillbaai—The bay of sleeping beauty.

Albertinia—The Home af the Aloe.

Monelbay—The beauty that takes your breadth away.

George—The city of all seasons.

Wilderness—Plettenberg Bay.

Cango Caves—Tsistikanma falls—Place of abundant water.

Oudtshoorn—The Ultimate Destination.

We saw and learnt a lot about ostriches. I also had an opportunity to ride an ostrich butit turned out to be a muddy experience. During this trip I took part in swing bungee which was exhilarating. I had an opportunity to watch a T20 match between South Africa and England as well. During the last few days I visited Simon's Town and Kalkbay, the 2 traditional towns on the Cape Peninsula. This amazing exchange ended on 24th of September '07. I was not sad in leaving Nick's family and South Africa because I knew that our paths would cross again. I would like to thank Nick and his family for the love, care and hospitality that they gave me. In the end I would like to thank Mr. Vasisht, Capt. Bajaj, Mrs Solomon and Mr. Shubh Mukherjee for having faith in me and choosing me for this exchange which is a once in a life time opportunity and I hope that Nick, Chiara, Becky, Josh, Anika, Shani and Marie enjoy Sanawar and leave India with happy memories. Thank you.

### Face - To - Face with Annie Brouwie (Exch. Student)

*Jasneet Kaur, U-V*

Q. How do you find Sanawar ?

A. It is an amazing school in a beautiful location. I'm impressed with the facilities and high standard of education.

Q. How do you find the people ?

A. The moment I arrived, there was not one person who was'nt friendly. Everyone is so warm and has accepted me. Nothing makes me feel not at home.

Q. What preconceptions did you have about India ?

A. Although culture is more conservative than at home, I thought that degree of conservativity in school would be a lot greater.

Q. As a South African, what would you want to change in India ?

A. The unequal distribution of money. Rest all is good.

Q. Do you look forward to visit India again ?

A. I can't wait to come back again. I will be getting my family along to show and teach them things they wouldn't know.

Q. What message do you want to leave for people of Sanawar ?

A. You are privileged to come here, make the most of this opportunity in life. My thanks to all my batchmates for everything. It's a home away from home. I'm going to miss you all,

### **The School Concert—2007**

*Sukanya PUNCHHI, U - IV*

As Sanawarians' routine is, we had a very interesting concert put up on the 160th Founders' day. The school concert consisted of 3 items and 3 gap fillers. The first item as always, was orchestra. The 40 kids showed their talent by playing their instruments to the tune of 'BANDISH SYMPHONY'. Then, we had a 2 minute solo song sung by Sukanya PUNCHHI (me)—'When Your'e Gone'. We have always had the 'Kathak Dance' as a hobby for the girls and the ones in this hobby have always danced to the beats—'Ta Thaii Thaii Tath'. This time also they put up a very good performance. As a gap filler, we then had a solo performance by one of the best singers of our school—Vidushi SOOD who sang—'Abhi Nahiin Anaa Sajna' with Mr. Tarun Das on the Tabla and Mr. Krishan Gopal on the guitar. Since 2005, we have been having English plays started by Mr. Nic Waywell and this time, we had one prepared by Mrs. Ashima Bath, that was 'MUSICAL CHAIRS' written by Mr. Mc. Kenzie. And at last, we had a performance by the best piano player of our school—Yashovardhan Jhangid—'Long Long Ago'. And as always, the concert ended by singing the first verse of the school song. And of-course, we also had the confident masters of the ceremony—Rishi Srivastav and Parmeshwar Bawa.

### **"In the Honour of our School and for the Glory of Sports"**

*Natasha Sidhu, U - IV*

The 160th Annual Athletic Meet was held on 3rd Oct. Completing 160th years of this heritage school, old and present Sanawarians felt so honoured

and privileged that the "Pep" of Sanawar could be seen during Athletic Meet. All the four houses marched along Barnes and Karan Hora with Shreya Dadwal as the torch bearers took the round of Barnes, followed by the oath taking ceremony.

All the Old Sanawarians joined present students at the cheering for their respective houses. It really reflected the spirit they had for their house. All the houses stood in their alphabetical position, which were :—Himalaya, Nilagiri, Siwalik, Vindhya. After the march past the prize distribution was held. It was followed by the Chief Guest's and Headmaster's address. With this the 160th Lawrence School Sanawar, Annual Athletic Meet got over.

### **"Joy of living in the lap of nature"**

*Marie Botha, Exchange Student*

The call of the fish eagle, the grunt of the antelope, the buzzing of insects and the majestic roar of the lion. This description is perfectly fitted into the lap of nature.

When you finally notice your surroundings, everything becomes clear. You become one with nature as you dip your bare feet into a trickling stream or sing along with the nightingale. Everything fits within the circle of life, and when one teams to appreciate and respect nature, a perfectly balanced harmony takes place—It is how God created us. To live and let live, to feed and be fed, to give and then to receive.

All joy is spiritual and with natural causes. When one learns to take one's place in nature, as it was meant to be, one can freely and with melodic ease appreciate the joy of living in the lap of nature.

### **Corruption**

*Ankur Dahiya, L-IV*

Corruption, today everyone is familiar with this word. In every field of life we can see live example of corruption.

It has become a way of life in India. It has embraced all. Before pointing out fingers at others, we need to ask ourselves if we have paid donations to get admitted to the so called public school or medical/engineering colleges. If the answer is yes, we can't and shouldn't point fingers at various politicians. We all are a part and parcel of this various system.

The situation has come to such a pass that corrupt particles are employed even for getting admission to prestigious institutions. It is pathetic to see young and talented professionals passing out of good institutions with flying colours only to discover that to survive in the real world outside, they need to master one more art, i.e. the art of corruption. According to a recent international survey, we are one of the most corrupt nations of the world.

Let us rise from our deep slumber and take stock of the prevailing situations. Other wise, we have no right to demand our rights as citizens of this great nation.

### Life

*Swati, U - III*

Life is beautiful and precious,  
It's sentimental and humorous,  
Life is to be enjoyed and respected,  
Let's put it to the best usage and not waste it,  
Life is colourful if we want it to be,  
'cause its us who paint it with the colours we  
want to see.

One life, one Earth let's make it rare,  
By having a decent distinguished personality  
whom everyone 'll care,  
Let's do our duties in life which shouldn't be  
avoided,  
Care for all kinds of creatures and help all who  
need to be guided,  
Pray to God and fear Him if you expect your life  
to be a success,  
And pay your devotion to Him as a person who is  
completely guileless.

Open your minds and spread out your wings,  
Fly and explore the truth like kings,  
You'll witness many beautiful things around you  
in nature,  
If you have an unselfish character and a peaceful  
mind to appreciate its texture,  
Take out some valuable time from your life which  
is full of struggles and pain,  
To see and praise the beauty created by God and  
get the smile back on your face again,  
Which was lost in vain.

### PD Picnic to Doom's Pond

*Ananyaa Bath, U-III*

On 14th November, i.e. Children' Day, our teachers decided to take us for a picnic to Doom's Pond, a lush green hillock on the way to Dharampur. When we reached there we were shocked to see how people had littered the place and we started cleaning up the area. With the efforts of the children and the staff, the place became very neat and clean.

We played many games including throw ball, passing the parcel and by the time antakshari between the staff and the students came to an end, which ended in a draw, we were starving !

Our lunch was a treat from Shaan-e-Himachal along with delicious Gulab Jamuns with 'rabri'. We relaxed for some time after lunch in the pristine surroundings and then on our way back we visited the school graveyard. There we saw many old graves and everything was very calm and peaceful. My friends and I were a little scared and stood next to Mr. Roberts.

We came back walking and talking. The picnic was very enjoyable one but I would request the people who come to enjoy in the hills, not to litter and spoil the beauty of the hills. Hills are beautiful, let us all cooperate and make this world a better place to live in.

### Adventure on Moon

*Ankur Dahiya, L-IV*

One night, I dreamt to be at the moon. It was very exciting for me. I was feeling that I am this first Indian among 1.5 Billion Indians to reach the moon ! first Asian !

Our moonship "Chandapari made a perfect landing. I S T. at a pre-located landing place in the sea of tranquility. Then we put our feet on the dusty surface of satellite (moon). It was both historic and a great astronomical feat.

After proudly hoisting our lovely tri-colour, we sang the 'National Anthem' and set about collecting valuable moon rock samples and performed some experiments. Finally before leaving, I sang my school song.

It was such a nice feeling that our fellow countrymen were watching us live on their T.V. and computer screens. My friend and I are glad that we have done the pioneering work in establishing India's permanent moon base. Moon is not a dead place anymore. It is the most happening place now even outside the fairy tales and folklores.

We returned to our mother ship back and fired rockets for the return journey. We are on the way back to earth and hope a safe touch down. "See you moon" we said. Then my mother woke me up and I was on my bed. It was a very adventurous dream after all.

### Final Examination

*Yashaswini Singh, U - III*

Oh ! my God,  
The entire book !  
As it is to learn two chapters,  
One hour it took.

The moment you lie down,  
On your bed,  
The thought of exams,  
All comes to your head.

All sorts of books,  
Piled on your desk,  
24x7 you've got to learn,  
Just when do you rest ?

Exams are like pussy cats,  
That come pouncing on to you,  
If you don't want scars,  
Then you've gotto study, you have to !

Oh ! my god,  
The entire book,  
As it is to learn two chapters,  
One hour it took.



**Book review :Keeping Faith by Jodi Picoult  
15 October, 2007**

*Rebecca Hamblaton, L-VI (on exchange from  
South Africa)*

After reading "The Pact," written by Jodi Picoult, I was very interested to read another one of her great novels.

I am currently reading "Keeping Faith," which, so far, has been a very good read. Keeping Faith and "The Pact" relate around a similar theme. That theme being difficulties within the household, which end up becoming quite large problems and thankfully they get solved. "Keeping Faith" is all about a seven-year old girl, named Faith, who witnesses her father cheating on her mother and deals with this problem by confiding in an imaginary friend.

Faith's mother knows about her husband cheating on her and also about Faith's imaginary friend, which to begin with she thought it was just her daughter's imagination, but when Faith started reciting passages from the Bible, she figures that Faith might not just be imagining this friend. Faith claims that this friend is actually God, which some people find hard to believe and towards the end of the book Faith becomes unwell and her physical state is blamed on her mother.

This conflict does get sorted by deciding where Faith is going to live. With her mother or father. I have not yet found out who she ends up living with, but I am looking forward to finishing the novel and am enjoying the story so far.

Jodi Picoult is truly a very talented author and I am sure I will read more novels in the future.

**"I won't give up!!"**

*Vaishnavi Singh, L-V*

All things are going wrong,  
And I just don't belong,  
Here in this place I am stuck within,  
I have lost it all and I know I won't win,  
But still I hope for everything to go right,  
Waiting for the dark I'm in, to be bright,  
So, I wouldn't cry and show strangers my weakness,  
I'll fight inside and kill my loneliness.

So, I won't give up,  
And I won't give in,  
Even if I'm the loneliest being.

I don't care what people think,  
'cause I knew what I am,  
They don't need to decide about me,  
'cause I believe I am 'ME'.

Never mind what people say,  
Whatever nasty comments I get,  
I wouldn't mind when it's not the truth,  
I'd listen and will just forget.

I just won't give up and I won't give in,  
Even if I lose the battle within.

My sensitivity, is my property,  
No one has to deal with it,  
I agree, I die inside my soul,

I will not give up and I won't give in,  
Even if my all friends are leaving.

All the friends who left me,  
I loved you from my heart's core,  
'cause I am stronger than before.

You thought I was a parasitic twin,  
Made me do whatever you wanted in the sake of  
friendship,  
And later when I get a wrong name,  
you just cut me off.

But I won't give up, and I won't give in,  
Even if I die within.

And I won't cry, I won't breakdown,  
Even if the conditions make me frown.

I got to be strong, to face all this,  
Facing this will only give me a bliss.

This is how life's going to be outside,  
Out there in the world wide,  
I have to learn to be rigid,  
To get comfort and to fit in,  
So I won't give up,  
And I won't give in.

Even if I lose the battle within.

**A visit to the 14GTC, Subathu**

*Seerat L-V and Pranati U-VI*

It was October 28th, '07, a Sunday morning, when smartly dressed, NGD and HHGD Himalayan and Nilagirian girls left for a much awaited trip along with our Housemistresses—Mrs. A. Suri and Ms. Arora and our tutor Mrs. N. Dhillon. We reached the destination at quarter past ten but only after eating the most scrumptious 'Aloo Paranthas' for breakfast in Dharampur.

Upon reaching we were welcomed by Col. Sanjeev Sood, the Deputy Commandant of the 14 GTC, also an Old Sanawarian. After a briefing on our day's plan, we were divided into three groups to visit various places.

The highlight of our trip was the simulator shooting, which was one of the best things we did that day. Shooting from a 5.56 mm rifle at the computer is not easy. But thanks to our shooting range, back at Sanawar, most of us managed. The next place we visited was the 14 GTC Museum where we saw various things dating back to 1st and 2nd World Wars, such as the umbrella gun and a brick from The Great Wall of China.

The third place we visited to was an indoor shooting range, which was quite similar to ours and all Nilagirians hit the bull's eye. We also visited the boys' dormitories which were way cleaner and better than ours, followed by a picnic cum lunch at a hill top.

We then visited a 120 years old graveyard where lay the grave of Sir Henry Lawrence's eight month old daughter—Letitia Catherine. It is said that Sir Henry Lawrence could see his daughter's grave from his house at Kasauli.

At the end of the long and tiring day, we went to the Officer's Mess which is very picturesque where we were also served some tea and mouth

watering 'yum' snacks. We were soon joined by Brig. Nagra (apparently a cottonian) and his wife. Later, we thanked them for organizing such a wonderful day for us. To top this wonderful trip, we were brought burgers for supper.

We all would like to thank our housemistress Mrs. A. Suri who always goes out of the way and does so much for us. "Thankyou so much Ma'am ! You are the best !

### **An exhibition on Wheels**

*Kartik Sharma, L-III*

On November 7, 2007 all the children who scored 90% and above in PD went for an educational trip to Kalka. We started at 1-30 p.m. from Sanawar and reached Kalka at 2-45 p.m. There, we went to see the world's first exhibition on wheels. It was based on German concept. Inside, it was like a scientific world. They showed us motion videos of how the atmosphere protects us from solar winds. There were photographs of Mars and future photos of the World War III. There was information about endangered languages. Taa, is one of them. It is spoken in some parts of Namibia. They told us that India is the largest producer of milk and textiles. They also showed us experiments for colour separation. Then finally, we alighted the train and moved on to Sanawar. It was really an informative and memorable trip.

### **THE DECISION MAKER**

*Jai Virk, U-VI*

In the article you are about to read is contained a great secret. A method implemented very often in our lives. Many important matters are often resolved on the basis of the method which I am about to describe below. We may not realize this but this decision making process is one of great importance to us and for those of you unaware of this, which may be very strange on your part, you are about to be blessed. In the following lines, I shall proceed to explain the importance of none other than our good old 'INKY PINKY PONKY'.

You all may be surprised and so you should be. But when you're done with reading this article, you may think differently. You all as kids must have played multiplayer games like tag, where no one would agree to be the den or 'be it'. And I am also sure you would have loved ice-creams as a child. But what to do with so many flavours in front of you? Well in order to make such challenging and high priority decisions, our good friends INKY, PINKY and PONKY step-in. Most of the world would have surely been rendered helpless had the 'donkey not died' or the 'father not cried'.

As history goes, Adam the father of all humans plucked the forbidden fruit in spite of being warned. Hence he released evil upon earth. If he had had 'INKY PINKY' trick by his side he would not have done so. So God, the kind person that he is, blessed the world with —KY decision making process to avoid any such foolery again.

Well after reading this article about the world's greatest secret weapon you would all have been enlightened. I am sure you will use this weapon carefully and thoughtfully. I now rest my case or as they say drop the anchor and end the voyage.

Thank you.

**"I will be there !!"**

*Karishma Pathania, U—VI*

When you are in the darkest phase of your life and your close ones turn out to be your strangers. I will be there for you.

When you are depressed and take off crying and you feel all the doors are shut for you. I will be there for you.

I know how much it takes to accept that pains and sorrows that you go through. I will be there for you

I don't know how much I actually care for you may be more than countless. But I know I'll be there for you. Oh Lord keep blessing me !!

You are the only one My Lord !! Who is actually been my strength. Oh God keep blessing me !!

When times became tuff and loaded with a lot of stuff. Oh God keep blessing me !!

Thanks for giving me each new day. Protect me from danger and keep me in your love and care today and always.

Enlighten my mind to do always what is right in thy side

Strengthen me so that I can do my best in today's work. Oh Lord keep blessing me !!

### **English Essay—Is Generation Gap Destroying Family Today ??**

*Nicholas Greig—L-VI, Exchange Student*

Generation gap: The term used to describe the difference of beliefs or ways of thinking between children and their parents. I believe that the generation gap and its impact on a family is hugely dependent on the family itself and the relationship the

child has with his/her parents. If the parents allow a good balance of freedom and control with their children, then the children will be more willing to converse with their parents. Parents who are too strict or too naive about what their children do in their private lives are jeopardizing their chances in building good relationships with their kids. This will ultimately lead to the destruction of family unity and life.

Another factor which comes into the equation is time period. Because the youth of today are exposed to more things and in particular dangerous things, children are less willing to talk to their parents about their interests and activities. 20 years ago, children had a much secluded life in terms of socializing with the opposite sex, drugs, alcohol and the like. They simply did not experience these things to the degree that kids do today. They were therefore able to talk to their parents easily about other issues and this ultimately built-up family life.

In conclusion, the generation gap does have a variety of different impacts on families across the globe. I believe that the biggest problem with the generation gap is the lack of communication between kids and their parents. A good family life can only be built through communication and by the parents having a good balance of control and freedom.

**English Essay Writing Competition held on  
3rd Nov. 2007**

**1st Position**

**Topic : Sportsmanship**

*Yashu Arora, L-IV*

Nowadays games and sports have become a part 'n' parcel of our lives. And the greatest necessity and requirement of sports is sportsmanship. I will define sportsmanship as the true spirit of a sports person towards his game. It defines the quality of a sportman, when he achieves victory he should take it normally and when he is defeated or deprived from his, goal in the game, he should still take it normally. Sportsmanship also determines the determination and courage of the sportsman to face challenges and the hunger to win them. It defines how a sports person cooperates with his other team members, his teamspirit. A sports person with the quality of sportmanship is the one who does not take failures as his first step towards success. One with sportsmanship is the one who earns fame and name with his hardwork. When he wins, he cherishes his moments of victory cheerfully but does not get over excited for it. Without sportmanship a sports person is incomplete because it is the first basic principle of sports, without this quality a person cannot become a true sportsman. He with this quality does not use false means to win or earn money but to learn the true game. He is the one to take challenges to complete them with his hard work and effort. He is the man of perfection, one who sets his goal and achieves it. He is not scared of failures but is proud of his victories. He doesn't use foul means and doesn't cheat the ones who are

against him. Today I am really sad to say that the players who are coming up day by day have lost their sportsmanship, they turn wild and mean to win the game. For them it is like winning the game by hook or by crook. At the end I would like to say that before learning a sport you should know the basic principle of "TRUE SPORTSMANSHIP" because without it every sport and sportsperson is incomplete.

**1st Position**

**Topic : A day on the Moon**

*Harshit Poddar, U-IV*

5...4...3...2...1... Blast off !! And thus began my journey to the moon for the Olympics 2060. It took just 9 minutes to reach the moon at a speed I could not imagine. When my eyes first saw the Monicular (The City on Moon) I was stunned and when I reached I didn't know what is there in store for me.

The Olympics went on and when ended, I decided to take a trip to the Moon. I hired a Moon capsule which is a luxurious car with special features to travel on Moon. The good thing about it was I could go in it without the space suit which is a must on Moon. First I went to the sea of tranquility, which is the place where the first humans landed on Moon a century ago. I saw the US flag absolutely still and the bronze plate with peacemarker on it. Next, I went to the 'Eartopas' (a market on Moon). It was the largest shopping complex in the Universe including the one on Mars. Though it was expensive yet stunning. Next I was taken to 'Bungy Jumping Moon Planet', which is an amusement park on Moon. There I enjoyed in the park and when I was leaving met an old friend with whom I visited the planetarium. The planetarium was a large open area with luxurious beds to watch the space. The good thing was that the image formed was not through any machine but through God.

I wanted to visit the video pay phone of Moon, so I went there. I called up home and was happy to see my parents on video screen. They were to come to Moon later that year with me. After that I went to the 'Earth Watch', from where after 20 days I saw the good old Earth where I had spent all my life except for these 20 days. Then I returned to Monicular and went to the Indian City Apsara on it. It was very small and I was stunned to see the portion of the country which had built everything on the Moon.

The next day I went around the whole city on foot along with the dog I had brought on Moon. Later I went to the Mexican restaurant before departing from Moon. In the Moon-Earth airport duty free I bought presents for my family and loved ones. This experience on Moon was everlasting and tremendous I did not know how far the world had developed since I was a child and how far would it develop in future.

### Section III : From the Staff

#### Achievers

*Dr. V.K. Sharma—DoF*

The following children have scored 90% and above marks in the 4th Assessment held on 7th Nov. 2007.

| Sr. No.      | Name                       | House | Section | %     |
|--------------|----------------------------|-------|---------|-------|
| <b>L-III</b> |                            |       |         |       |
| 1.           | Azmat Kaur NPG             |       | A       | 92.00 |
| 2.           | Mayank Gautam VPB          |       | A       | 91.33 |
| 3.           | Mrunalini Pandit HPG       |       | A       | 90.00 |
| 4.           | Tanya Dhingra VPG          |       | A       | 94.00 |
| 5.           | Tushar Kundu NPB           |       | A       | 94.67 |
| 6.           | Yash Bansal SPB            |       | A       | 93.67 |
| 7.           | Anmol Kaur VPG             |       | B       | 94.67 |
| 8.           | Devika Punchhi HPG         |       | B       | 90.67 |
| 9.           | Kartik Sharma HPB          |       | B       | 95.00 |
| 10.          | Md. Ibrahim Ansari SPB     |       | B       | 95.67 |
| 11.          | Priyanka Sharma SPG        |       | B       | 90.00 |
| 12.          | Rishav Das NPB             |       | B       | 90.00 |
| 13.          | Shrestha Goel VPB          |       | B       | 90.00 |
| 14.          | Utkarsha Jung Thapa VPB    |       | B       | 90.00 |
| 15.          | Virain Mohan SPB           |       | B       | 92.33 |
| 16.          | Lavya Bakshi NPB           |       | C       | 94.33 |
| 17.          | Naman Goel SPB             |       | C       | 90.00 |
| 18.          | Radhika Kinha HPG          |       | C       | 90.33 |
| 19.          | Raghav Gupta VPB           |       | C       | 93.33 |
| 20.          | Simran Godhwani NPG        |       | C       | 92.00 |
| 21.          | Vishakha Singla NPG        |       | C       | 90.67 |
| <b>U-III</b> |                            |       |         |       |
| 1.           | Asma Arora VPG             |       | A       | 96.33 |
| 2.           | Saga Arora HPG             |       | A       | 90.00 |
| 3.           | Tanushree Saluja VPG       |       | A       | 92.33 |
| 4.           | Ujali Verma SPG            |       | A       | 96.33 |
| 5.           | Anjali Sharma SPG          |       | B       | 90.00 |
| 6.           | Armaan Singh Natt SPB      |       | B       | 90.00 |
| 7.           | Arnav Chopra VPB           |       | B       | 90.00 |
| 8.           | Parth Jain VPB             |       | B       | 92.00 |
| 9.           | Shivam Ahuja VPB           |       | B       | 90.00 |
| 10.          | Swati HPG                  |       | B       | 99.33 |
| 11.          | TS Kaustubha Meena HPB     |       | B       | 92.33 |
| 12.          | Yashodhan Thaker NPG       |       | B       | 90.00 |
| 13.          | Andrew Solomon NPB         |       | C       | 90.00 |
| 14.          | Divkaran Singh Dhillon SPB |       | C       | 94.00 |
| 15.          | Ritwik Singhal VPB         |       | C       | 92.67 |
| <b>L-IV</b>  |                            |       |         |       |
| 1.           | Aashya Khanduja HHG        |       | A       | 90.57 |
| 2.           | Abhishek Kulhari SHB       |       | A       | 90.86 |
| 3.           | Akanksha Kala HHG          |       | A       | 91.71 |
| 4.           | Deepesh Mutreja VBD        |       | A       | 94.57 |
| 5.           | Rahul Sachdeva VBD         |       | A       | 97.71 |
| 6.           | Yashu Arora HGD            |       | A       | 96.57 |
| 7.           | Anubhav Khanna VBD         |       | B       | 93.43 |
| 8.           | Ayushman Chowdhary NHB     |       | B       | 91.14 |
| 9.           | Mehar Rana VHG             |       | B       | 94.86 |
| 10.          | Sahil Singh Chauhan HHB    |       | B       | 92.86 |
| 11.          | Gaurav Kharb HBD           |       | C       | 91.71 |
| 12.          | Ravneesh Gagneja HBD       |       | C       | 95.43 |
| 13.          | Shafiq Gill VHG            |       | C       | 90.57 |
| 14.          | Akimjeet Singh Sohal HHD   |       | D       | 94.29 |
| 15.          | Mahnoor Kaur Saroay HHG    |       | D       | 96.00 |
| 16.          | Shuchita Gupta VGD         |       | D       | 98.00 |
| 17.          | Tarun Verma VBD            |       | D       | 95.14 |
| 18.          | Vardan Tandon VBD          |       | D       | 95.71 |

#### U-IV

|    |                          |   |       |
|----|--------------------------|---|-------|
| 1. | Gur Agam Singh VBJ       | A | 90.29 |
| 2. | Anava Jain HBD           | B | 90.29 |
| 3. | Manveer Singh Saudhu SBD | B | 94.29 |
| 4. | Raghav Khurana NBD       | B | 94.00 |
| 5. | Samrath Singh SBJ        | B | 90.57 |
| 6. | Aman Jindal NBD          | C | 98.00 |
| 7. | Ishita Jindal HGD        | C | 91.71 |
| 8. | Arush Puri VBD           | D | 90.00 |

#### L-V

|    |                          |   |       |
|----|--------------------------|---|-------|
| 1. | Akshat Aashish Bajaj VBD | B | 96.33 |
| 2. | Shivam Mehrotra SBD      | B | 94.67 |
| 3. | Shouvik Sachdeva SBD     | B | 98.00 |
| 4. | Sidharth Thapar HBD      | B | 92.00 |
| 5. | Vidur Puliani NBD        | B | 96.67 |
| 6. | Mayank Maini VBD         | D | 90.33 |
| 7. | Medha Bansal SGD         | D | 91.67 |
| 8. | Seerat Singh NGD         | D | 93.33 |

#### U-V

|    |                            |   |       |
|----|----------------------------|---|-------|
| 1. | Syfitheet Singh Bhatia NBS | A | 90.40 |
| 2. | Anant Kumar Sah VBS        | D | 91.20 |
| 3. | Tarun Gupta NBS            | D | 90.40 |

#### L-VI

|    |                     |   |       |
|----|---------------------|---|-------|
| 1. | Vijayant Takhar NBD | B | 92.40 |
| 2. | Taruni Jain HGD     | C | 92.80 |
| 3. | Urvi Khanna HGD     | C | 90.40 |

#### U-VI

|    |                                |   |       |
|----|--------------------------------|---|-------|
| 1. | Dhawal Pratap S. Ahluwalia SBS | B | 91.20 |
| 2. | Surya Dev Aggarwal VBS         | D | 95.60 |

### Commerce Faculty : A Report

*Mrs. Anita Sharma HoF, Commerce Faculty*

Another academic year passed by very well. Academic results of this faculty for the year 2006-07 showed an upward trend. All first five positions were from Commerce Faculty. Vasundera Thakur, who had taken up Commerce subjects, stood first in the school by scoring 93.8% marks. The highest marks scored in these subjects were : 95% in Accountancy, 97% in Business Studies and 99% in Economics. If we look at distinctions in Accountancy, 20 in Business Studies and 27 in Economics (Though the number is more in Economics). I am thankful to my faculty members who have really worked hard to improve the results.

This year Ankit Grover was awarded certificate of Merit by the CBSE for securing 99% in Economics in class XII Board Examinations. Ankit was among the top 0.1% successful candidates across the country to achieve this feat.

The Faculty has been motivating the students from time to time to show their talent not only in the school but outside the school also. Suneet Gyani has sent her entry for State level Essay Competition on the topic Financial Inclusion and Economic Development.

Our education is not limited to class room teaching. An educational trip for class 12th Commerce group was organized in May. They visited ACME Pvt. Ltd. Baddi that produces Ever Youth Products. Then they were taken to their second factory, which produces "Durable Conductors" at Baddi only. This gave them the first hand information on management, entrepreneurial skill etc.

This year we successfully organized an Inter School Business Quiz on 6th September and won the competition. The School Business Quiz team comprised Priyam Patel, Raghav Goel, Suneet Gyani and Simarpreet Singh Arora. The team members were selected on the basis of their performance during Inter House Business Quiz. Inter School Business Quiz was sponsored by an Old Sanawarian Mrs. Geetanjali Kirloskar.

MAT (Management Aptitude Test) was introduced for the first time this year. This prepares children for competitive examinations. The test consisted of three parts: Test of Reasoning and Logical Ability, Test of English and Test of General Awareness. In the first part of the test Lakhi scored 27 marks on 50, being the highest score. First seven children were awarded certificates. Second part of the test was held on 20th of Oct. 2007 and Priyam Patel scored 32 marks on 50, which were highest marks.

Demonstration-cum-Lecture on on-line Share Trading was organised for class XII in the month of May to give first hand information to the commerce students about online trading as Capital market is part of the syllabus now. Mr. Paramvir Puri, ex-HGD parent, was kind enough to spare his valuable time and to bring his team from New Delhi to demonstrate on-line trading at no cost.

### Round Square News

*Meenakshi Solomon—RS Representative*

The Lawrence School, Sanawar has once again joined the prestigious Round Square Organisation as a Full Member. A team of seven high-spirited students namely Surya Dev Aggarwal (VBD), Khwab Sanghvi (NBD), Bhavani Uday Singh (VBD), Shreya Verma (N G D), Anshula Choudhary (H G D), Paramveer Sangha (NBD) and Manu Sharma (NGD) attended the Annual Conference at The Daly College, Indore from 18th October—24th October 2007. Fifty one full members from around the world along with the regional members and some observer schools attended the conference, which represented the 'Globe' with rich diversity.

A conference our students will never forget, where some 650 students from around the globe shared their concern, ideas and talents to realize the theme of the conference "Vasudhaiva Kutumbakam" meaning 'The World is One Family'. The students got a chance to interact on the same platform with some famous people as King Constantine of Greece, Nita Ambani, Dr. Montek S. Ahluwalia (Deputy Chairman Planning Commission of India), Jay Row, Dr. Chundawat (environmentalist), Manpreet S. Badal etc.

The Lawrence School along with Ashbury College, Canada and Scindia Kanya Vidyalaya, Gwalior were inducted as full members, after each school had put up a power point presentation and then were put to vote. Sanawar was instantly a favourite as a lot of Round Square Representatives and Heads of various schools walked up to congratulate us on becoming a part of the RS family. We now look forward to expanding our horizon with greater intensity towards realizing the goals set by RS.

Returning home richer with friends, our students are already exhibiting their strong desire to work towards a happier environment through Service, Internationalism, Democracy, Adventure and Leadership.

In 2008 we propose to take up several projects.

### As the year ends...Exchange Programme 2007

*Meenakshi Solomon—Exchange Coordinator*

With just about three weeks to go, this year I can certainly look back with much content at accomplishing another successful exchange programme. With seven exchange students, all from South Africa still at Sanawar, I am almost ready with the selection of students for the next year's programme.

Eleven of our students—Sahil Vadera, Urvi Khanna, Phagun Rishi, Bharat Bains, Rishi Srivastava, Anjna Singh, Amanat Sidhu, Arushi Dhingra, Bani Kaur, Sparsh Wadhwa and Taruni Jain shared their rich experience of exchange visits to Australia, South Africa, Spain and Egypt earlier this year.

Guys, you were excellent ambassadors of the school.

We are proud of you !!

Abrao, Thiago, Lorena, Emily (Brazil) Megan Watson (USA), Annika Brouwer, Chiara Louis, Rebecca Hamilto, Nicholas Greig, Joshua Miller, Marie and Shane (S. Africa), you all were a wonderful lot to have at Sanawar.

We'll miss you !!

Next year we are looking at a lot more incoming exchanges.

### 'Kalagaurav Award -2007'

*Kalpna Bakshi, HoF Humanities*

**Result of National Handwriting & Colouring Contest 2007, held under the aegis of students Development Society, Pune.**

1. Shaurya Bhalla (Vth/B)—for the excellent Colouring
2. Amrinder Singh Lotay (VIth/A)—for the excellent Colouring

3. Deepesh Mutreja (VII/A)—for the excellent Colouring
4. Medha Bansal (IXth/D)—for the excellent Colouring
5. Seerat Singh (IXth/D)—for the excellent Colouring

'Ideal Principal Award 2007'—For the Principal  
Mr. Praveen Vasisht

'Ideal Teacher Award 2007'—For the art teacher  
Mrs. Binita Rishi

'Ideal School Award 2007'—For the school

### Congratulations !!

### Results of English Extempore Competition (PD) held on 10th Nov. '07

*Sindhu Bahuguna, Faculty of English*

|  |                        |
|--|------------------------|
| U-III : 1st—Arnav Chopra               | ... U-3 B              |
| 2nd—Asma Arora                         | ... U-3 A              |
| 3rd—Ujali Verma                        | ... U-3 A              |
| L-III : 1st—Anatesh Benon              | ... L-3 C              |
| 2nd—Raghav Gupta                       | ... L-3 C              |
| 3rd—Anmol Kaur<br>and<br>Radhika Kinha | ... L-3 B<br>... L-3 C |

### Inter House Science, Maths & Computer Quiz (Seniors)

*Asit Mukherjee, HoF Science*

#### RESULTS

|                      |                      |
|----------------------|----------------------|
| 1st : Vindhya House  | 2nd : Himalaya House |
| 3rd : Nilagiri House | 4th : Siwalik House  |

### Inter House Music Competition—2007

*Tarun Das, Dept. of Music*

#### RESULTS

#### Group Song

|              |                                    |
|--------------|------------------------------------|
| 3rd Position | ... Siwalik                        |
| 2nd Position | ... Himalaya and Vindhya (jointly) |
| 1st Position | ... Nilagiri                       |

#### Solo Song (Boys)

|              |                        |          |
|--------------|------------------------|----------|
| 4th Position | ... Surya Dev Aggarwal | Vindhya  |
| 3rd Position | ... Anubhav Agnihotri  | Himalaya |
| 2nd Position | ... Abhimanyu Soin     | Siwalik  |
| 1st Position | ... Gurjot Singh       | Nilagiri |

#### Solo Song (Girls)

|              |                    |          |
|--------------|--------------------|----------|
| 4th Position | ... Medha Bansal   | Siwalik  |
| 3rd Position | ... Meghni Kalra   | Himalaya |
| 2nd Position | ... Tanvi Manglick | Vindhya  |
| 1st Position | ... Amala Ramesh   | Nilagiri |

## Section IV : FROM THE FACULTY OF SPORTS

### Squash Tour to Delhi : A Report

*N. Greig, Exchange Student*

On Thursday, 25th October 2007, 10 Sanawarians, accompanied bravely by Mr. Chauhan departed from B.D. Quad and drove to Kalka railway station. We boarded the Shatabdi Express and began our 5 hour journey into the Heart of India, i.e. Delhi.

After unpacking at our hotel and setting into our room, we eventually hit the sack. With 10 boys sharing one room the going got a bit tough at times but we learned to manage.

We woke up briskly the next morning, excited and nervous for the 1st day of the 14th D.D.A. Open Squash Tournament. After exploring the Siri Fort Sports complex (the location for the tournament) and warming up, the time finally arrived for the first few games to start.

Nervousness began to overwhelm each of us as we saw our opponents. 10 boys spread over 4 age-groups meant that our chances of succeeding to next round were high. However, the first day came with a few surprises. With 3 boys losing their first game and a further 3 with walk overs, it was up to the skill and talent of Digvijay and Arush to carry us through and maintain Sanawar's dignity. Both boys won their games comfortably and we left that evening with high hopes.

The following day brought a mixture of happiness and sadness to the faces of the tour party, with two PD boys winning their 1st games. This guaranteed us another day in the competition as we advanced to the 2nd round. However, the remaining 5 of us narrowly lost our games to tough opposition and our competition was brought to an abrupt end at round 2.

The 3rd day saw us being knocked out of the competition altogether as the preppies lost their second game. Our dreams of making it to the finals were shattered, until next year anyway.

All in all, the tour was a success and we learned an extraordinary amount. The team bonded well and the camaraderie amongst the group was great. Although everyone tried hard and put in a lot of effort.

We wish to encourage all current squash players in Sanawar to make the most of the facilities and keep practising. We truly hope that over the next year the squash players will nurture their talent as they have great potential for the competition next year.

The following players represented the Squash Team :

|                    |                     |
|--------------------|---------------------|
| 1. Harvir Bhatti   | 6. Samrath Singh    |
| 2. Aman Chaudhary  | 7. Uday Talwar      |
| 3. Raunaq Sherawat | 8. Arhant Simha     |
| 4. Digvijay Singh  | 9. Ashesh Simha     |
| 5. Arush Kapoor    | 10. Nicholas Greig. |

## District Karate Championship

*Sagat Shaunik, L-IV*

The District Karate Championship was held at Kasauli International School, Kasauli, on 17th and 18th November '07. It was a good competition with 115 boys and 36 girls participating from six school namely :

1. Kasauli International Public School, Kasauli
2. Know Thy Soul School, Solan
3. Army Public School, Dagshai
4. Saraswati Niketan School, Kasauli
5. The Lawrence School, Sanawar
6. Durga Public School, Solan

On day one, consequent upon the weighting in we were categorised under different weight categories. This was followed by a Kata competition where we had to display our Karate skill. It was first done individually and then as a team of 3 people.

Day two witnessed some good fights. The "Sanawarian Trio" comprising of—self, Deepak Sharma (U V) and Arnav Gupta (L-VI) lost narrowly to Durga Public School, thereby earning silver medals. The girls followed suit and had to content themselves with silver.

Overall, it was an enriching experience for us and Sanawar was adjudged as the runner-up in the championship.

The principal of the host school was overwhelmed to have us and could not resist thanking us for participating, during his closing address.

On behalf of our Karate Team, I would like to thank Mr. Harish (who is a black-belt and our and coach) for training us. He had been a pillar of support at the tournament. His endless tips and advice had been the main cause of our winning the Runner Trophy.

The Results were as follows :

### i) Individual Position

#### GIRLS

| Wt. Category | Gold            | Silver           | Bronze        |
|--------------|-----------------|------------------|---------------|
| 1. 51-55 kg  | Mannat Tipnis   | Swati            | Praveen Dayal |
| 2. 46-50 kg. | Ckavika Singh   |                  |               |
| 3. 41-45 kg. |                 |                  | Ujali Verma   |
| 4. 31-35 kg. | Yashawani Singh | Tanushree Saluja |               |

#### BOYS

|                     |               |                 |  |
|---------------------|---------------|-----------------|--|
| 1. 25-30 kg.        |               | Prithvi JB Rana |  |
| 2. 56-60 kg.        | Arnav Gupta   |                 |  |
| 3. 60 kg. and above | Deepak Sharma |                 |  |
| 4. 51-55 kg.        |               | Sagat Shaunik   |  |

### Boys Team Shai (Fight)

Sagat, Deepak and Arnav—Silver

### Girls Team Shai (Fight)

Swati, Mannat and Yashaswani—Silver

**Total Medals Tally :** 5-Gold, 9-Silver, 3-Bronze.

Out of 6 Schools that participated Sanawar came 2nd  
**Runner Up Trophy—The Lawrence School, Sanawar.**

### Inter House Athletics—2007

#### House Position (PD)

|                |               |
|----------------|---------------|
| 1st : Himalaya | 3rd : Siwalik |
| 2nd : Nilagiri | 4th : Vindhya |

#### House Position (GD)

|                |               |
|----------------|---------------|
| 1st : Himalaya | 3rd : Siwalik |
| 2nd : Nilagiri | 4th : Vindhya |

#### House Position (BD)

|                |                |
|----------------|----------------|
| 1st : Siwalik  | 3rd : Nilagiri |
| 2nd : Himalaya | 4th : Vindhya  |

#### Overall House Position

|                |               |
|----------------|---------------|
| 1st : Himalaya | 3rd : Siwalik |
| 2nd : Nilagiri | 4th : Vindhya |

### Individual Championships

**Under—11 girls** Saloni Bahuguna

**Under—11 boys** Aditya Kesari

**Under—13 girls** Bhavika Singh

**Under—13 boys** Ekamjeet Sohal and Vijay Chauhan

**Under—14 girls** Meher Rana

**Under—14 boys** Karan Huindrom

**Under—16 girls** Euden Tenzing

**Under—16 boys** Dhanur Sharma

**Open girls—**Christina Hansingh

**Open boys—**Karan Hora and Nippon Singh

**Fateh Pal Cup for best athlete**

**Under—14 boys** Karan Huindrom

**Bala Cup for best athlete**

**girls** Christina Hansingh

**Kalinga Cup for best athlete, boys** Karan Hora and Nippon Singh

**Marching Cup** VGD

### Inter House Basketball Competition-2007

#### BD Result

|                      |                     |
|----------------------|---------------------|
| 1st : Nilagiri Hosue | 3rd : Vindhya House |
| 2nd : Himalaya House | 4th : Siwalik House |

#### GD Result

|                      |                     |
|----------------------|---------------------|
| 1st : Himalaya House | 3rd : Vindhya House |
| 2nd : Nilagiri House | 4th : Siwalik House |

#### PD Result

|                      |                     |
|----------------------|---------------------|
| 1st : Himalaya House | 3rd : Siwalik House |
| 2nd : Nilagiri House | 4th : Vindhya House |

**Inter House Gymnastics Competition-2007****BD Results****Individual Position**

- 1st : Dhruv Chakamadam (S)  
 2nd : Virenbir Arora (S)  
 3rd : Yash Talwar (H)

**House Position**

- 1st : Siwalik                      3rd : Himalaya  
 2nd : Vindhya                    4th : Nilagiri

**GD Results****Individual Position**

- 1st : Jasmeet Oberoi (N)  
 2nd : Christina Hansigh (V)  
 3rd : Sehyr Bains (N)

**House Position**

- 1st : Nilagiri                      3rd : Vindhya  
 2nd : Himalaya                    4th : Siwalik

**PD Results****Individual Position (Boys)**

- 1st : Bal Aditya (H)  
 2nd : Aprit Singh (S)  
 3rd : Yaduraj Chauhan (H)

**House Position (Boys)**

- 1st : Himalaya                      3rd : Vindhya  
 2nd : Siwalik                        4th : Nilagiri

**Individual Position (Girls)**

- 1st : Bhavika Singh (N)  
 2nd : Ananyaa Bath (N)  
 3rd : Swati (H)

**House Position (Girls)**

- 1st : Nilagiri                      3rd : Himalaya  
 2nd : Siwalik                        4th : Vindhya

**Inter House Hockey Competition-2007****BD Result**

- 1st : Nilagiri House              3rd : Himalaya House  
 2nd : Vindhya House            4th : Siwalik House

**GD Result**

- 1st : Himalaya House            4th : Nilagiri House  
 2nd : Siwalik & Vindhya House

**PD Result**

- 1st : Vindhya House            3rd : Himalaya House  
 2nd : Siwalik House            4th : Nilagiri House

**Inter House Shooting Championship-2007  
(Jr. and Sr. Combined)****FINAL/RESULT/HOUSE-WISE****BOYS**

| S.No. | House    | Score Jr.<br>(400) | Score Sr.<br>(800) | Total<br>(1200) | Position |
|-------|----------|--------------------|--------------------|-----------------|----------|
| 1.    | Nilagiri | 177                | 471                | 648             | 4th      |
| 2.    | Siwalik  | 207                | 650                | 857             | 3rd      |
| 3.    | Himalaya | 194                | 666                | 860             | 2nd      |
| 4.    | Vindhya  | 302                | 657                | 959             | 1st      |

**THE CUP AWARDED TO : VINDHYA****GIRLS**

- |    |          |     |     |     |     |
|----|----------|-----|-----|-----|-----|
| 1. | Himalaya | 226 | 355 | 581 | 4th |
| 2. | Siwalik  | 263 | 469 | 733 | 3rd |
| 3. | Vindhya  | 255 | 534 | 789 | 2nd |
| 4. | Nilagiri | 264 | 527 | 791 | 1st |

**THE CUP AWARDED TO : NILAGIRI****Six-a side Hockey Competition-2007****House Position (BD)**

- 1st : Nilagiri                      3rd : Siwalik  
 2nd : Himalaya                    4th : Vindhya

**Swimming Glory**

Hartaj Pargat (HBD) represented the state of Punjab at the 53rd All India (Inter-State) Swimming Championship held at Surat (Gujarat), from 23rd to 28th October, 2007. He won the second position in 4x100 metres Medley Relay.

Keep it up ! Hartaj !!

**Section V : From the O.S.****Down the Memory Lane**

Lt. Gen MS Shergill (Retired)  
 PVSM, AVSM, VrC, ADC  
 Vindhya, 1951-57.

It remains a privilege and an honour for me to represent the Class of 1957 as their spokesperson on the occasion of our 50th Anniversary of School leaving.

Most of our Class joined School between 1949-52 or thereof. The alumni of the School then was very small. There were only two Houses called : 'Yellows' and 'Blues' changed in 1950 to 'Himalaya' and 'Nilagiri'. In 1952, two more Houses were created : 'Siwalik' and 'Vindhya'.

The School term commenced in the first week of March and School closed in the first week of Dec. There were no holidays or term breaks. New arrivals invariably were admitted to the hospital for a few days to be in quarantine. School routine began with 'Chotta Hazari', followed by PT, breakfast and then Assembly. Initially, chapel service was held, later this shifted to the Barne Hall. Initially too, the service was from the Bible, later to devotional songs by well known personages as Tagore. Classes were followed by lunch, games, change for what was called Prep Study and then dinner. To inform children of the time and what was to take place was by a bugle call with different tunes. The wake-up bugle went as such : 'Charley, Charley, Get Out of Bed' !!

We always marched to Assembly and gave an—'Eyes Left', at the War Memorial as a sign of respect to those Sanawarians who were killed in the First World War.



Food till the mid 1950's was largely Anglicised. Sunday saw a curry lunch. There were dishes of: Irish stew, Scotch broth, Mutton—do—piazza, Jalphreze whilst the desserts, called Pudds were— Bread pudds, Bis-cotton-tort, Balancemage and some sort of Rice pudd. These remained very popular.

Games were played seasonally, the year starting with Cricket. The cricket season started on Easter with a match being played between the School XI versus the Staff. An interesting incident took place during the match in 1951. Standing at first slip was a slim, fair, handsome teacher who had joined that year. As the ball was bowled, the player got a snick to it and the ball flew towards him. This young teacher was a bit surprised with the ball coming straight at him, his reactions were slow and the ball struck him full on the face drawing blood. He had to leave the field, received many a stitch and carried a scar for the rest of his life. This young teacher was none other than Bhupinder Singh who would blossom into a legendary Senior Master in time.

Then followed Hockey, thereafter Football. Hodson's run and Athletics were also very well contested, with the latter being held during Founder's.

Founder's then, as now, was very well conducted though the attendance was very small. Few parents came and there were very few Old Sanawarians. Even by 1957, the entire Old Sanawarian community would not number more than a hundred or so. Look at the attendance today.

If anyone instilled discipline into our generation, the credit in great part must go to Mr. SC (Sam) Cowell the Senior Master. He was strict but fair, nothing escaped his eye. Beneath that exterior, which we would dread, there was a heart of gold. He had a remarkable sense of humour. His presence in School was all pervading. Will always remember him with gratitude.

One must be asked, as to what was our attitude to the girls. It was one of high respect for them and regard. We lived in an age of total innocence and knew right from wrong. The girls were the epitome of femininity, graceful, soft spoken, very well dressed with the most perfect of manners.

Our interaction with them, apart from the class room, was at 'Socials', where one was expected to dance with them—we did but at arms length! This was solely as most boys were clodhoppers who though expected to dance the waltz, foxtrot or quickstep were quite content to guide the girls around to, what came to be known as the 'Sanawar Stroll'! Conversation was limited to—'hi' with the girls replying with a 'hi' many a moment later. All in all, Socials were good fun and anticipated.

There were no radio's, transistors, TV or the like then, though a 16 mm projector was available in Barne Hall where popular cinema films were screened.

Pocket money was a princely sum of Rupee one per week! Just enough to buy the odd 'gulab' or 'samosa' from Charley Bootlace. If we ever walked to Kasauli, we could get an ice cream cone for eight annas (now fifty paise) at Alasia. We remained totally unencumbered with money.

Recently, one read about a brilliant student of the School, who secured 97% in the board examination. What was our standard of studies? We had very bright boys and girls who would go onto MIT, Oxford, Germany, Australia to further their studies and carve out impressive careers for themselves.

We also had a delightful body of boys who on occasion, when three, if not four or five of them combined their marks and they totaled 90, they would celebrate at Charley Bootlace!! These boys were the 'hearties' to whom their shrine was the Barnes Field and the Cricket pavilion their sanctum sanctorum. It was on the advice and direction given to them by the then Headmaster, late Major Ravi Somdutt; that they joined the Services. The class of 1957 holds an all time record at School, 21 boys earned commissions, Army (18), Navy (1) and Air Force (2).

What was one's abiding memory of Sanawar. The most extant remain those of bonding, the very location of the School and our teachers, We had no distractions, we lived atop this hill for nine months. We had ourselves to ourselves. News of the outside world was written by our prefects on three blackboards each morning in the corridors of Birdwood. Each board gave you the international, national and sports news. A nascent Tara Chand library was taking shape. Sanawar was like an oyster and that was our world, hence our bonding with each other has been very strong and it is so today.

Sanawar is founded on masonry stone and mortar, meant to last. The buildings defy description or quantification. Their location, size, architecture was conceived by a group of far seeing and talented people. No space has been wasted, yet there is all space to afford freedom of movement or breathing space. The roads and walkways girdle the hillsides in remarkable patterns. Then the flora and fauna was sparse and it fell to our lot to indulge in 'Shramdaan', in planting of trees and the like. The result is now self evident. The smell of the pine flavoured air served as a tonic, not to mention the mist that would sweep through our dormitory windows during the early winter. The entire setting remains magical and is etched in our memory for all time to come.

The first impression one got of our teachers was their mode of dress. It was immaculate. They set an outstanding example in their conduct which was beyond reproach. They were fine games players and some had some had played Ranjit Trophy level cricket.

Over the past fifty years, in accordance of the laws of nature, we have lost many of our esteemed teachers. They have gone, where we all will go one day. We remember them with great respect and gratitude.

We have also lost some of our class, many in their very youth.

- (a) 2/Lieut Chattrapati Singh, the Rajput Regiment, killed on the icy Se La pass fighting the Chinese in November, 1962.
- (b) Major Devinderjit Singh Pannu, The Sikh Regiment. He was commanding his Company at Point 303 in the Chhamb sector and took on the full brunt of the Pakistani attack in December 1971. Badly wounded, he refused evacuation, then bled to his death. Awarded the Vir Chakra posthumously.
- (c) Squadron Leader Ghanshyam Das Sood, Transport Pilot, Indian Air Force. Killed whilst bringing in to land a stricken aircraft. He remained at the controls till the very end.
- (d) Flight Lieutenant Hardial Singh Mundi, Fighter Pilot, Indian Air Force. His jet aircraft had a flame out and he could have bailed out to safety but realised that his aircraft would crash in habitation causing a tragedy. He nursed his aircraft to make a crash landing and died in the attempt.
- (e) Lieutenant Colonel Joginder Singh Parmar, the Garwhal Regiment, passed away owing to a cardiac arrest.
- (f) Vinay Soi, a hugely popular Class member, passed away again owing to a cardiac arrest.

In the morning until the going down of the sun, we will remember them.

Our class of 1957 has decided to pool resources to create a 'Gratuity Fund' for those staff, like the cooks, waiters, sweepers and others, so that when they go on pension, some money can be given to them. We wish to have this in being by February/March 2008. On behalf of the Class of 1957, we would like to wish the Headmaster, the Staff and Sanawar the very best always in the years ahead.

### School Song at Work in Real Life

*Yogesh Saksena, Siwalik, 1956-58*

Sanawar's most enduring gift to me has been the school song which epitomizes its indomitable spirit. Whenever in life things have been tough or luck has not been on my side, I have been inspired by the school song, "Never give in is our motto...". I have often remembered the 'On the Long Hodson Run' with its exhortation to continue with unflinching will and indefatigable stamina.

After school, I appeared in the NDA examination simply to test my competitive merit in a UPSC exam, with no intention, whatsoever, of joining the Army. Since I obtained a high position in the merit list, I was advised by Major Som Dut to join the NDA. My friends from Sanawar were astounded to find me, a studious sort of a guy, in the Academy, where brawn mattered more than brain. However, having reached there I decided to 'stick it still' and prove my worth, before voluntarily leaving the army (or so I thought!) a bit later.

Each challenge and success in overcoming it, kept me going. The NDA commandant, Rear-Admiral Samson, made me a battalion cadet captain (who also became an academy cadet captain on a rotational basis) since I had stood first in the 'overall' order of merit, in spite of opposition from his subordinates on the grounds that I was a short and thin cadet and not suited to command the NDA parade.

I retired from the Army in 1997, having been approved for a Maj-Gen's rank, but having run out of age. During my truncated but fruitful career in the Army, I was selected for the Staff College at Camberley, England the most prestigious Army course and was approved for the General Cadre (being an Engineer officer) as a colonel. I was a BM of an infantry brigade, colonel administration of an infantry division and commanded a regiment and a brigade. I took part in 1965 and 1971 wars. In 1965, I was taken a prisoner of war by the Pakistan Army. For various reasons, I was subjected to frequent 'physical doses' and long spells of solitary confinement in dingy cells by the Pakistanis in order to 'correct my attitude'. When life itself seemed unbearable and worthless, the verse of the song: 'When you are all along...For still the Old School motto' kept me going. So this was school song at work in real life. During my Army life, I was produced before Maj-Gen (later President) Yahya Khan and had tea with Queen Elizabeth.

In 1990, came the turning point in my professional life. I was selected as the Deputy Chief and subsequently Chief (CMO), of a UN peacekeeping mission in Angola. From that point onwards, I continued with the UN for a period of 13 years. Immediately upon my abrupt retirement from the Army, the UN HQ requested me to tackle a formidable task in Tajikistan. I was appointed (as an International Civil Servant) as the Deputy Head of

the UN mission in Central Asia as also the head of political & civil affairs. I was given the opportunity by the UN HQ to be the Acting Chief of the Mission for a long time. While trying to persuade the government and opposition leaders to move ahead with the Moscow Accord, I followed the motto, 'Never give in' and eventually succeeded. I was fortunate to be commended by UN HQ for the key part I had the opportunity to play, in bringing peace and stability to Tajikistan and amply recognized by the media.

After this first innings in Tajikistan, I was once again picked up by Secretary-General Kofi Annan to be the Interim Head of the new UN mission in Ethiopia/Eritrea and, importantly, his Representative for the peace talks in Algiers. In conjunction with Tony Lake, President Clinton's

Special Envoy (and his National Security Adviser 1993-97) I negotiated indefatigably, keeping the school motto in my mind, with the Foreign and Defence Ministers of both countries, and Algeria as also the Secretary-General of OAS, to bring about

the Algiers Agreement between Ethiopia and Eritrea in December 2000. Tony Lake provided the muscle while I provided UN's diplomacy. My diplomatic skills cum military expertise were, fortunately, commended in the region and New York for this success.

**Whatever success/recognition I received in my UN career can be attributed to the all-round grounding in Sanawar and on-the-job leadership training in the Army. I will continue to be guided by the School Song till my life's last bugle call.**

### Obituary

The school fraternity bemoans the sudden and untimely demise of Aseem Chawla (OS, 2000-06, HB1) in a car accident on 2nd Nov, 2007. We pray to the Almighty to grant eternal peace to the departed soul and strength and fortitude to the bereaved family to bear this irreparable loss. May his good soul rest in peace.

### Section VI : Headmaster's Mail

**(Prof) Amarjeet Kaur Mann**

House No. 2403,  
Sector : 71, Mohali

Sir,

Rarely, rarely, one comes across such news as 'Lighting up a life' (The Tribune of Nov. 19 '07) concerned with the selfless service on the part of students and the staff of your school.

May it bring "light" to the life of ailing Parwati!

With prayers for the same.

Yours sincerely,  
Amarjeet Kaur Mann

**Capt Mohan Bir Singh**

Dear Mr. Vasisht,

My wife and I sincerely thank you and Mrs. Vasisht for the courtesy extended to us during Founders 2007.

I was delighted to see the improvement in standards of Athletics, Tattoo and Parade. The children were fully involved and looked joyful and enthusiastic. I also take this opportunity to congratulate you, your staff and in particular, the children for the outstanding results in academics and on the sports field.

I am sure your hard work and dedication would make Sanawar once again, 'The best school of all.' Never Give In.

With Warm Regards.

Yours sincerely,  
Capt Mohan Bir Singh.

**Lt Gen Amar Aul, AYSM, AVSM**

Chief of Staff & Col 3 GR

HQ Western Command

Chandimandir-134 107

(Haryana)

My dear Praveen,

1. Thank you very much for the invitation for Founders functions on 03 and 04 Oct. 07. I had planned to come on 04 Oct. 07 but due to very pressing commitments was not able to do so. The loss is entirely ours.
2. I take this opportunity of wishing you, the staff and students of The Lawrence School our best wishes on this auspicious occasion. We are sanguine the school will achieve greater heights and always live upto your Moto "Never Give In".

Best wishes,

Yours sincerely,

Amar.

**Lt Gen**

**MS Shergill (Retd) PVSM, AVSM, VrC**

'Shergill House'

62, The Mall,

Jalandhar Cantt-144 005

(Punjab)

Dear Praveen,

This is to thank you, Rashmi and through you the Staff and all those who organised and executed Founder's. Your gracious hospitality, attention to detail and warmth from the heart, left one in an emotive frame of mind.

Sanawar has meant much to me as it gave us so much, not only when one was there later too in the form of the encouragement to strive for the better.

The class of 1957 will long cherish and remember those days spent in your midst. It has brought our class even together and we now plan to meet in Delhi each year whilst the School celebrates Founders' atop their beautiful hills.

I am now busy with the farm as our rice crop is being sold, then we plant wheat—'never a dull day'.

Should you was come to our parts, do please come home, our doors remain open for the likes of you. We also trust that Rashmi will recover completely and very soon.

We wish you the very best always and send our very warm regards.

Yours sincerely,

Binny Shergill.

**Dr. (Capt.) G.S. Dhillon, Ph.D.**  
Director & Principal  
Dalhousie Public School,  
Dalhousie—176 304 (H.P.)

Dear Sh. Vasisht Sahib,

Your team did a fabulous job of the Founders'. The Show was admirable and remarkably well planned with military like precision. The hard-work, imagination and team work required to put up a display of this level is praise worthy. Planning and controlling the vehicular traffic was a task in itself.

Your speech was excellent and so was Mrs. Renuka Choudhary's; absolutely brilliant. This is the first time I've heard a politician Chief Guest speak so well and so much in time with the youth. Her speech was both powerful and motivating.

Please accept my heart-felt appreciation for the great performance by your staff and students. As a soldier, I can assure you that the parade was fantastic.

With our best regards to you and Mrs. Vasisht.  
Yours sincerely,

**Dr. (Capt.) G.S. Dhillon**

**Er. Ajay Vij**  
Chief Engineer

Himachal Pradesh  
Public Works Department  
Electrical Wing, Shimla-171009

Dear Mr. Vasisht,

I would like to extend my heartiest congratulations to you and all members of The Lawrence School Sanawar for the outstanding show put up on the occasion of Founders this year. Although the show is exemplary always, this time it was exceptionally good. The credit for this feat must be given to both the staff members and children.

The meticulous planning and execution reflected in every bit of the celebrations. The spirit that each student was held together with surged a sense of nostalgia in me.

Being an Old Sanawarian, every new milestone covered by the school and its students makes my head go high with pride. Sanawar is known across the world for its extra curricular activities and now it is a delight to learn that the school is doing extremely well academically too.

I would like to congratulate everybody behind this great accomplishment.

I hope the Sanawar spirit of 'Never Give In' resounds in the lives of all the members of this prestigious institution.

Wish Sanawar all the very best.

Warm Regards

Ajay Vij, O.S. '67

**Rahul Aggarwal, Kapurthala**  
Most respected Sir,  
Good day !

**Subject : Founder's Day—2007**

Please accept my good wishes same for Respected Mam.

I have no words to express regarding splendid arrangements, performances during Founder's 2007. A very big turn around, Every thing very well organised, all around the campus. A measurable change.

It is all due to the mentors who put their best to motivate the children, for such fabulous performances.

I congratulate to the complete faculty of Lawrence School Sanawar. This is the result of the motivation. My wife and I take this opportunity to thank you for the hospitality, welcome during the Royal lunch served both days.

It was even better than a five star treatment.

"Good leaders make people feel that they're at the very heart of things, not at the Periphery, Everyone feels that he or she makes a difference, to success of the organization.

When that happens, people feel centered and that gives their work a meaning."

With this, once again, I thank you and pray to God to bless everybody involved in your prestigious organization.

God bless Sanawar !

With best regards,

Rahul Aggarwal

### हिन्दी खण्ड

विद्यार्थियों द्वारा प्रार्थना सभा में निम्न विचार प्रकट किए गए :—

आज मैं आपके सामने एक कहानी पढ़ने जा रही हूँ। जिसका शीर्षक है—शरारतों का परिणाम।

एक बार एक बहुत शरारती बालक था। वह किसी भी कार्य में दिल नहीं लगाता था। हर समय शरारतें करता रहता था। वह एक दिन पार्क में जा रहा था। उसने रास्ते में एक गाय देखी और उसको देखकर एक डंडी चलाई। गाय डर कर भाग गई। फिर एक कुत्ते को रास्ते के किनारे सोते हुए देखा, कुत्ते के ऊपर उसने एक पत्थर फेंका और कुत्ता डर कर भाग गया। फिर वह पार्क पहुँचा, सारे बच्चे उसकी शरारतों से इतने तंग थे कि सभी ने उसको अपने साथ

खेलने के लिए इन्कार कर दिया। वह कोने में एक पेड़ के नीचे अकेला बैठा हुआ था। उसने ऊपर मधुमक्खियों का छत्ता देखा और उस पर पत्थर फेंका। सारी मधुमक्खियाँ उस पर टूट पड़ीं। वह भागते हुए घर पहुँचा परन्तु तब तक उसको बहुत मधुमक्खियाँ काट चुकी थीं। वह घर पर आते ही बेहोश हो गया। डॉक्टर ने उसको बताया कि मक्खियों के एक साथ काटने से मृत्यु भी हो सकती है। यह सुनकर वह बहुत परेशान हुआ और उसने शरारत न करने की कसम खाई। इस कहानी से हमें यह शिक्षा मिलती है कि शरारतों का परिणाम बहुत बुरा होता है।

पलक होरा  
सातवीं-बी

### परोपकार

अपने लाभ की भावना से दूर रहकर दूसरों के लाभ और कल्याण के लिए किया गया कार्य परोपकार कहलाता है। महर्षि व्यास ने परोपकार के महत्व को रेखांकित करते हुए कहा है कि परोपकार से व्यक्ति को पुण्य मिलता है और पर पीड़ा से पाप। अतः हम सभी को पाप से बचने के लिए, परोपकार करने के लिए सदैव तत्पर रहना चाहिए। पेड़-पौधे, नदियाँ एवं अन्य प्राकृतिक संसाधन हमें इसी तरह संकेत करते हैं। नदियाँ अपना जल कभी नहीं पीतीं। वृक्ष कभी अपना फल स्वयं नहीं खाते। इसी तरह सज्जन पुरुष भी होते हैं जो जन कल्याण के लिए जीते हैं। भगवान शंकर का विषपान, दधीचि का अस्थिदान, महात्मा गांधी का देश हित में अपनी सुख सुविधाओं का त्याग, इसी परोपकार की ही श्रेणी में आता है।

मनुष्य जीवन की सार्थकता इसी में है कि वह अपने कल्याण के साथ-साथ दूसरों का भी कल्याण करे। परोपकार करने से व्यक्ति को हार्दिक प्रसन्नता मिलती है और वह व्यक्ति दूसरों का भी प्रिय पात्र बन जाता है। परोपकार हमें सामान्य मानव से ऊपर उठाकर सच्चा इन्सान बना देता है। यह हमें सच्ची इन्सानियत सिखाता है। अतः हमें चाहिए कि जहाँ तक हो सके, हम दूसरों के काम आएँ। सच्ची भावना से दूसरों की मदद करें। इस संसार में सभी काम आसानी से हो सकते हैं। बस इन्सानियत का काम करना और इन्सान बनना कठिन है। आइए हम सच्चे इन्सान बनें और परोपकार करें। गालिब ने भी कहा है—

बस कि दुस्वार है, हर काम का आसाँ होना,  
मयस्सर नहीं है आदमी का इन्साँ होना।

अंकुर  
आठवीं-ए

### विभागीय समाचार

दिनांक 18-09-07 को विद्यालय की ओर से अन्तर्विद्यालयीय वाद-विवाद प्रतियोगिता हेतु वो विद्यार्थी सूर्यदेव अग्रवाल और पुष्पित भुल्लर ने जयपुर में भाग लिया जिसमें सूर्यदेव अग्रवाल ने 56 वक्ताओं में से छटा स्थान प्राप्त किया। सूर्यदेव को बहुत-बहुत बधाई।

दिनांक 20 अक्टूबर, 2007 को हुई अन्तर्सदन कनिष्ठ हिन्दी भाषण प्रतियोगिता के परिणाम निम्न रहे :—

सदनगत परिणाम :

|          |          |
|----------|----------|
| स्थान :- | सदन :-   |
| चतुर्थ   | हिमालय   |
| तृतीय    | विन्ध्या |
| द्वितीय  | शिवालिक  |
| प्रथम    | नीलगिरी  |

व्यक्तिगत परिणाम :

|          |              |
|----------|--------------|
| स्थान :- | नाम :-       |
| तृतीय    | नताशा सिद्धु |
| द्वितीय  | बैष्णवी सिंह |
| प्रथम    | अमन जमवाल    |

दिनांक 22-9-2007 को हुई कविता प्रतियोगिता के परिणाम निम्न रहे :—

कक्षा पाँचवीं :

|          |                    |
|----------|--------------------|
| स्थान :- | नाम :-             |
| तृतीय    | ... विशाखा सिंगला  |
| द्वितीय  | ... वीरेन मोहन     |
| प्रथम    | ... प्रियंका शर्मा |

कक्षा छठी :

|          |                   |
|----------|-------------------|
| स्थान :- | नाम :-            |
| तृतीय    | ... उजाली वर्मा   |
| द्वितीय  | ... सलोनी बहुगुणा |
| प्रथम    | ... पार्थ जैन     |

श्रेणीगत परिणाम :

कक्षा पाँचवीं :

|          |                |
|----------|----------------|
| स्थान :- | श्रेणी :-      |
| तृतीय    | ... पाँचवीं ए  |
| द्वितीय  | ... पाँचवीं बी |
| प्रथम    | ... पाँचवीं सी |

कक्षा छटी

स्थान :-

श्रेणी :-

तृतीय ... छटी सी

द्वितीय ... छटी बी

प्रथम ... छटी ए

## 2 अक्टूबर—एक महत्त्वपूर्ण दिन

हमारे स्कूल, वी लॉरेंस स्कूल सनावर में 2 अक्टूबर एक बहुत ही महत्त्वपूर्ण दिन माना जाता है। इस वर्ष भी यह दिन गांधी जयंती के विशेष समारोह के साथ प्रारंभ हुआ। जैसे ही आदरणीय मुख्याध्यापक ने राष्ट्रीय ध्वज लहराया वैसे ही पूरे स्कूल ने बंड की धुन के साथ राष्ट्रीय गान गाया। इस समारोह में गांधी जी के रचिकर गीत अल्लाह तेरो नाम..., वैष्णव जन तो , रघुपति राघव राजा राम .. आदि गाए गए। हैड बाय और हैड गर्ल ने गांधी जी के बारे में अपने विचार प्रकट किए। समारोह का समापन, मुख्याध्यापक महोदय के गांधी जी के विचारों को अपने जीवन में अपनाने की सलाह के साथ तथा श्रद्धांजलि के साथ हुआ। उसी दिन शाम को 1957 और 1982 के बैच के पचास और पचचीस वर्ष पूरे हो जाने के लिए चैपल सविश थी, जिसमें पुराने सनारियंस को सीनियर विद्यार्थियों तथा अध्यापकगण द्वारा विशेष रूप से सम्मानित किया गया। इसमें दोनों बैच के ओ० एस० ने एक-एक भाषण दिया, जिसमें उन्होंने स्कूल से जुड़ी अपनी यादों को ताजा किया। फिर मुख्याध्यापक जी ने सभी ओ० एस० को धन्यवाद कहा और जलपान के लिए निर्मांत्रित किया। सारा वातावरण प्रसन्नता से भरा था।

विदुर पुलियानी  
नोंवीं बी

## 3 अक्टूबर—‘एक सुनहरा दिवस’

इस वर्ष सनावर स्कूल की स्थापना के 160 वर्ष पूरे हो गए थे। यह दिवस बड़े रोमांच व उत्साह से मनाया गया था। 3 अक्टूबर की सुनहरी सुबह की शुरुआत वार्षिक एथलेटिक मीट से हुई। इस कार्यक्रम के लिए मुख्य अतिथि थे श्री एम० एस० शेरगिल। सबसे पहले चारों सदनों ने विद्यालय के विख्यात बार्न फ़िल्ड में मार्चिंग की। फिर 3000 मी० में प्रथम आने वाले विद्यार्थी करन होरा तथा 1500 मी० में प्रथम आने वाली छात्रा श्रीया डडवाल पूरे मैदान में मशाल लेकर दौड़े और शपथ हेतु मशाल जलाई। फिर हैड बाय ने सबको शपथ दिलाई। फिर समय था एकाकी दौड़ों का। चारों सदनों के बीच एक रोमांचक होड़ लगी हुई थी। सारी दौड़ें अच्छे से हो गईं। सारे एथलीट जोश से भागे। फिर मौका आया रिले का। पहले रिले पी.डी. की हुई। उसमें हिमालय सदन प्रथम आया। जी.डी. में भी हिमालय सदन का जादू चला। परन्तु बी.डी. रिले में

शिवालिक सदन ने सबको हराकर प्रथम स्थान प्राप्त किया। अंत में हिमालय सदन ने सभी सदनों में प्रथम स्थान प्राप्त किया। उसके बाद मुख्य अतिथि ने विजेताओं को पुरस्कृत किया। उसके बाद मुख्य अध्यापक ने मुख्य अतिथि को स्मृति चिह्न एवं धन्यवाद ज्ञापन दिया तथा प्रतियोगियों का उत्साह वर्धन किया। फिर मुख्य अतिथि ने अपना भाषण दिया। उन्होंने सभी प्रतियोगियों को बधाई दी। 3 अक्टूबर की रात्रि को होने वाले टैटू के लिए विद्यार्थियों ने कठिन परिश्रम किया था। सनावर के बच्चों में अपने माता-पिता, पुराने सनारियनस् तथा स्कूल के मेहमानों की आँखों में अपने स्कूल का नाम रोशन करने का जज़्बा था। हमेशा की तरह, इस साल भी टैटू की शुरुआत ‘मास पी.टी.’ से हुई। पी. टी. के बाद वेस्टर्न डान्स ने अपना जादू चलाया। भांगड़ा छोड़कर इस बार बारहवीं कक्षा के छात्र-छात्राओं ने अपने-अपने आखिरी फाउन्डर्स को अनोखा बनाने के लिए वेस्टर्न डान्स किया। सभी को अर्चनित कर सनावर के विद्यार्थियों ने कराटे में भी अपने जलवे दिखाए। कराटे को रोमांचक बनाने के लिए पाँचवीं व छटी कक्षा के छात्रों ने अपने सिर से ईंटें तोड़ी, अपने हाथों से आग बुझाई, लेटकर पेट के उपर से मोटरसाइकिल उतरवाई तथा बड़े-बड़े जलते हुए लकड़ी के हिस्सों को अपने कोमल अंगों से तोड़ा। अब बारी थी जिम एवं हार्ड होर्स की। हमेशा की तरह फिर से सनावर के जिमनास्ट अपनी कला का प्रदर्शन करने आए। दर्शक बैक रॉल, फ्रंट रॉल, हैंडसिप्रिंग, फिश आदि देख अंचभे में रह गए। सबसे अनोखी चीज थी रिंग ऑफ फायर जिसमें हमारे जिमनास्टों को आग के बीच में से गुजरना था। फिर बिगुल बंड में छात्राओं ने अपने करिश्में दिखाए और दर्शकों को आनंदित किया। सबसे अच्छा आईटम था—गुजराती डान्स। स्कूल के 300 छात्रों ने इसमें भाग लिया था। अंत में सब बच्चों को ‘160’ बनाने के लिए उसी के अनुरूप बैठाया गया। टैटू 2007 का समापन आतिशबाजी से हुआ। सभी दर्शकों की आँखों में एक खुशी की लहर थी। हर वर्ष की तरह ही सनावर ने एक अच्छे टैटू का प्रदर्शन किया।

शिवम मेहरोत्रा  
परम वीर मारवाह  
कक्षा नोंवीं डी

## 4 अक्टूबर, 2007—एक स्वर्णिम दिवस

4 अक्टूबर, 2007 का दिन सनावर स्कूल के लिए एक ऐतिहासिक दिन रहा। इस सुनहरे दिन की शुरुआत स्पेशल असैम्बली से हुई। मुख्याध्यापक महोदय ने स्कूल के संस्थापक सर् हेनरी लॉरेंस तथा विद्यालय से जुड़े सभी महानुभावों के लिए प्रार्थनाएँ की। असैम्बली के समापन के बाद एन०सी०सी० में भाग लेने वाले सभी विद्यार्थियों को छोड़कर बाकी सभी विद्यार्थी ‘पीसस्टैड’ की तरफ चल दिए। मेहमानों ने विद्यालय

में आना प्रारंभ कर दिया था। सभी अपनी-अपनी जगहों पर मुख्यातिथि महोदया का इंतजार कर रहे थे। इस समारोह की मुख्यातिथि श्रीमती रेनुका चौधरी थीं। उनके कदम रखते ही सभी विद्यार्थी, अभिभावक, माता-पिता, निमंत्रित मेहमान तथा पुराने सनारियन्स परेड को देखने के लिए उत्सुक हो गए। परेड बहुत ही शानदार थी। ऐसी दमदार परेड को देखकर कोई यह नहीं कह सकता था कि ये स्कूल के बच्चे हैं या फौजी जवान। मुख्यातिथि महोदया भी परेड को देखकर गद्गद् हो गईं और उन्होंने अपने भाषण में इसका खास वर्णन भी किया। मुख्याध्यापक श्री प्रवीन बसिष्ठ ने अपने भाषण में स्कूल की सारी उपलब्धियों के वर्णन से सबका मन खुश कर दिया। उन्होंने निम्न पंक्तियाँ भी कहीं—

“अभी तो बाज़ की उड़ान बाक़ी है,  
अभी तो परिंदों की उड़ान बाक़ी है,  
अभी तो बस एक पर्वत पार किया है,  
अभी सारा आसमान बाक़ी है।”

ये पंक्तियाँ सुनते ही सारा माहौल तालियों की गड़गड़ाहट से गूँज उठा।

मुख्यातिथि श्रीमती रेनुका चौधरी के भाषण को पीसस्टैंड में बैठे हजारों लोग चुपचाप सुन रहे थे। उन्होंने भाषण के बाद अपने कर कमलों से वर्षभर के सभी पारितोषिक दिए। उनके प्रोत्साहित कर देने वाले भाषण के बाद, ओ० एस० अचीवर ऑफ दी ईयर ‘श्री तेजप्रित चोपड़ा’ ने भी एक प्रसन्न कर देने वाला भाषण दिया। एन० सी० सी० के बाद सभी ने बच्चों द्वारा तैयार की गई प्रदर्शनियों पर नजर डाली। दोपहर में खाना खाने के बाद, रोमांचक वेरायटि कॉन्सर्ट प्रारंभ हुआ। इसके दौरान दर्शकों को अनेक कलाओं के अनुभव का अवसर मिला। जैसे कथक, आर्केस्ट्रा, अंग्रेजी नाटक और संगीत आदि। इस तरह दी लॉरेस स्कूल, सनावर का 160 वाँ ऐतिहासिक स्थापना दिवस सबके दिलों में एक अच्छी याद बनकर रह गया।

शौविक सचदेवा  
कक्षा नौवीं बी

प्रदर्शनी :—(स्थापना दिवस 2007)

प्रतिवर्ष स्थापना दिवस के अवसर पर हमारे विद्यालय—दी लॉरेस स्कूल, सनावर में विद्यार्थियों की कला को दर्शित करने के लिए प्रदर्शनियाँ लगाई जाती हैं। इनसे यह पता चलता है कि हमारे विद्यालय के सनारियन्स में पढ़ाई तथा खेल-कूद के साथ-साथ कला के भी गुण हैं। सभी विद्यार्थियों ने इन प्रदर्शनियों

के लिए बहुत मेहनत की। उन्होंने अपने अध्यापकगण की सहायता से पुरानी तथा न काम आने वाली वस्तुओं को पुनः प्रयोग के योग्य बनाया। दूर-दूर से हमारे विद्यालय के पुराने विद्यार्थी, हमारे विद्यालय के बच्चों के माता-पिता, अभिभावक तथा बहुत प्रसिद्ध लोग इन्हें देखने आते हैं। इस साल बहुत प्रदर्शनियाँ लगाई गई थीं, जो अत्यंत उत्तम थीं। चित्र कला प्रदर्शनी में पाँचवीं से लेकर बारहवीं कक्षा तक के विद्यार्थियों ने साधारण रंगों का प्रयोग कर कागज का रूप ही बदल दिया। उसके बाद आती है-बढ़ईगीरी की बारी। इस प्रदर्शनी में जिन बच्चों ने बढ़ईगीरी को अभिरुचि के रूप में चुना है, उन्होंने देवदार, शीशम जैसी मूल्यवान लकड़ियों का प्रयोग कर काम, आने वाली तथा सजावट वाली वस्तुएँ बनाईं। विज्ञान की प्रदर्शनी में अलग-अलग रसायनों का संश्लेषण कर लोगों की आँखें चौंका देने वाले अजूबे कर दिखाए गए थे। उन्होंने लकड़ी, गत्ते, पी.ओ.पी. जैसी चीजों का प्रयोग कर एक डायनासोर बना दिया था। गणित की प्रदर्शनी में गणित से संबंधित अनेक पहेलियाँ थीं तथा बच्चों के द्वारा बनाए गए अत्यंत सुंदर प्रोजेक्ट्स थे। आज का युग कम्प्यूटर युग है। कम्प्यूटर की प्रदर्शनी में कम्प्यूटर द्वारा बनाई गई चीजें जैसे बुकमार्क, लैटर पैड आदि खूब बिके। अभिभावकों ने इसे विशेष पसंद किया। शिक्षा के विषयों पर प्रदर्शनियाँ प्रस्तुत की गई थीं, जिसमें अंग्रेजी, हिन्दी तथा सामाजिक विज्ञान की प्रदर्शनियाँ भी शामिल थीं। बच्चों ने बाँस की सहायता से लैंप शेड, जलयान तथा फोटोक्रेम जैसी चीजें बाँस कला प्रदर्शनी में दर्शाईं। शिक्षा के अलावा विभिन्न कलाओं का ज्ञान होना शिक्षा के उच्च स्तर को दर्शाता है। ठीक शब्दों में कहें तो विद्यार्थी जीवन में इन सब कलाओं के माध्यम से मस्तिष्क पूर्ण रूप से विकसित होता है व कल्पना शक्ति को व्यावहारिक रूप दिया जा सकता है। इस वर्ष की सभी प्रदर्शनियाँ विशेष महत्त्वपूर्ण रहीं और इन सभी ने स्थापना दिवस में आए हुए सभी आगन्तुकों एवं मेहमानों का मन मोह लिया।

सिद्धार्थ थापर,  
अक्षत आशीष  
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